

APPROVAL SHEET

**EVALUATION OF SOME HERBS AND
PROBIOTICS AS GROWTH PROMOTERS IN
BROILER DIETS**

**Ph. D. Thesis
In
Agric. Sci. (Poultry Sciences)**

By

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ABSTRACT

Two experiments were conducted to evaluate some of natural growth promoters in broiler diets. The aim of the first experiment (Exp.1) was to evaluate three selected medicinal herbs, sage leaves (*Salvia officinalis*), rosemary leaves (*Rosmarinus officinalis*) and fennel seeds (*Foeniculum vulgare*) in three different mixtures as growth promoters. The study consisted of seven experimental treatments. Each treatment consisted of 3 medicinal herb mixtures: 1) Sage leaves 30%+ Fennel seeds 20%+ Rosemary leaves 50% (Mix-1), 2) Sage leaves 50% + Fennel seeds 30%+Rosemary leaves 20% (Mix-2) and 3) Sage leaves 20%+ Fennel seeds 50%+Rosemary leaves 30% (Mix-3). Each mixture was added at 0.25 and 0.50 % of the diets, in addition to the control. The second experiment aimed at studying the bioefficacy of adding a mixture of some herbs without or with probiotics to broiler diets varying in energy and protein content. A 4 x 2 factorial design was used in this experiment using two diets. The first diet contained the strain catalog recommendation of energy and protein (R). The second diet contained low energy low protein levels (L). Each of the experimental diet was either without supplementation (controls) or supplemented with 0.5% herbal mixture (HM), 0.1% probiotics, or 0.5% HM+0.1% probiotics. Accordingly, a total of 8 experimental groups were studied. The herbal mixture composed of the following medicinal herbs :(44% cumin seed+ 18% turmeric rhizome+ 36% hot red pepper+ 2% ginger rhizome) . The results of the 1st experiment showed that supplemented diet with Mix3 at 0.50% gave the best performance and least feed cost (LE)/kg weight gain.. Mix3 at 0.25 or 0.50% also improved the digestibility of CP. All additives decreased abdominal fat and total bacterial count in chicken meat. The results of the 2st experiment showed that adding the HM to broiler diets, containing the nutrient requirement (R) improved the growth performance through improving feed conversion ratio. While, adding probiotics+HM to low energy low protein diet (L) resulted in almost same total body weight gain as that of the control containing the (R) diets. Adding the HM or probiotics+HM to (L) diets improved broiler performance and decreased blood lipids.

Key words: Herbal mixture, probiotics, growth promoters, broiler

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التسمين

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المستخلص العربى

تهدف الدراسة المقدمة إلى تقييم بعض منشطات النمو الطبيعية في علائق الدواجن وذلك من خلال تجربتين. هدفت التجربة الأولى إلى تقييم ثلاثة أعشاب طبية مختارة هي أوراق المريمية و أوراق حصى لبان و بذور الشمر وذلك في ثلاث خلطات مختلفة كمنشطات نمو في علائق دجاج اللحم. تم توزيع الكتاكيت عشوائيا إلى ٧ معاملات تكونت من ثلاث خلطات:

١- ٣٠% أوراق مريمية + ٢٠% بذور شمر + ٥٠% أوراق حصى لبان (خلطة ١)
٢- ٥٠% أوراق مريمية + ٣٠% بذور شمر + ٢٠% أوراق حصى لبان (خلطة ٢)
٣- ٢٠% أوراق مريمية + ٥٠% بذور شمر + ٣٠% أوراق حصى لبان (خلطة ٣)
تم اضافة كل مخلوط بمستويين الى علائق دجاج اللحم (٢٥.٠% أو ٥٠.٠%) بالإضافة الى عليقة الكنترول (بدون اضافات).
التجربة الثانية تهدف الى دراسة الاستفادة من إضافة خليط من بعض الأعشاب مع أو بدون البروبيوتيك في علائق دواجن مختلفة في محتواها من الطاقة و البروتين. استخدمت في هذه التجربة عليقتين الاولى تحتوى على احتياجات الطاقة و البروتين الموصى بها للسلالة بينما العليقة الثانية أحتوت على بروتين و طاقة منخفض عن احتياجات السلالة. تم إضافة كل من العليقتين بدون إضافات (كنترول) أو مع إضافة مخلوط عشبي بنسبة ٠.٥% أو البروبيوتيك بنسبة ٠.١% أو مع إضافة مخلوط عشبي بنسبة ٠.٥% + البروبيوتيك بنسبة ٠.١%. المخلوط العشبي يحتوى على النباتات الطبية الآتية
(٤٤% بذور كمون + ١٨% ريزومات الكرشم + ٣٦% فلفل أحمر حار + ٢% ريزومات الجنزبيل)

