# EFFECT OF SOME VITAMINS ON THE EXPERIMENTAL ANIMALS SUFFERING FROM CHRONIC DISEASES

 $\mathbf{B}\mathbf{y}$ 

## KHALED YEHIA MOHAMMED EL-SAID FARROH

B. Sc. Agric. Sci. (Agric. Biochemistry), Fac. Agric., Ain Shams Univ., 2000 M. Sc. Agric. Sci. (Agric. Biochemistry), Fac. Agric., Cairo Univ., 2008

## **THESIS**

Submitted in Partial Fulfillment of the Requirements for the Degree of

# DOCTOR OF PHILOSOPHY

In

Agricultural Sciences (Agricultural Biochemistry)

Department of Agricultural Biochemistry
Faculty of Agriculture
Cairo University
EGYPT

2013

#### APPROVAL SHEET

# EFFECT OF SOME VITAMINS ON THE EXPERIMENTAL ANIMALS SUFFERING FROM CHRONIC DISEASES

Ph.D. Thesis
In
Agric. Sci. (Agricultural Biochemistry)

By

# KHALED YEHIA MOHAMMED EL-SAID FARROH

B. Sc. Agric. Sci. (Agric. Biochemistry), Fac. Agric., Ain Shams Univ., 2000 M. Sc. Agric. Sci. (Agric. Biochemistry), Fac. Agric., Cairo Univ., 2008

## APPROVAL COMMITTEE

Dr. REDA KAMEL ATALLAH Professor of Biochemistry, Fac. Agric., Ain	
Dr. HANI ABD-ELAZIZ EL-SHIMI	
Professor of Biochemistry, Fac. Agric., Cai	ro University
Dr. FATEN MOHAMMED ABO EL-	-ELLA
Assistant Professor of Biochemistry, Fac. A	Agric., Cairo University
Dr. NADIA MOHAMMED ABDEL-N	MOEIN
Professor of Biochemistry, Fac. Agric., Cai	ro University

Date: / /2013

#### SUPERVISION SHEET

# EFFECT OF SOME VITAMINS ON THE EXPERIMENTAL ANIMALS SUFFERING FROM CHRONIC DISEASES

Ph.D. Thesis
In
Agric. Sci. (Agricultural Biochemistry)

 $\mathbf{B}\mathbf{v}$ 

## KHALED YEHIA MOHAMMED EL-SAID FARROH

B. Sc. Agric. Sci. (Agri. Biochemistry), Fac. Agric., Ain Shams Univ., 2000 M. Sc. Agric. Sci. (Agric. Biochemistry), Fac. Agric., Cairo Univ., 2008

## SUPERVISION COMMITTEE

#### Dr. NADIA MOHAMMED ABDEL-MOEIN

Professor of Biochemistry, Fac. Agric., Cairo University

#### Dr. FATEN MOHAMMED ABO EL-ELLA

Assistant Professor of Biochemistry, Fac. Agric., Cairo University

#### Dr. MERVAT SAYED HASSAN YOUSSEF

Senior Researcher, Regional Centre for Food and Feed, Agriculture Research Centre

Name of Candidate: Khaled Yehia Mohammed El-Said Farroh Degree: Ph.D. Title of Thesis: Effect of Some Vitamins on The Experimental Animals

Suffering from Chronic Diseases

Supervisors: Dr. Nadia Mohammed Abdel-Moein,

Dr. Faten Mohammed Abo El-Ella, Dr. Mervat Sayed Hassan Youssef

**Department:** Agricultural Biochemistry

Branch: Approval: / /2013

#### **ABSTRACT**

The present study was carried out to study the inhibitory effect of vitamins E, K<sub>3</sub>, C and their mixtures on breast cancer induced by N-methyl-N-nitrosourea (MNU) in female Sprague-Dawley rats. The results showed that the serum progesterone hormone, hemoglobin levels and RBCs count were significantly higher (p<0.05) in the negative control group than in the breast cancer group. The injection with vitamins E,  $K_3$ , C and their mixtures especially, intraperitoneally injected with vitamins ( $K_3+C$ ) mixture and vitamins (E+K<sub>3</sub>+C) mixture caused significantly increased in serum progesterone hormone, hemoglobin levels and RBCs count compared with breast cancer group. Breast cancer group produced a significant (P < 0.05) increase in CEA, estrogen hormone, WBCs count and ALP activity compared with negative control group. It was noticed that upon rats injection with vitamin E, vitamins (E+C) mixture, vitamin K and vitamin C caused a marked reduce in CEA, estrogen hormone, WBCs count and ALP activity especially, rats were intraperitoneally injected with vitamins (K<sub>3</sub>+C) mixture and vitamins (E+K<sub>3</sub>+C) mixture delayed abnormal rising of serum CEA, estrogen hormone, WBCs and ALP activity compared with breast cancer control. There was significant increase in calcium, phosphate, femoral length, breaking force, femoral wet weight, bone volume and bone density in treated group with vitamins E, K<sub>3</sub>, C and their mixtures than in breast cancer group. The increase levels of these parameters with time and the decrease in CEA, estrogen, WBCs and ALP activity showed that they could be of importance in monitoring cancer treatment and disease progress in a resource-poor setting. Histopathological analysis was carried out to confirm the efficacy of vitamins E, K<sub>3</sub>, C and their mixtures in the inhibition of breast cancer induction in female Sprague-Dawley rats. These findings suggest that the injection with vitamins E, K<sub>3</sub>, C and their mixtures significantly reduced the incidence and growth of MNU-induced mammary tumors, therefore has strong potential as a useful therapeutic regimen for inhibiting breast cancer development.

