# Short term postoperative outcomes of closure versus non-closure of the peritoneum following caesarean section

Thesis Submitted for Fulfillment of the M.Sc degree in Obstetrics & Gynecology

### BY

### **Ayman Hany Ahmed**

Resident of obstetrics and gynecology Faculty of Medicine-Cairo University (M.B.B.Ch.)

### Supervised by:

### **Prof.Dr.Mohamed Hany Shehata**

Professor of obstetrics and gynecology Faculty of Medicine-Cairo University

### Dr.Ahmed Rezk Aly Al Zayat

Lecturer of obstetrics and gynecology Faculty of Medicine-Cairo University

> Faculty of medicine Cairo University 2008

## بسم الله الرحمن الرحيم

{.. وَأَنْزَلَ اللّهُ عَلَيْكَ الْكِتَابَ وَالْحِكْمَةُ وَعَلَمَكَ مَا لَمْ تَكُنْ تَعْلَمُ وَكَانَ فَضْلُ اللهِ عَلَيْكَ عَظِيمًا }

سورة النساء - الآية ١١٣

# Acknowledgement

To the almighty, most gracious and most merciful **ALLAH**, to him above all, humbly, I praise and express my utter and wholehearted thanks.

To **Prof. Dr. Mohamed Hany Shehata**, I give tribute of what words can convey of gratitude for his enthusiastic help, fatherly guidance, care and encouragement.

To **Dr. Ahmed Rezk**, I express my sincere gratefulness, for his precious assistance and invaluable practical guidance and remarks.

I want to express my appreciation to the department of Obstetrics and Gynecology in Cairo University, and all my colleagues working in the hospital for the efforts that helped me to perform this work.

Finally I am expressing my thankfulness and gratitude for my family that beard me and helped me a lot all through my life.

### List of Contents

List of abbreviations		II
List of table	es	III
List of figures		IV
Introductio	Introduction	
Aim of the work		4
Review of li	iterature	
Chapter 1	A- Anatomy & development	7
	B- Main Functions	29
Chapter 2	A- Healing	41
	B- Peritoneal Healing	56
Chapter 3	A- Pain and spinal anesthesia	75
	B- Intestinal Motility and Postoperative ileus	91
Patients an	d Methods	100
Results		105
Discussion		125
Summary		133
Conclusion		138
References		146
Arabic Sun	nmary	170

### **List of Abbreviations**

APH	Anti partum hemorrhage
ART	Assisted reproductive techniques
BL	Basal Lamina
CAM	Cell Adhesion Molecule
CPD	Cephalo pelvic disproportions
ECM	Extra Cellular Matrix
FDP	fibrin degradation products
ICAM	Intracellular Adhesion Molecule
Ig	Immunoglobulin
IL	Interleukin
IUGR	Intra uterine growth restriction
MCP	Monocyte Chemotactic Protein
MMC	migrating motor complex
MMP	Metalloproteinases
MS	Milky Spots
PA	Plasminogen activator
PAI	Plasminogen Activator Inhibitor
PD	postnatal day
PDGF	Platelet Derived Growth Factor
PMN	Polymorphonuclear neutrophils
SM	Serosal Membranes
TGF-B	Transforming Growth Factor-Beta
TIMP	Tissue Inhibitors of Metalloproteinases
TNF	Tumour necrosis factor
tPA	tissue Plasminogen Activator
uPA	urokinase-like Plasminogen Activator
VCAM	Vascular Adhesion Molecule