أوضحت نتائج التجربة الاولى ان إضافة خلطة ٣ بمستوي ٠.٥% الى العليقة سجلت أفضل نمو و أقل تكلفة غذاء / كجم زيادة في وزن الجسم. وقد أدت إضافة خلطة ٣ بمستوي ٠.٢٥% أو ٠.٥% الى تحسين معامل هضم البروتين. قد أدت كل الإضافات إلى خفض معنوي في كل من دهن البطن و العد البكتيرى في اللحم.
أوضحت نتائج التجربة الثانية أن إضافة المخلوط العشبي لعليقة الدواجن المحتوية على احتياجات السلالة أدى الى تحسين النمو من خلال تحسين معامل التحويل الغذائى. إضافة المخلوط العشبي + البروبيوتيك الى العليقة المنخفضة فى الطاقة و البروتين أدى الى الحصول على زيادة فى وزن الجسم مقارنة لعليقة الكنترول المستوفية. إضافة المخلوط العشبي و المخلوط العشبي + البروبيوتيك للعليقة المنخفضة كان له تأثير محسن على الأداء الانتاجى لبدارى التسمين و خفض دهون الدم.

الكلمات الدالة : مخاليط عشبية – بروبيوتيك – منشطات نمو – دجاج لحم

Dedication

I dedicate this work to my father, soul of my mother, sisters, my brother and my husband for their love continuous encouragement and kind help they offered during my life.

CONTENTS

	Page
INTRODUCTION.....	1
REVIEW OF LITERATURE.....	5
1. Medicinal herbs.....	5
a. Chemical composition and active constituents of some herbs	6
1. Sage (<i>Salvia officinalis</i>).....	6
2. Rosemary (<i>Rosmarinus officinalis</i>).....	9
3. Fennel (<i>Foeniculum vulgare</i>).....	10
4. Hot pepper (<i>Capsicum</i>).....	11
5. Turmeric (<i>Curcuma longa</i>).....	13
6. Ginger (<i>Zingiber officinale</i>).....	14
7. Cumin (<i>Cuminum cyminum</i>).....	16
b. Effect of medicinal herbs on growth performance.....	23
1. Sage (<i>Salvia officinalis</i>).....	23
2. Rosemary (<i>Rosmarinus officinalis</i>).....	23
3. Fennel (<i>Foeniculum vulgare</i>).....	24
4. Hot pepper (<i>Capsicum</i>).....	25
5. Tumeric (<i>Curcuma longa</i>).....	25
6. Ginger (<i>Zingiber officinalis</i>).....	26
7. Cumin (<i>Cuminum cyminum</i>).....	27
8. Herbal mixtures	27
c. Effect of medicinal herbs on nutrients digestibility.....	29
1. Sage (<i>Salvia officinalis</i>).....	29
2. Rosemary (<i>Rosmarinus officinalis</i>).....	30
3. Fennel (<i>Foeniculum vulgare</i>).....	30
4. Hot pepper (<i>Capsicum</i>).....	30
5. Tumeric (<i>Curcuma longa</i>).....	31
6. Ginger (<i>Zingiber officinalis</i>).....	31
7. Cumin (<i>Cuminum cyminum</i>).....	32
8. Herbal mixtures	32
d. Effect of medicinal herbs on carcass traits.....	33

1. Sage (<i>Salvia officinalis</i>).....	33
2. Rosemary (<i>Rosmarinus officinalis</i>).....	33
3. Fennel (<i>Foeniculum vulgare</i>).....	33
4. Hot pepper (<i>Capsicum</i>).....	34
5. Tumeric (<i>Curcuma longa</i>).....	35
6. Ginger (<i>Zingiber officinalis</i>).....	35
7. Cumin (<i>Cuminum cyminum</i>).....	36
8. Herbal mixtures	36
e. Effect of medicinal herbs on some blood parameters.....	36
1. Sage (<i>Salvia officinalis</i>).....	36
2. Rosemary (<i>Rosmarinus officinalis</i>)	37
3. Fennel (<i>Foeniculum vulgare</i>)	37
4. Hot pepper (<i>Capsicum</i>)	38
5. Tumeric (<i>Curcuma longa</i>)	38
6. Ginger (<i>Zingiber officinalis</i>)	39
7. Cumin (<i>Cuminum cyminum</i>)	39
8. Herbal mixtures	40
f. Effect of medicinal herbs on meat organoleptic properties....	40
1. Sage (<i>Salvia officinalis</i>)	40
2. Rosemary (<i>Rosmarinus officinalis</i>)	40
3. Hot pepper (<i>Capsicum</i>)	40
4. Tumeric (<i>Curcuma longa</i>)	41
5. Herbal mixtures	41
g. Antimicrobial and antioxidant activities of medicinal herbs .	41
1. Sage (<i>Salvia officinalis</i>)	42
2. Rosemary (<i>Rosmarinus officinalis</i>)	43
3. Fennel (<i>Foeniculum vulgare</i>)	43
4. Hot pepper (<i>Capsicum</i>)	44
5. Tumeric (<i>Curcuma longa</i>)	44
6 . Cumin (<i>Cuminum cyminum</i>)	45
7. Herbal mixtures	46
2. Different activities of probiotics.....	47

