



## "Effects of Guanidinoacetic acid supplementation on broiler chickens fed on all-vegetarian diets under normal and challenging conditions"

#### **Thesis**

# Submitted by Shady Ahmed Khalil Mohamed Elsaid

(B.V.Sc., Cairo University, 2005)

# For M.V.Sc. degree

(Nutrition and Clinical Nutrition)

#### Under supervision of

#### Prof. Dr. Ramadan Abdel-Montaleb El-Banna

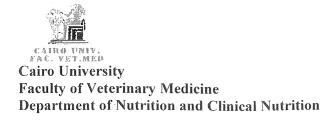
Professor of Nutrition and Clinical Nutrition Faculty of Veterinary Medicine Cairo University

#### Prof. Dr. Hossam Ahmed Abdellatif

Professor of Nutrition and Clinical Nutrition -Faculty of Veterinary Medicine Cairo University

#### Dr. Ahmed A. Al-Sagan

Assistant Research Professor Poultry Science & Nutritional King Abdulaziz City for Science and Technology



### Approval sheet

This is to approve that the thesis titled

"Effects of Guanidinoacetic acid supplementation on broiler chickens fed on all-vegetarian diets under normal and challenging conditions"

And presented by

## **Shady Ahmed Khalil Mohamed Elsaid**

To Cairo University

For

M.V.Sc . degree

(Nutrition and Clinical Nutrition)

Has been approved by the examining committee:

Prof. Dr. Wafaa Abd El- Hamid El-Eraky

Professor of Nutrition and Clinical Nutrition and Dean of Faculty of Veterinary Medicine Zagazig University

Prof. Dr. Fathy Farouk Mohamed

Professor of Nutrition and Clinical Nutrition and Former Faculty of Veterinary Medicine Cairo University

Prof. Dr. Ramadan Abdel-Montaleb El-Banna

Professor of Nutrition and Clinical Nutrition
Faculty of Veterinary Medicine Cairo University (supervisor)

Dr. Ahmed Abdul Aziz Alsagan

Assistant Research Professor- King Abdul-Aziz City for Science and Technology-Riyadh -KSA General Directorate of Research Grants (supervisor)

J. MULL





Cairo University
Faculty of Veterinary Medicine
Department of Nutrition and Clinical Nutrition

### **Supervision Sheet**

#### **Supervision Committee**

#### Prof. Dr. Ramadan Abdel-Montaleb El-Banna

Professor of Nutrition and Clinical Nutrition Faculty of Veterinary Medicine Cairo University

#### Prof. Dr. Hossam Ahmed Abdellatif

Professor of Nutrition and Clinical Nutrition Faculty of Veterinary Medicine Cairo University

### Dr. Ahmed A. Al-Sagan

Assistant Research Professor Poultry Science & Nutritional King Abdulaziz City for Science and Technology- Riyadh -KSA

Name: Shady Ahmed Khalil Mohamed Elsaid	Nationality: Egyptian
Date of birth: 1/8/1983	Place of birth: Cairo-Egypt
Degree: Master	Specialization: Nutrition and clinical nutrition

Title of thesis: Effects of Guanidinoacetic acid supplementation on broiler chickens fed on all-vegetarian diets under normal and challenging conditions.

Supervisors:

**Prof. Dr. Ramadan Abdel Montaleb El-Banna.** Prof. of Nutr. and Clinical Nutr., Fac. of Vet. Med. Cairo Univ.

**Prof. Dr. Hossam Ahmed Abdellatif** Prof. of Nutr. and Clinical Nutr., Fac. of Vet. Med. Cairo Univ **Dr.Ahmed A. Al-Sagan** Ass. Research Prof. of Poultry Nutr. King Abdulaziz City for Science and Technology