### List of tables

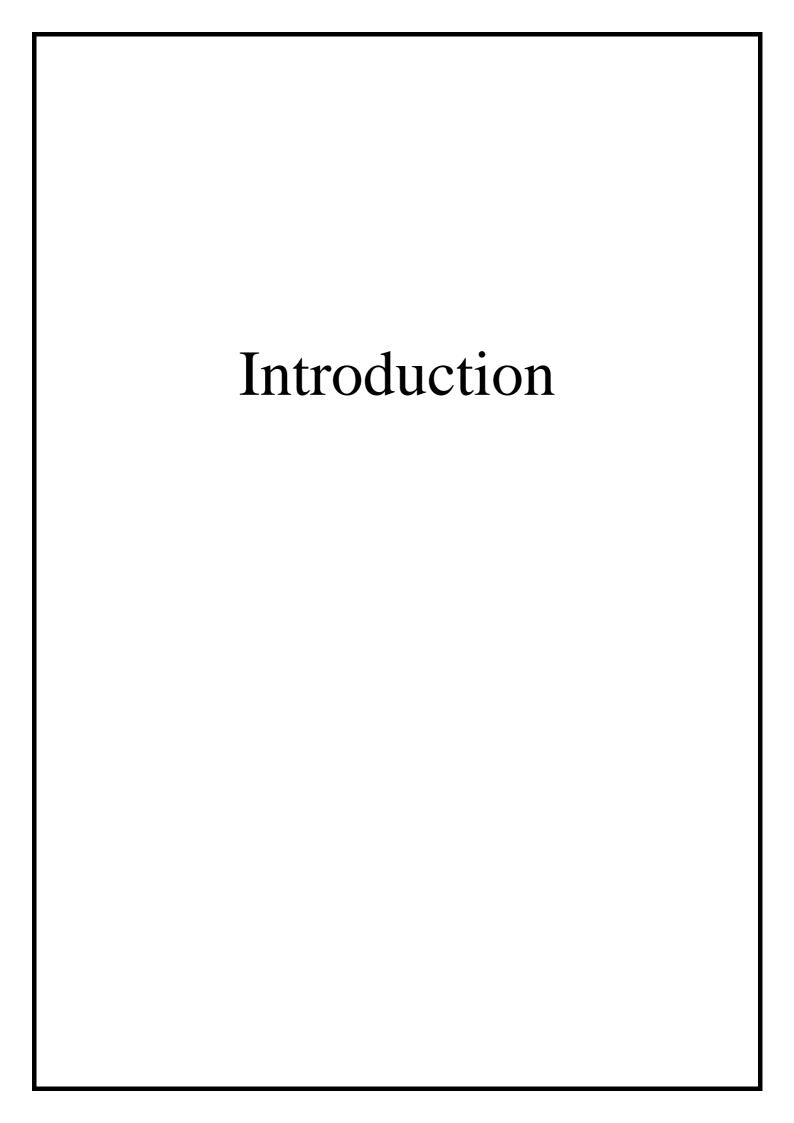
table No.	Description	Page No.
1.	Demographic data in both groups.	107
2.	Te indications of the cesarean section by numbers and their percentage in the study group	109
3.	Degree of pain and No .of patients had analgesia or not after 6 hours.	111
4.	Degree of pain and No .of patients had analgesia or not after 12 hours.	112
5.	Degree of pain and No .of patients had analgesia or not after 18 hours.	113
6.	Degree of pain and No .of patients had analgesia or not after 24 hours.	114
7.	Recorded temperature in the 24 hours of follow up	115
8.	Degree of distension after 6 hours.	117
9.	Degree of distension after 12 hours.	117
10.	Degree of distension after 18 hours.	118
11.	Degree of distension after 24 hours.	119
12.	No. of cases with + ve and – ve intestinal sounds after 6 hours	119
13.	No. of cases with + ve and – ve intestinal sounds after12 hours	120
14.	No. of cases with + ve and – ve intestinal sounds after 18 hours	121
15.	No. of cases with + ve and – ve intestinal sounds after 24 hours	121
16.	No. of cases with + ve and – ve passage of flatus after 6 hours	122
17.	No. of cases with + ve and – ve passage of flatus after 12 hours	123
18.	No. of cases with + ve and – ve passage of flatus after 18 hours	123
19.	No. of cases with + ve and – ve passage of flatus after 24 hours	124

### **List of figures**

Figure No.	Description	Page No.
20.	Sagittal midline sections of embryos at various stages of	
	development	10
	Transverse sections through embryos at various stages of	
21.	development	12
22.	Primitive dorsal and ventral mesenteries	12
	The female genital tract with the peritoneal covering (Sagittal	
23.	view).	13
24.	Intra peritoneal	14
25.	Retro peritoneal	14
	Vertical disposition of the peritoneum. Main cavity, red; omental	
26.	bursa,blue	15
27.	Sagittal view of the abdomen at the level of the umbilicus	16
28.	Diaphragmatic surface of the liver	17
	Posterior view of the bare area of the liver and associated	18
29.	ligaments	
30.	The lesser omentum	19
31.	The Greater omentum	20
32.	Pelvic peritoneum	21
22	Peritoneal reflections, forming mesenteries, outlined on the	22
33.	posterior abdominal wal	
	Transverse section illustrating the continuity between the greater	23
34.	and lesser sacs through the epiploic foramen	
	Diagram showing the lines along which the peritoneum leaves	
35.	the wall of the abdomen to invest the viscera.	26
36.	Arterial supply to the anterolateral abdominal wall	28
37.	Innervation of the anterolateral abdominal wall	29
38.	Dermatomes of the anterolateral abdominal wall.	29
	Changes in the relative number of callular alaments and filmin	
39.	Changes in the relative number of cellular elements and fibrin	61
	during normal rat peritoneal repair	
40.	A summary of three important pathways leading to adhesion	64