a. Effect of probiotics on growth performance.....	47
b. Effect of probiotics on nutrients digestibility.....	51
c. Effect of probiotics on carcass traits.....	51
d. Effect of probiotics on blood parameters.....	51
e. Effect of probiotics on meat organoleptic properties.....	52
f. Antioxidant and antimicrobial activities of probiotics.....	52
MATERIALS AND METHODS.....	53
RESULTS AND DISCUSSION.....	68
1. Experiment 1 (Evaluation of some medicinal herb mixtures as natural growth promoters in broiler diets).....	68
a. Chemical analyses of the experimental herbs.....	68
b. Essential oil and active constituents	68
c. Growth performance and economical efficiency.....	70
d. Nutrients digestibility.....	75
e. Carcass characteristic.....	77
f. Total bacterial count in chicken meat.....	79
g. Organoleptic properties of chicken meat.....	79
h. Blood plasma parameters.....	80
2. Experiment 2: (Evaluation of a mixture of some herbs and probiotic as natural growth promoters in broiler diets varying in energy and protein content)	84
a. Chemical analyses of the experimental herbs.....	84
b. Essential oil and active constituents.....	84
c. Growth performance and economical efficiency.....	87
d. Nutrients digestibility.....	96
e. Carcass characteristics.....	100
f. Organoleptic properties of chicken meat	103
g. Blood plasma parameters	105
SUMMARY.....	110
REFERENCES.....	115
ARABIC SUMMARY	

LIST OF TABLES

No	Title	page
1.	Chemical composition of herbs.....	19
2.	Essential oil and active constituents of herbs.....	20
3.	Composition and calculated analysis of control diets (EXP1)..	59
4.	Composition and chemical analysis of control diets (EXP2)	60
5.	Chemical analyses of the experimental herbs (on DM basis)	69
6.	Essential oils and active constituents of experimental herbs and mixtures (on air dry).....	69
7.	Effect of herbal mixtures on broiler performance and performance index.....	71
8.	Economical efficiency of experimental diets.....	73
9.	Effect of herbal mixtures on the digestion coefficients (%)of nutrients.....	76
10.	Effect of herbal mixtures on carcass characteristics and total bacterial count ($\times 10^4$) in meat.....	78
11.	Effect of herbal mixtures on meat organolepti properties...	81
12.	Effect of herbal mixtures on blood plasma parameters.....	83
13.	Chemical analyses of experimental herbs (on DM basis)...	85
14.	Essential oils and active constituents of experimental plants and herbal mix (on air dry).....	85
15.	Effect of the main factors on broiler performance and performance index.....	88
16.	Effect of the different treatments on broiler performance and performance index.....	89
17.	Economical efficiency of the main factors.....	93
18.	Economical efficiency of the different treatments	94
19.	Effect of the main factors on digestion coefficients (%) of nutrients.....	98
20.	Effect of the different treatments on digestion coefficients (%) of nutrients.....	99

No	Title	page
21.	Effect of the main factors on carcass characteristics.....	101
22.	Effect of the different treatments on carcass characteristics of broiler meat.....	102
23.	Effect of main factors on meat organoleptic properties.....	104
24.	Effect of the different treatments on meat organoleptic properties.....	105
25.	Effect of the main factors on blood plasma parameters.....	108
26.	Effect of the different treatments on blood plasma parameters.....	109

LIST OF FIGURES

No.	Title	page
1.	Sage (<i>Salvia officinalis</i>).....	8
2.	Rosemary (<i>Rosmarinus officinalis</i>)	8
3.	Fennel (<i>Foeniculum vulgare</i>)	12
4.	Hot pepper (<i>Capsicum</i>)	12
5.	Turmeric (<i>Curcuma longa</i>)	17
6.	Ginger (<i>Zingiber officinale</i>)	18
7.	Cumin (<i>Cuminum cyminum</i>)	18

INTRODUCTION

The poultry industry has developed in several areas such as nutrition, genetics, and management to maximizing the efficiency of growth performance and meat yield. However, nowadays, the poultry industry has focused more attention towards addressing public concern for environment and food safety. Animals including poultry are vulnerable to potentially pathogenic microorganisms such as *Escherichia coli*, *Salmonella ssp*, *Clostridium perfringens* and *Campylobacter sputorum*. Pathogenic microbial flora in the small intestine compete with the host for nutrients and also reduce the digestion of fat and absorption of fat-soluble vitamins due to deconjugation of bile acids (Engberg *et al.*, 2000). This leads to depressed growth performance and to increased incidence of disease.