#### **Abstract**

A feeding trial was conducted to investigate the response of broiler chickens to dietary fortification of guanidinoacetic acid (GAA) in a commercial form CreAMINO® and highlighting its impact on growth, serum parameters, Total Creatine Kinase(CK), Cardiac Creatine Kinase (CK- MB) and triiodothyronine (T3)], oxidation stress biomarkers, mitochondrial functions, carcass characteristics, proximate beast muscles composition and the related histomorphological picture as well as histopathological changes of liver tissues at the end of 32 days experimental period under ideal (normal and challenging condition (induced by 1.5 mg/kg dietary fortification of (T3) hormone). A total of 192 one-day old sexed Ross 308 broiler chicks were randomly assigned into 4 equal groups each of 8 replicates (6 chicks/ replicate). The first (G1) served as the control and fed on basal diets without any supplementation, the second (G2) was fed on basal diets supplemented on top with (GAA) that was commercially available CreAMINO® product (600 g/Ton) and the third group (G3) was fed on same diets and fortified with 1.5 ppm triiodothyroinine (T3) as challenging agent. Whereas, the fourth (G4) was fed on the same diets and supplemented with both triiodothyronine and guanidinoacetic acid at the aforementioned levels.

Results showed that the overall final body weights and weight gains in GAA supplemented groups were tended to be improved as a result of such supplementation (P = 0.05), however feed intake was not significantly affected (P> 0.05), but the FCRs were significantly improved (P< 0.0001) as compared to non-supplemented. The addition of (T3) hormone resulted in an expected highly significant negative impact on all the examined growth parameters (P< 0.0001) as compared to non-challenged groups. A trend to partial improvement in weight gains and feed intake were noticed as a result of GAA fortification, but failed to overcome the adverse effects of (T3) hormone on the growth parameters in a complete and significant manner. The GAA fortified groups showed a significant (P < 0.0001) reduction in the levels of Cardiac Creatine Kinase (CK- MB) compared to the nonsupplemented, a situation that confirmed the protective ability of such additive against the retrogressive changes of cardiac muscles. Meanwhile; GAA supplementation tended to reduce (P=0.07) the level of total CK. Meanwhile creatinine levels seemed to be nonsignificantly (P> 0.05) altered. Also GAA supplemented diets had no influence on AST, ALT, total protein and serum T3 hormone level (P> 0.05). However, such supplement showed a trend to reduce ALT level. Dietary T3 treatment significantly increased ALT (P = 0.01) and Total CK (P< 0.0001) as compared to untreated groups. Additionally T3 treatment increased serum T3 significantly (P< 0.0001). An interaction (GAA X T3) between groups receiving GAA and those treated with T3 concerning their effects on the levels of total CK, CK-MB were noticed. It was clear that GAA supplementation at such rate had the ability to reduce the level of total CK (G2) a situation that indicated its protective effect against degenerative changes in the body (mainly in cardiac and skeletal muscles as well as brain tissue) however; GAA together with T3 hormone treatment had no effect on total CK. On the other hand, the levels of cardiac CK (CK-MB) were significantly (P< 0.0001) reduced as a result of GAA supplementation either solely or in combination with T3 hormone. It seemed that the GAA has the ability to protect heart muscle against degenerative changes in some way but failed to play the same protective role with skeletal muscles under the T3 hormone challenging condition. Regarding the impact on cardiac creatine kinase activity %( CK-MB %) the main effects of GAA dietary supplemented diets and T3 hormone treatment diets were significantly lower than un-supplemented groups (P < 0.0001 and P= 0.001) respectively. A significant interaction effects (GAA X T3 hormone) was noticed (P=0.002). Birds in (G4) showed the lowest value among groups significantly. These findings further confirmed the protective effect of GAA on cardiac muscle. GAA fortification showed a significant (P=0.003) increase in reGSH and a significant (P=0.02) lowest value of MDA however, both GPx and SOD showed only a trend to be improved (P=0.06 and P=0.09) respectively compared to non-supplemented, suggested the advantageous effect of GAA in modulating the anti-oxidant system especially under stress condition. T3 hormone has significant [(reGSH; P=0.004), (GPx; P=0.001); P=0.003)] effect on reGSH, GPx and MDA but, SOD was not affected. Interaction (GAA X T3) were only observed in MDA (P =0.03) and SOD (P=0.02).

