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Sildenafil Pharmacokinetic Interactions with Ciprofloxacin and Clarithromycin

A Thesis Submitted
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in Pharmaceutical Sciences (Clinical Pharmacy)**

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٢٠٠٧

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

{ الْحَمْدُ لِلَّهِ الَّذِي هَدَانَا لِهَذَا وَمَا كُنَّا لِنَهْتَدِيَ لَوْلَا أَنْ
هَدَانَا اللَّهُ }

الأعرافه ٤٣

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INTRODUCTION

I

INTRODUCTION

Sildenafil (Viagra[®], Pfizer) was approved by the Food and Drug Administration (FDA) on March 27, 1998, as the first oral therapeutic agent for the management of male erectile dysfunction, a condition that affects 10% of all males and becomes more common with age (Boolell et al., 1996 and Goldstein et al., 1998).

1. General properties of sildenafil:

1.1 Chemical Structure:

Sildenafil is chemically designated as 1-[[5-[(6,6-dihydro-1-methyl-5-oxo-3-propyl-1H-pyrazolo[4,3-d]pyrimidin-2-yl)-4-ethoxyphenyl]sulfonyl]-4-methyl piperazine and has the following structural formula:

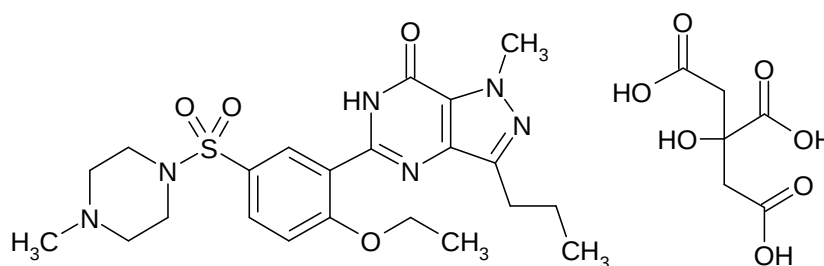


Figure (I-1): The chemical structure of sildenafil citrate.

Sildenafil is a pyrazolopyrimidinone derivative similar in structure to the guanosine base of cyclic guanosine monophosphate (cGMP), the endogenous ligand of the phosphodiesterase enzyme (PDE) type 5 isoenzyme. The propyl, methyl and ethoxyl groups of pyrazolopyrimidinone nucleus enhances the specificity of sildenafil for PDE type 5 compared to PDE types 1 and 2 isoenzymes (Terrett et al., 1996).

1.2. Physicochemical properties:

Sildenafil is commercially available as sildenafil citrate salt, however the dosages and concentrations are expressed in terms of the base. Sildenafil citrate is white to off-white crystalline powder. It has an aqueous solubility of 3.5 mg/ml, molecular weight of 366.7 and the drug is moderately lipophilic (Waiker et al., 1999). Sildenafil has basic functional groups with a pKa value of 8.7 although a weak acidic moiety is also present on the parent compound (Cooper et al., 1997).

1.3. Therapeutic Indications:

Sildenafil is the first oral therapeutic agent introduced for the treatment of erectile dysfunction (ED), a state of inability to achieve or maintain an erection sufficient for satisfactory sexual performance (NIH Consensus, 1993). This disease affects an estimated 10% of the adult male population and becomes progressively with age (Feldman et al., 1994).