# SERUM LEVEL OF BONE MORPHOGENIC PROTEIN-7 IN RHEUMATOID ARTHRITIS

#### **Thesis**

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﴿ يَرْفِعُ اللهُ الذِينَ آمَنُوا مِن كُمُ مُو اللهُ الذِينَ آمَنُوا مِن كُمُ مُو اللهُ الذِينَ آمِنُوا مِن كُمُ مُاتِ ﴾ والذينَ أُوتُوا العِلْمُ دَمَرَ جَاتٍ ﴾

صدق الله العظيم

إسورة المجادلة آية ١١}

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### List of Abbreviations

**ACR:** American College of Rheumatology.

**ALK-1:** Activin Like Kinase -1.

**ALT:** Alanine Transaminase.

**Anti-CCP:** Anti –Citrullinated Protein antibodies.

Anti RA-33: A highly specific protein antibody for Rheumatoid

Arthritis.

**AP-1:** Activator Protein -1.

**AS:** Ankylosing Spondylitis.

**ASOT:** Anti-streptolysin titer.

**AST:** Aspartate Amino-Transferase.

**A-V** block: Arterio-ventricular block.

**BAMBI:** Bone morphogenic protein and Activine Membrane –

Bound Inhibitor.

**BMP:** Bone Morphogenic Protein.

**BSA:** Boyine Serum Albumin.

C1-3: Cervical vertebrae 1-3.

**CD:** Cluster of Differentiation.

**CDMPs:** Cartilage – Derived Morphogentic Proteins.

CIA: Collagen Induced Arthritis.

*COPD:* Chronic Obstructive Pulmonary Disease.

**CO-Smad:** Common Smad.

**CPT:** Corticosteroid pulse therapy.

*CRP*: C-reactive protein.

**DAN:** Differential screening –selected gene abberrative in

neuroblastoma.

**DAS:** Disease Activity Score.

DIP: Distal Interphalangeal.

**DMARDS:** Disease Modifying Anti-Rheumatic Drugs.

**DM:** Diabetes Mellitus.

**DNA:** Deoxy ribonucleic acid.

**DVT:** Deep Venous Thrombosis.

**EBNA:** Epstein-Barr Nuclear Antigen.

*ELISA:* Enzyme Linked Immuno-Sorbent Assay.

**ESR:** Erythrocyte Sedimentation Rate.

**Fc:** Fc portion of immunoglobulin.

GC: Glucocorticoid

*GDFs:* Growth Differentiation Factor.

*GIT:* Gastro-Intestinal Tract.

**IBM:** International Business Machine.

**IBM-PC:** International Business Machine Personal Computer.

*Ig:* Immunoglobulin.

*IGF-1:* Insulin like Growth Factor -1.

*INF*: Interferone.

*ILD:* Interstitial Lung Disease.

*IL*-1RI: Interleukin 1 receptor type 1.

*I-Smad:* Inhibitory Smad.

*HA:* Hyalouronic Acid.

**HAQ:** Health Assessment Questionnaire.

*Hb:* Hemoglobin.

*HLA-DR:* D-related Human Leukocyte Antigen.

*hnRNP-A2:* Hetrogenous nuclear Ribonucleoprotein complex.

*HTN*: Hypertension.

hTNFtg: Human Tumor Necrosis Factor Transgene (animal

model for RA).

**KDa:** Kilodalton.

*MCP:* Metacarpo-phalangeal.

**MHAQ:** Modified Health Assessment Questionnaire.

*MMP*: Matrix Metalloproteinase Protein.

*MRI*: Magnetic Resonance Imaging.

*MTP:* Metatarso-phalngeal.

*MTX*: Methotrexate.

**NF-KB:** Nuclear Factor Kappa Beta.

**NSAIDs:** Non-Steroidal Anti-Inflammatory Drugs.

*OA*: Osteoarthritis.

*OP-1:* Osteogenic Protein-1.

**PG:** Prostaglandin.

**PIP:** Proximal Interphalangeal.

**PLT:** Platelet Count Test.

**P-Smad:** Phosphorylated Smad.

q : Quaque=Each,every

**RA:** Rheumatoid Arthritis.

**RA33:** Nuclear auto-antigen with an apparent molecular

mass33.

**RF:** Rheumatoid Factor.

**RNA:** Ribonucleic Acid.

**ROM:** Range of Motion.

**R-Smad:** Receptor-Smad.

*SD:* Standard Deviation.

**SEM:** Standard Error of Mean.

SLE: Systemic Lupus Erthematosus.

SPSS: Statically Package for time Social Solution.

STNFR-IG: Stand for soluble TNF receptor immunoglobulin.

**TB:** Tuberculosis.

*TGF-β*: Transforming Growth Factor beta.

**TLC:** Total Leukocytic Count.

**TNF:** Tumor Necrosis Factor.

**WBCs:** White Blood Cells.

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## Introduction

Bone morphogenic proteins (BMPs) are polypeptides discovered by *Marshall Urist* in 1965 and later defined by his co-workers as multifunctional cytokines involved in osteoinduction. They are members of the transforming growth factor-  $B(TGF-\beta)$  superfamily with the exception of the BMP-1.More than 20 BMPs have identified and studied , But only BMP-2,4, and 7 have been able in vitro to stimulate the entire process of stem cell differentiation into osteoblastic mature cells (*Boden et al.*, 2000).

BMP-7 (osteogenic protein -1) is expressed by human adult articular chondrocytes and plays a cruical role in the maintenance of cartilage matrix integrity and the promotion of repair process (*Chubinskaya et al.*, 2000; *Soder et al.*, 2005).

It has a potent anabolic effect on articular cartilage and other connective tissues .It stimulates the synthesis of major cartilage matrix components (*Chubinsakaya and kuettner*, 2003), promoting matrix assembly and serving as an antagonist to the deleterious effects of catabolic mediators (*Huch et al.*, 1997; *Im et al.*, 2003) without inducing chondrocyte hypertrophy and proliferation (*Flechtenmacher et al.*, 1996; *Chubinskaya et al.*, 2002).

BMP-7 gene expression and protein expression have been detected in all of the connective tissues of the joint, cartilage, meniscus, synovium, ligament and tendon (*Rueger and Chubinskaya*, 2004).

It was found that the level of BMP-7 in synovial fluid of Osteoarthritis (OA) and Rheumatoid arthritis (RA) patients is higher than normal asymptomatic donors (*Chubinskaya et al.*, 2006).

Overproduction of BMP-2 and BMP-7 was also noted in serum of Ankylosing Spondylitis (AS) and RA patients, and serum BMP-7 level reflected radiographic damage observed in AS patients. However, previous data was unable to find significant correlation between BMP level and DAS28 and Larsen scores in RA patients (*Park et al.*,2008). Thus it is worth studying the level of BMP-7 in order to confirm or contradict the previous results.

## Aim of The Work

The aim of the study is to estimate the level of BMP-7 in the serum of patients with RA in order to detect its possible correlation with disease activity or severity.