A highly significant positive effect on [(Complex I; P< 0.0001), (complex II; (P <0.001), (complex III; P = 0.030), complex IV; P <0.001) and Mitochondria RCR; P< 0.0001). Also T3 had a severe suppressive effect (P<0.0001) on mitochondrial complexes and mitochondrial RCR. An interaction (GAA X T3 hormone) was noticed in [(complex I: P< 0.0001), (complex III; P<0.0001), (complex IV, P= 0.01) and (mitochondrial RCR; P=0.02)]. No interaction was observed in complex II (P> 0.05). The lowest activity was markedly noticed in G3. No mortalities, gross lesions and left ventricle abnormalities were recorded in (G2) that fortified with GAA Meanwhile, the survival rates of T3 treated groups were 47.92% and 46.83% respectively a condition that means the GAA fortification to diets treated concurrently with T3 hormone did not affected the mortality rates. In addition, most of dead birds as a result of T3 treatment showed RVH (right ventricular hypotrophy) and ascites starting from the second (2<sup>nd</sup>) up to the fifth (5<sup>th</sup>) weeks of age. The GAA fortified groups showed a significant reduction in abdominal fat yield (P<0.0001) meanwhile; a significance increase in heart index (P=0.045) was noticed. The other carcass traits remained unaffected. Dietary T3treatment negatively affected the most of carcass traits significantly (P<0.0001). An interaction was only observed in heart index (P=0.01). It was clear that the dietary GAA supplementation seems to be not affected the proximate composition of breast meat. Dietary GAA showed normal histological structure of liver tissue. Meanwhile liver samples of birds with dietary T3 treatment showed thickening of the bile ducts with collagen and oedema in hepatic capsule together with vaculation in the cytoplasm of some hepatocytes with other coagulative necrosis underneath the thick capsule. The combined impact of both GAA + T3 hormone fortification showed that dilatation in the central vein and portal vein as well as sinusoids with thickening in the vascular wall together with infiltration of red blood cells in the hepatic sinusoids.

It could be concluded that, GAA in a commercial form CreAMINO<sup>®</sup>, could be used in as an efficacious precursor for creatine in broiler chickens under normal and stressful conditions. It has the potential to induce a positive effects not only on growth performance, some selected serum parameters, carcass traits, carcass composition but also alleviating oxidative stress as indicated by improved antioxidant biomarkers and modulating the mitochondrial activity as well as partially ameliorated the pathological changes in the liver occurred after challenging with dietary T3 hormone fortification of the birds and proved to be economically feasible.

Key words: Antioxidant biomarkers, broiler, Carcass traits, CreAMINO®, Growth, Guanidinoacetic acid, histopathology, mitochondrial activity, T3 hormone

## <u>Acknowledgement</u>

First and foremost, I am greatly indebted in all my work and success to merciful ALLAH for all his blessings and for giving me the opportunity and ability to carry out the present work.

I wish also to extend my sincere thanks and appreciations to Prof. Dr. Ramadan Abdel — Montaleb El — Banna, Professor of Nutrition and Clinical Nutrition, Faculty of Veterinary Medicine, Cairo University who has guided and mentored me both in science and philosophy over the last years for his close and effective scientific supervision, valuable and continual encouragement, and guidance during the research. Dr. El-Banna taught me how to think thoroughly, question in-depth and express sharply. His patience and support have helped me with academic achievement.

I would like to express my deepest thanks to Dr. Hossam Ahmed Abdellatif professor of Nutrition and Clinical Nutrition, Faculty of Veterinary Medicine, Cairo University for his valuable advice, continuous support, generous help and intense efforts during this work, I am forever grateful for the knowledge and guidance you have given me during my research program.

Special thanks for Assistant Prof. Dr. Ahmed A. Al-Sagan Assistant Research Professor of Poultry science & Nutritional. King Abdul-Aziz City for Science and Technology General Directorate of Research Grants, Kingdom of Saudi Arabia for his valuable and continual encouragement, guidance and for allowing me the use of the research facilities of King Abdul-Aziz City for Science and Technology that were instrumental in the completion of this research.

Special thanks for Dr. Abdelbary Prince assistant professor of Biochemistry and Chemistry of Nutrition, Faculty of Vet. Med. Cairo University for his

continuous help and advice in the area of determination of oxidation stress indicators and mitochondrial activities during my work.

My thanks and appreciations are expressed to **Prof. Dr. Adel Bakeer**, professor of Pathology, Faculty of Veterinary Medicine, Cairo University for his help and support in the examination of histomorphological and histopathological studies.

I would like to express my appreciation to Evonic Company (animal nutrition) for their valuable support to carry out this work.