	formation	
41.	Normal parietal peritoneum Frozen section. x 200.	65
42.	Normal parietal peritoneum .Frozen Hautchen x 30.	65
43.	Peritoneal defect: 24 hours. Frozen Hautchen x 60.	66
44.	Peritoneal defect: 3 days. Frozen section. x 80.	66
45.	Peritoneal defect: 3 days. Frozen Hautchen. x 200.	67
46.	Peritoneal defect: 5 days. Frozen section. x 200.	67
47.	Peritoneal defect: 8 days. Frozen section. x 200.	68
48.	The neospinothalamic tract	79
49.	The paleospinothalamic tract	82
50.	Anatomy of vertebral column and spinal cord.	83
51.	Spread of opioids in the cerebrospinal fluid	89
52.	Pharmacokinetics of spinal and epidural opioids	90
53.	<ul> <li>(A) Recording of transmembrane potential showing slow waves and superimposed spike potentials.</li> <li>(B) Extracellular recording of electrical activity represented in (A).</li> <li>(C) Muscular contraction in response to electrical activity in (A).</li> </ul>	93
54.	The Patient demography: Age	107
55.	The Patient demography: Gravidity	108
56.	The Patient demography: Parity	108
57.	showing the distribution of indications in group A	109
58.	showing the distribution of indications in group B	110
59.	showing comparison of the percentage of the same indications between the 2 groups	110
60.	Mean degree of pain after 6 hours	111
61.	No. of patients received analgesia after 6 hours	112
62.	Mean degree of pain after 12 hours	112
63.	No. of patients received analgesia after 12 hours	113
64.	Mean degree of pain after 18 hours	113
65.	No. of patients received analgesia after 18 hours	114
66.	Mean degree of pain after 24 hours	114
	No. of patients received analgesia after 24 hours	

68.	Mean Temp after 6 hours.	115
69.	Mean Temp after 12 hours.	116
70.	Mean Temp after 18 hours.	116
71.	Mean Temp after 24 hours.	116
72.	Degree of distension after 6 hours	117
73.	Degree of distension after 12 hours	118
74.	Degree of distension after 18 hours	118
75.	Degree of distension after 24 hours	119
76.	No. of cases with + ve and – ve intestinal sounds after 6 hours.	120
77.	No. of cases with + ve and – ve intestinal sounds after 12 hours.	120
78.	No. of cases with + ve and – ve intestinal sounds after 18 hours.	121
79.	No. of cases with + ve and – ve intestinal sounds after 24 hours.	122
80.	No. of cases with + ve and – ve passage of flatus after 6 hours.	122
81.	No. of cases with + ve and – ve passage of flatus after 12 hours	123
82.	No. of cases with + ve and – ve passage of flatus after 18 hours	124
83.	No. of cases with + ve and – ve passage of flatus after 24 hours	124