Antibiotic added as growth promoters, have long been used in poultry feed to stabilize the intestinal microbial flora and improve the general performances and prevent some specific intestinal pathologies (Truscott and Al-Sheikhly, 1977; Miles *et al.*, 1984; and Waldroup *et al.*, 1985). However, the adding antibiotic as growth promoters have been under scrutiny for many years and have been removed from the market in many countries (Ratcliff, 2000). Their usefulness has seldom been contested, but their relation to similar antibiotics used in human medicine and the possibility that their use may have contributed to development of antibiotic resistant bacteria have caused concerns (Philips, 1999). Previous studies indicated that antibiotic are deposited as residues in animal and poultry tissues especially liver, kidney and fat depots as a result of using chemical compounds as additives in their

diets. Swann, (1969) indicated that antibiotic residues found in food could affect human health by the following means:

- 1- A direct toxic action if given in sufficiently large dosage.
- 2- Exceptionally, susceptible or allergic individual may have a severe, or even fatal reaction to a dose of antibiotic which could be tolerated by normal individuals.
- 3- A direct effect on the gastro intestinal flora when antibiotics are given in therapeutic dosage.
- 4-The development of antibiotic resistant variants when an adequate concentration of antibiotic is administered.

Recently, it is interesting to note that, many countries tend to prohibit those chemical products for their deleterious side effects on both birds or animals and man kind (Henry *et al.*, 1986).

In light of that situation, the feed manufacturers and the animal growers have been actively looking for an efficacious alternative to antibiotic growth promoters. Probiotics and herbs are the most promising alternative to antibiotics. Probiotics are viable microbial additives which assist in the establishment of an intestinal population that is beneficial to the animal and antagonistic to harmful microbes (Green and Sainsbury, 2001). It was reported that probiotics benefit the host animal by stimulating synthesis of B-group vitamins, stimulating immunity, preventing harmful microorganisms, providing digestive enzymes and increasing of production of volatile fatty acids (Coates and Fuller, 1977 and Rolfe, 2000).

The use of medicinal herbs and aromatic plants is well known from old civilizations of the ancient Egyptians, Chinese and Greek. They have

been important components in food flavours, food preservation and in popular medicine.

Many efforts have been done to obtain detailed references concerning these herbal and aromatic plants. Sabra and Mehta (1990) used herbal plants as growth promoters in broiler diets and observed pronounced improvements in their body weight gain, mortality rate and feed conversion.

On the other hand, poultry, as a source of dietary protein for human consumption, helps in prevention of malnutrition in Egyptian populations. However, feed cost of poultry is the most expensive item, particularly dietary protein and energy. Therefore, attempts are usually made to reduce its level without adversely affecting bird's performance. Additionally, excretion of nitrogen (N), originating from intensive livestock and poultry operation, is one of the greatest environmental concerns to the public. Beside polluting air and water, N in poultry excreta is converted to volatile ammonia through microbial fermentation and can affect the health of birds and farm workers. Approximately 70-75% of the N consumed by animals is lost or excreted due to the inefficiencies associated with protein digestion and or absorption (Nahm, 2007). Schutte *et al.* (1993) reported that for each percentage of decrease in N in the feed, N excretion is reduced by 10%. In response, dietary means to decrease N excretion by feeding low crude protein (CP) diets to poultry have been extensively studied (Aletor *et al.*, 2000). However, feeding low protein diets has been reported to affect growth performance and carcass yield of broiler chickens (Bregendahl *et al.*, 2002). Supplementing low protein or

energy diets with natural feed additives may be an alternative way to improve growth, feed conversion efficiency and reduce production costs and environmental pollution. They also help satisfy consumer demands for more and better quality products.

Many spices have been recognized to have medicinal properties and possess many beneficial effects on health, such as antioxidant activity, digestive stimulant action, anti-inflammatory, antimicrobial, hypolipidemic, antimutagenic and anticarcinogenic potential (Pizzale *et al.*, 2002 and Lampe, 2003). Also, Rouault and Steiner (2009) suggested that a well-balanced and scientifically developed combination of active ingredients with different properties may function synergistically to bring about the desired benefits for the producer.

Therefore, two experiments aimed at evaluating some of natural growth promoters as feed additives in broiler diets have been conducted. The aim of the first experiment was to evaluate adding mixtures containing different ratios of some plants as natural growth promoters to broilers diets. The second experiment aimed at studying the bioefficacy of adding a mixture of some herbs with or without added probiotics to broiler diets varying in energy and protein content.