I would like to recognize all the staff members of the Department of Nutrition and Clinical Nutrition Faculty of Veterinary Medicine Cairo University for their support and help.

Special thanks and appreciations to my beloved wife **Dr. Basma** for her continuous support, generous help and intense efforts during this work. Finally, I would like to thank very much all members of my family (My father (Ahmed), my mother (Jehan), my Brother (Amr) and sisters (Mai - Maram) for their continuous help, encouragement and patience during this research project and preparation of this thesis.

## **Table of content**

Title	Page
Abstract	Ι
Acknowledgement	III
Contents	V
List of tables	VII
List of figures	VIII
1. INTRODCTION	1
2. LITERATURE REVIEW	7
2.1. Metabolism:	8
2.2. Impact of GAA supplementation on poultry:	11
2.2.1. Impact on growth performance parameters	11
2.3. Impact on serum parameters	17
2.4 impact on oxidative parameters	18
2.5. Impact on mitochondria activities	21
2.6. Impact on survival rates, gross lesions and right ventricle/ total ventricle ratios	26
2.7. Impact on carcass traits and carcass composition:	28
2.8. Impact on histomorphological picture.	32
2.9. Impact of thyroid hormones on poultry performance	32
3. MATERIAL AND METHODS	40
3.1. Birds and husbandry	41
3.2. Diets and experimental design	41
3.3. Measurements, observations and Statistical analysis:	45
4. RESULTS AND DISCUSSION	75
4.1. Impact of dietary GAA and /or triiodothyronine (T3)	79
hormone fortification on growth Performance parameters	
4.2. Impact of dietary GAA and /or triiodothyronine (T3) hormone fortification on Serum parameters of broilers	86

4.3. Impact of dietary GAA and /or triiodothyronine (T3)	91
hormone fortification on oxidative stress biomarkers of	
broilers	
4.4. Impact of dietary GAA and /or triiodothyronine (T3)	98
hormone fortification on mitochondrial complex activities	
on broilers.	
4.5. Impact of dietary GAA and /or triiodothyronine (T3)	101
hormone fortification on mortality rates, gross lesions and	
corresponding right ventricle/ total ventricle ratio of	
broilers.	
4.6. Impact of dietary GAA and /or triiodothyronine (T3)	106
hormone fortification on carcass traits and carcass	
composition of broilers	
5. Conclusion	116
6. Summary	119
7. References	127
8. Appendix	142
الملخص العربي المستخلص	
المستخلص	

## **List of Tables**

[Table (1).] Composition and calculated analysis of experimental diets			
[Table (2).] Calculated analysis of experimental diets	45		
[Table (3).] Growth performance	75		
[Table (3a).]: Growth performance parameters of experimental groups at the end of starter period (1-10 days)	75		
[Table (3b).]: Growth performance parameters of experimental groups at the end of Grower period (11-21 days)	76		
[Table (3c).]: Growth performance parameters of experimental groups at the end of finisher period (22-32 days)	77		
[Table (3d).]: Overall growth performance parameters of experimental groups at the end of the experiment (32 days)	78		
[Table (4).]: Levels of selected serum parameters of experimental groups at the end of the experiment	85		
[Table (5).]: Levels of antioxidant biomarkers of experimental groups at the end of the experiment	90		
[Table (6).]: Levels of mitochondrial activity indicators of experimental groups at the end of the experiment	97		
[Table (7).]: Survival rates, gross lesions and right ventricle/ total ventricle ratio in birds in different groups along the whole experiment	100		
[Table (8).]: Carcass traits of experimental groups at the end of the experiment	105		
[Table (9).]: Average proximate chemical composition of pooled samples (using NIR technique) of breast muscle of birds in different groups at the end of experiment	106		
[Table (10).] Economic analysis and feasibility of the use of such additives	115		

## **List of Figures**

Summary of the experimental design	42
Impact of dietary GAA and /or triiodothyronine (T3) hormone fortification on	
liver histomorphology and histopathology of roilers	111
Normal histomorphological pictures of liver tissue in G1 & G2	111
Impact of T3 hormone treatment on histological structure of liver tissue (G3)	111
Combined impact of both GAA + T3 hormone supplementation on histological structure of liver tissue (G4)	113