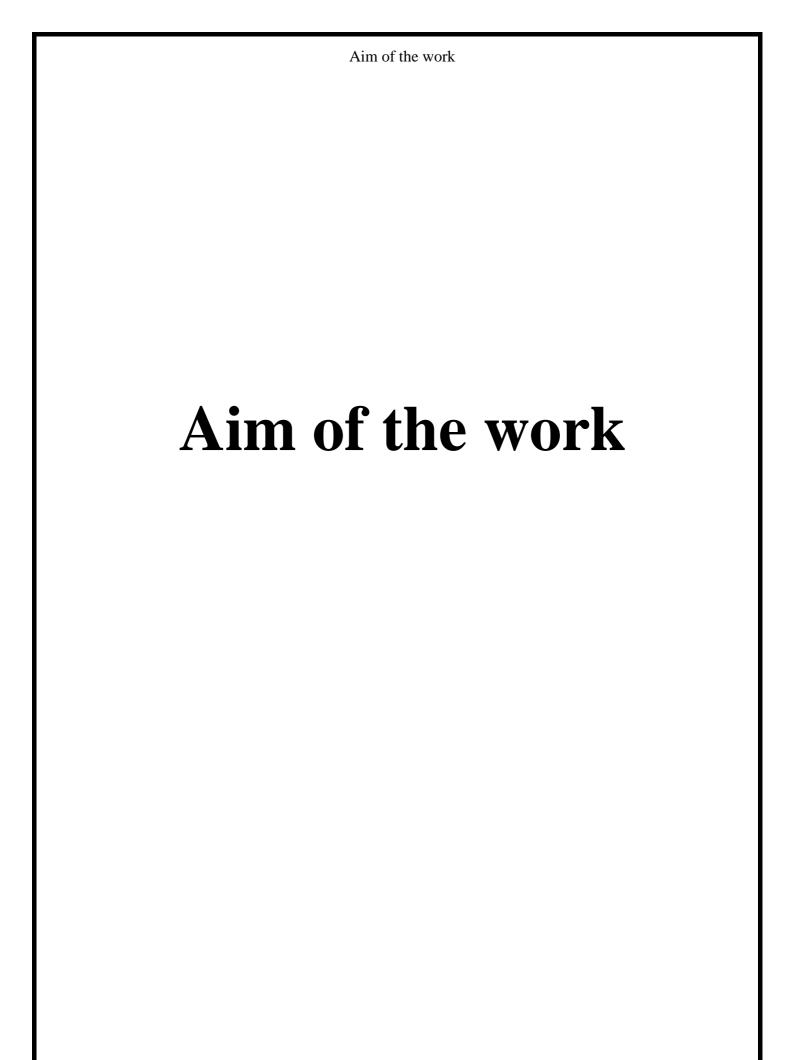
### **INTRODUCTION**

Cesarean delivery is defined as the birth of a fetus through incisions in the abdominal wall (laparotomy) and the uterine wall (hysterotomy). (Cunningham FG. et al., 1997) .The origin of the term cesarean is obscure, and three principal explanations have been suggested. In the first, according to legend, Julius Caesar was born in this manner, with the result that the procedure became known as the Caesarean operation. The second explanation is that the name of the operation is derived from a Roman law, supposedly created in the 8th century bc by Numa Pompilius, ordering that the procedure be performed upon women dying in the last few weeks of pregnancy in the hope of saving the child. This lex regia "king's rule or law" later became the lex caesarea under the emperors, and the operation itself became known as the caesarean operation. The third explanation is that the word caesarean was derived sometime in the Middle Age from the Latin verb caedere, to cut. The surgical technique for performing caesarean section has changed from time to time; from surgeon to surgeon and these changes were involved both of the uterine and the skin incisions (FG. Cunningham et al., **2005**). The first successful caesarean delivery on living women was thought to have been performed by Jacob Nufer in 1500 AC. Who operated on his wife (Larry C. et al., 2002). In 1882, Max Saenger introduced the technique of suturing the uterus. He advocated performing a vertical incision in the uterus that avoided the lower uterine segment (Boley J.P., 1991). In 1926, A particular important modification was recommended by Monro Kerr who preferred a semilunar transverse lower uterine incision with the curve directed upward rather than a longitudinal uterine incision (Cunningham FG. et al.,1997). The Kerr technique is the most commonly employed type of caesarean section used

#### Introduction

today (**Sewell & Boley, 1993**). Also, the skin incision was undergone a series of changes from a vertical (Midline or paramedian vertical incision) to another transverse incision. The Maylard transverse incision in which, the skin is ordinary incised at least 4cm. above the symphysis pubis involving muscle cutting (**Richard Deep et al., 1993**). *The Pfannenstiel incision* in 1900, the skin incision is a transverse upward concavity, typically initiated two fingerbreadths above the symphysis pubis and extended in the direction of the anterior superior iliac spine below and medial to it about 2-3cm. (**Larry C. et al.,2002**).

Kerr, in 1926, described the lower uterine segment transverse incision, for the caesarean delivery (**Kerr JMM., 1926**). Since then both visceral and parietal peritoneal layers have been traditionally closed in separate layers. The proponents of this technique claim that it helps re-establish anatomical relations, reduces the risk of infection, prevents incisional hernia, and prevents adhesion formation (**Duffy DM & Di Zerega GS 1994**). In fact studies have shown many advantages of leaving the peritoneum open after CS as this reduces operating time, the need for postoperative analgesia and improves maternal satisfaction (**RCOG. Guidelines , 2004**).



Aim of the work

### Aim of the work

This study will be undertaken to investigate, whether Non-closure of the peritoneum during caesarean section would be beneficial in the terms of short term postoperative out comes in comparison with peritoneal closure or not.

Chapter 1 The peritoneum