



# **Serum Calprotectin as a Marker for Diagnosis of Spontaneous Bacterial Peritonitis in Cirrhotic Patients with Ascites**

## *Thesis*

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*in Internal Medicine*

By

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*List of Abbreviations*

## List of Abbreviations

<b>AFP</b>	Alpha fetoprotein
<b>ADH</b>	Antidiuretic Hormone
<b>ALT</b>	Alanine Aminotransferase Alpha-fetoprotein
<b>ANP</b>	Atrial natriuretic peptide
<b>AST</b>	Aspartate Aminotransferase
<b>BT</b>	Bacterial translocation
<b>C3</b>	Complement 3
<b>CC</b>	Cubic Centimeter
<b>CNNA</b>	Culture negative neutrocytic ascites
<b>CRP</b>	C-Reactive Protein
<b>CT</b>	Computed Tomography
<b>DIC</b>	Disseminated intravascular coagulopathy
<b>ELIZA</b>	Enzyme linked immunosorbent assay
<b>ESBL</b>	Extended-spectrum beta-lactamases
<b>g/d</b>	Gram per day
<b>GALT</b>	Gut associated lymphoid tissue
<b>gm</b>	Gram
<b>HBs Ag</b>	Hepatitis B surface Antigen
<b>HCC</b>	Hepatocellular Carcinoma
<b>HCV</b>	Hepatitis C virus
<b>HRS</b>	Hepatorenal syndrome
<b>HVPG</b>	Hepatic venous pressure gradient

### *List of Abbreviations*

<b>i.e</b>	Latin (id est) = that is
<b>IgA</b>	Immunoglobulin A
<b>IgG</b>	Immunoglobulin G
<b>IL10</b>	Interlukin 10
<b>INR</b>	International Normalized Ratio
<b>IU</b>	International Unit
<b>IU/L</b>	International unit per liter
<b>LDH</b>	Lactate dehydrogenase
<b>LEERS</b>	Leukocyte Estrase Reagent Strips
<b>LVP</b>	Large volume paracentesis
<b>MAC-1</b>	Macrophage one
<b>MPC-1</b>	Monocyte chemotactic protein 1
<b>MELD</b>	Model of end stage liver disease
<b>Mg</b>	Milligram
<b>mg/dl</b>	Milligram per deciliter
<b>ML</b>	Milli liter
<b>MLN</b>	Mesentric lymph node
<b>MMOL</b>	Milli mol
<b>MNB</b>	Monomicrobial nonneutrocytic bacterascites
<b>MRI</b>	Magnetic Resonance Imaging
<b>MRSA</b>	Methicillin-resistant Staphylococcus aureus
<b>NAFLD</b>	Non alcoholic fatty liver disease
<b>NASH</b>	Nonalcoholic Steatohepatitis

### *List of Abbreviations*

<b>ng/ml</b>	Nanogram per milliliter
<b>NO</b>	Nitric Oxide
<b>PG</b>	Prostaglandin
<b>PHT</b>	Portal hypertension
<b>PMNs</b>	Polymorphonuclear leukocytes
<b>PPI</b>	Proton Pump Inhibitor
<b>PV</b>	Portal vein
<b>RASS</b>	Renin angiotensin aldosterone system
<b>RCT</b>	Randomized controlled trial
<b>RNA</b>	Ribonucleic acid
<b>ROC curve</b>	Receiving operating characteristic curve
<b>SAAG</b>	Serum Ascites Albumin Gradient
<b>SBP</b>	Spontaneous bacterial peritonitis
<b>SIRS</b>	Systemic inflammatory response syndrome
<b>TIPSS</b>	Transjugular intrahepatic portosystemic shunt
<b>TLC</b>	Total leucocytic count
<b>TNF</b>	Tumour necrosis factor
<b>WBC</b>	White blood cells

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## **INTRODUCTION**

Spontaneous bacterial peritonitis (SBP) is a bacterial infection of the ascitic fluid and is diagnosed based on the following criteria: the presence of more than 250 neutrophils in ascitic fluid, which is not associated with surgery or an intra-abdominal origin of infection in liver cirrhosis patients (*Lee, et al., 2009; Sammy et al., 2009*). Its incidence in hospitalized patients with chronic liver disease and ascites varies from 10%-30% (*Bonnel et al., 2011*).

It has been proven that delayed diagnosis of peritonitis was an important factor for its high mortality, Consequently, diagnosis of bacterial peritonitis continues to be a major clinical challenge, and an accurate biomarker for the early identification of peritonitis would be of great diagnostic value (*Shi-kun et al., 2014*).

Unfortunately, the prolonged turn around time (1 to 2 days) of Ascitic fluid culture limits its utility for directing antibiotic selection in acute care settings. The culture has also been reported to be negative in approximately 20% of patients with clinical manifestations suggestive of SBP and an ascitic PMN count of >250, so-called culture-negative neutrocytic ascites. On the other hand, a low ascitic PMN count (<250) with positive culture can also occur in another SBP variant called bacterascites, or monomicrobial nonneutrocytic bacterascites (*Justin et al., 2012*).

