



جامعة عين شمس  
كلية البنات للآداب والعلوم والتربية  
قسم علم النفس

## تنمية بعض مهارات الدافعية للإنجاز باستخدام العلاج بالمعنى كمدخل لتحسين الشعور بالسعادة لدى طلاب الجامعة

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## صفحة العنوان

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2017 :



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## رسالة دكتوراه

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

﴿ وَقُلْ أَعْمَلُوا فَسِيرِي اللَّهُ عَمَلَكُمْ وَرَسُولُهُ وَالْمُؤْمِنُونَ ﴾

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## مستخلص الدراسة

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achievement motivation :

Through Meaning

feeling of happiness

## **Abstract of the study**

Study title: Developing some skills of achievement motivation using Logo therapy as an approach to improve feeling of happiness among university students.

The study aimed to: verify the effectiveness of the program prepared for developing some skills of achievement motivation using Logo therapy as an approach to improve the feeling of happiness among university students.

The study sample consisted of (24) male and female students from the fourth-year students at the Faculty of Arts, University of Benghazi, Libya as they were divided into two groups (experimental an control) after adjusting the chronological age variables, the economic, social and cultural level.

The researcher adopted the following tools after verifying its validity and reliability:

- 1) The achievement motivation scale (prepared by Abdel Latif Mohamed Khalifa, 2006) (modified by the researcher).
- 2) The feeling of happiness scale (prepared by the researcher).
- 3) The economic, social and cultural level form (prepared by the researcher).
- 4) A program to develop some skills of achievement motivation through using Logo therapy as an approach to improve the feeling of happiness among the university students (prepared by the researcher).

The program consisted of (25) sessions in which number of technicians were applied as follows (the lecture, the group discussion, the homework, the symbolic image, modifying trends, the positive enhancement, the modeling, the Socratic dialogue, the psychological drama based on meaning, the awareness of values, the fun and humor).

To verify the study findings, the researcher used the non-parametric methods represented in the of test Mann Whitney ad the test of Wilcoxon Matched-Pairs Signed-Ranks Test. The results showed that there are statistically significant differences between the experimental group and the control group in the achievement motivation and feeling of happiness in favor of the experimental group as the study also showed that there are statistically significant differences between the pretest and posttest in favor of the posttest concerning the scores of experimental group on the study scale except the second and fifth hypotheses as their results showed that there are no statistically significant differences regarding the scores of experimental group on the achievement motivation and feeling of happiness scale between the posttest and consecutive test. The results of seventh and eighth hypotheses showed that there are no statistically significant differences between males and females with regard to the achievement motivation and feeling of happiness.

**Keywords:** achievement motivation - Through Meaning - feeling of happiness.

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