## دور الفلورين ف.د.ج باستعمال البوزيترون المقطعي في تحديد درجة المرض و متابعة أورام الثدي

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#### The Role of F-18 FDG-PET and PET/CT in Staging and

**Follow Up Breast Cancer Patients** 

Assay

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#### Introduction

Breast cancer has become a major health problem affecting each twelfth of all women during their lifetime; it is now the most frequently occurring malignant disease in women. Breast cancer can occur in men, although the incidence is much lower, amounting to around 1% of all breast cancers.

Overall, the incidence of breast cancer rises with age, increasing rapidly during the fourth decade of life and continuing to increase thereafter, but more slowly in the fifth, sixth and seventh decades. The effect of family history on breast cancer risk believed to be due primarily to genetic factors. (*Jemal et al.*, 2004)

Mammography and ultrasound considered as the main diagnostic imaging tools for the diagnosis of primary breast cancer. (Samson et al, 2002)

FDG-PET may be useful in the noninvasive characterization of the indeterminate lesions by providing metabolic information. FDG-PET is superior in detecting tumor-involved lymph nodes, particularly those that are normal in size radiologically and is superior in characterizing enlarged lymph nodes as positive or negative. (Avril et al, 2007)

FDG-PET scanning has been demonstrated to be accurate in the diagnosis of metastatic and recurrent disease not recognized by conventional imaging methods. (*Jadvar et al, 2003*)

FDG-PET has been compared with bone scan in the detection of osseous metastases. PET and bone scan appear to offer similar sensitivity in this regard, but PET provides a specificity advantage over bone scan. (*Kao*,2000)

An integrated PET/CT system offers several advantages, by allowing a fast and relatively low-noise transmission scan, a short scanning time, and in achieving additional anatomical and diagnostic information. In breast cancer, an increase in diagnostic accuracy is expected, for both primary staging and restaging. (*Rosen et al, 2007*)

#### Aim of Work

The purpose of the work is to assess the implementation of FDG-PET and PET/CT in clinical routine and evaluate their role in breast cancer primary staging, restaging and therapy monitoring.

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#### **List of abbreviations**

% percentage

~ Approximately

< Less than

> More than

<sup>11</sup>C Carbon

<sup>13</sup>N Nitrogen

<sup>15</sup>O Oxygen

<sup>18</sup>O Oxygen

<sup>18</sup>F Radioactive Fluorine

<sup>18</sup>F-FDG 2-{ Flourine-18} Flouro-2-deoxy-D-glucose

<sup>68</sup>Ge germanium-68

2D Two Dimensional

3D Three Dimensional

ACF Attenuation correction factors

ADC Apparent Diffusion Coefficient

AJCC American Joint Committee on Cancer

AND Axillary node dissection

ALND axillary lymph node dissection

Au198 Radioactive isotope

BGO Bismuth germinate

BRCA Gene breast cancer

BSA Body surface area

cc Milliliter

CIS Carcinoma in situ

cm centimeter

CT Computerized tomography

CTAC Computerized tomography attenuation corrected

DCIS Ductal carcinoma in situ

DTPA Diethylene triamine penta acetic acid

e- Electron

e.g Example

e+ Positron

EIC Extensive intraductal component

ER Estrogen Receptor

FDA Food and Drug Administration

FDG Fluorodeoxyglucose

FES Fluoroestradiol

FLT fluorothymidine

FOV Field Of View

FWHM Full width at half maximum

g gram

Gd Gadolinium

Glut glucose transporter

GSO Gadolinium oxyorthosilicate

h Hour

HER-2/neu Human epidermal growth factor receptor gene

HGF Hematopiotic growth factor

i.e Example

I.V intra venous

IDC Invasive ductal carcinoma

ILC Invasive lobular carcinoma

KeV Kilo electron Volt

keV/c<sup>2</sup> Kilo electron Volt, c is the velocity of light

Kg Kilogram

Km Kilometer

LCIS Lobular carcinoma in situ

LOR Line of response

LSO Lutetium oxyorthosilicate

mA Milliamperage

MBq Mega Becquerel

mCi milli curie

MDP Methylene diphosphonate

Mg/dl A measure of concentration

(mass per unit volume)using milligrams per decilitre

(One-tenth of a litre)

min minute

MIP Maximum intensity projection

mm Millimeter

mm<sup>2</sup>/s Millimeter square per second

MRI Magnetic resonance imaging

mRNA messenger ribonucleic acid

MRS Magnetic Resonance Spectroscopy

mSv Millisevert

NaI (TL) Thallium-activated sodium iodide crystals

NPV Negative predictive value

P53 Tumor protein 53

PEM Positron Emission Mammography

PET Positron Emission Tomography

PPV Positive predictive value

PVE Partial volume effect

ROI Region of interest

sec Second

Sesta MIBI Sesta methoxy isobutyl isonitrile

SLN Sentinel lymph node

SN Sentinal Node

SNB Sentinal Node biopsy

SPECT Single Photon Emission Computerized Tomography

SUV Standardized Uptake Value

Tc 99 m Technetium 99 m

TDLU Terminal ductal-lobular unit

TNM Tumor, nodal metastases, distant metastases

US Ultrasound

Ve electron neutrino

WB Whole body

Y Photon

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# Discussion and Conclusion

#### **Discussion and Conclusion**

Breast cancer is the most common malignant tumor among women. It is the leading cause of cancer death in women after lung cancer. (Schwartz et al, 1999)

Detection and treatment of breast cancer at an early stage is the only method with proven potential for lowering the death rate from the disease. Axillary lymph node involvement is the most important prognostic factor for determining survival from breast cancer. (Alder et al, 1997)

Imaging in breast cancer has an important role to play at all stages of the disease from initial screening of women who are unaware they may have the disease, to symptomatic women who present with a lump or other symptom of breast disease, to those with established breast cancer.

After confirming the diagnosis, imaging has a vital role in staging the disease and assessing response to treatment. (Buscombe et al, 2004)

Accurate staging is critical for therapeutic planning. Unfortunately, previous surgery and radiation therapy can result in scarring that can complicate the evaluation for locoregional recurrence of breast cancerparticularly in the axillary region. (Schwartz et al, 1999)

Mammography is the primary screening technique for breast cancer because of its relatively low cost, high special resolution (0.1 mm), and ability to observe tumors in early stage. (*Homer*, 1984)