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## *Introduction*

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Calprotectin is an abundant, calcium- and zinc-binding protein found mainly in neutrophils (*van Rheenen et al., 2010*), and its presence in body fluids is proportional to the influx of neutrophils (*Soyfoo et al., 2009*).

Measurement of Fecal Calprotectin concentrations serves as a screening tool for SBP (*Gundling et al., 2011*). However, the use of serum Calprotectin in diagnosis of SBP remains unexplored.

## **AIM OF THE WORK**

The aim of this work is to study the role of serum Calprotectin as a non-invasive marker for diagnosis of spontaneous bacterial peritonitis in patients with liver cirrhosis compared to C-reactive protein.

## **CIRRHOTIC ASCITES**

Cirrhosis results from different mechanisms of liver injury that lead to necroinflammation and fibrogenesis; histologically it is characterised by diffuse nodular regeneration surrounded by dense fibrotic septa with subsequent parenchymal extinction and collapse of liver structures, together causing pronounced distortion of hepatic vascular architecture (*Schuppan et al., 2008*).

Histopathologists have proposed that the histological term cirrhosis should be substituted by advanced liver disease, to underline the dynamic processes and variable prognosis of the disorder (*Hytiroglou et al., 2012*).

Moreover, fibrosis, even in the cirrhotic range, regresses with specific therapy if available, such as antiviral treatment for chronic hepatitis B (*Marcellin et al., 2013*) or C (*Morgan et al., 2010*).

the current understanding of cirrhosis is reviewed as a dynamic process and outline current therapeutic options for prevention and treatment of complications of cirrhosis, on the basis of the subclassification in clinical prognostic stages (*Garcia-Tsao et al., 2010*).

### **Epidemiology**

Cirrhosis is an increasing cause of morbidity and mortality in more developed countries. It is the 14th most common cause of

death in adults worldwide but the fourth in central Europe; it results in 1.03 million deaths per year worldwide (*Lozano et al., 2012*).

## **Pathophysiology**

Following multiple injurious insults and/or exposure to inflammatory cytokines such as platelet-derived growth factor (PDGF), transforming growth factor (TGF)- $\beta$ , tumor necrosis factor (TNF)- $\alpha$ , and interleukin (IL)-1, Hepatic stellate cells HSCs undergo the transition from a quiescent to activated state. HSC activation is a pivotal event in initiation and progression of hepatic fibrosis and a major contributor to collagen deposition (*Lakner et al., 2012*). Activation of HSCs is characterized by cell proliferation and migration, contraction after transforming into myofibroblasts, generation of a large amount of collagen and other extracellular matrix (ECM), ultimately leading to liver fibrosis (*HE et al., 2012*).

This process leads to pronounced hepatic microvascular changes, characterised by sinusoidal remodelling (extracellular matrix deposition from proliferating activated stellate cells resulting in capillarisation of hepatic sinusoids), formation of intrahepatic shunts (due to angiogenesis and loss of parenchymal cells), and hepatic endothelial dysfunction (*Fernández et al., 2009*).

The endothelial dysfunction is characterised by insufficient release of vasodilators, of which the most important is nitric

oxide. Release of nitric oxide is inhibited by low activity of endothelial nitric oxide synthetase (as a result of insufficient protein-kinase-B-dependent phosphorylation, lack of cofactors, increased scavenging resulting from oxidative stress, and high concentrations of endogenous inhibitors of nitric oxide), with concomitant increased production of vasoconstrictors (mainly adrenergic stimulation and thromboxane A<sub>2</sub>, but also activation of the renin-angiotensin system, antidiuretic hormone, and endothelins) contributing to portal hypertension (*García-Pagán et al., 2012*).

## **Etiology**

The etiology of cirrhosis varies geographically, with alcoholism, chronic hepatitis C virus infection, and nonalcoholic fatty liver disease (NAFLD) being the most common causes in western countries (*Innes et al., 2013*) whereas chronic hepatitis B is the primary cause of liver cirrhosis in the Asia-Pacific region (*Ly et al., 2013*). Liver cirrhosis has many other causes, include inherited diseases such as hemochromatosis and Wilson's disease (*Olynyk et al., 2008; Deutsch et al., 2013*), primary biliary cirrhosis, primary sclerosing cholangitis (*Wu et al., 2011*) and autoimmune hepatitis (*Deutsch et al., 2013*). Some cases are idiopathic or cryptogenic. In recent decades, NAFLD has become a leading cause of chronic liver disease in Western countries such as the United States, with a prevalence of as high as 30% in the general population (*Lazo et al., 2011*) Thus, NAFLD has attracted