**Key words:** Vitamin E, Vitamin K<sub>3</sub>, Vitamin C, Breast cancer, Bone density.

# **DEDICATION**

I dedicate this work to my parents, my brother Samer, my sister Rasha, for their prayers, love, concern and pride in my work were always a major source of strength to me and their support made an everlasting impression on my life and for courage to complete this project successfully. Special and great thanks to my wife and my kids, Jana, Samer and Yehia, for their continuous encouragement, patience and great help throughout the conduction of this work.

# **ACKNOWLEDGEMENTS**

First and forever I feel always indebted to Allah the most beneficent and merciful. I am grateful and thankful to GOD who makes all things possible. I would like to express my profound gratitude and sincere appreciation to Dr. Nadia M. Abd El-Moein, professor of Biochemistry, Faculty of Agriculture, Cairo University, for her kind supervision, kind hearted support, suggesting this research work planning, valuable advice and unlimited help during preparation and writing up the thesis. Deep thanks and grateful to Dr. Faten M. Abu El-Ella, Assistant professor of Biochemistry, Faculty of Agriculture, University, for her supported supervision, helpful, advice, encouragement during this work and help during writing up the thesis. Deep thanks and appreciation to Dr. Mervat H. Youssef, professor of Nutrition, Regional Center for Food and Feed, Agricultural Research Center, for her supervision, advice, encouragement and helpful effort throughout this work. Special gratitude is rendered to **Dr. Taher Salah**, Head of Nanotechnology Lab, Agricultural Research Center, for his help, advisements and support. I would like to thank Dr. Amal Mustafa, Head of Pathology Lab, Agricultural Research Center, for supporting me in the histopathological part of my thesis. Deep thanks and appreciation to Dr. Mamdouh Eassawy, Head of Biological Fluids Analysis Lab, Agricultural Research Center, for his support, sincere advice and help in the blood analysis part of my thesis. I would like to express my sincere gratitude to Dr. Azza Omran, Food Technology Research Institute for her kind encourage and support. Deep thanks to my colleagues in Nanotechnology Lab, Agricultural Research Center.

# LIST OF ABBREVIATIONS

 $(NH_4)_2C_2O_4$  ammonium oxalate

μM micromolar 1,25(OH)<sub>2</sub>D calcitriol

**4T1** murine mammary cancer

A absorbance AA acetic acid

**ACI** august Copenhagen Irish

**ACP** acid phosphatase

**AIF-siRNA** apoptosis-inducing factor- Small interfering

ribonucleic acid

**ALP** alkaline phosphatase **ANF** naphthoflavone **ANOVA** analysis of Variance activated protein C **APC ATP** adenosine-triphosphate **BCS** breast cancer survivors **BMD** bone mineral density **BMI** body mass index

**BMMs** bone marrow-derived monocyte/macrophage cells

**BMP** bone morphogenetic protein

**cDNA** complementary deoxyribonucleic acid

**CEA** carcinoembryonic antigen

COX cyclooxygenase
CRP C-reactive protein
DEA diethanolamine

**DMBA** 7,12-Dimethylbenz(a)anthracene

DMSO dimethyl sulfoxide
DNA deoxyribonucleic acid
DNase deoxyribonuclease

**E2** 17β-estradiol

EIA enzyme immunoassay
EPO evening primrose oil
ER estrogen receptor

**ERK** extracellular signal-regulated kinase

**ERT** estrogen replacement therapy

GC glucocorticoid

**GLa** γ-carboxyglutamic acid

**GSH** glutathione

**H&E** hematoxylin and eosin stain

H<sub>2</sub>O<sub>2</sub> hydrogen peroxideHap hydroxyapatiteHb hemoglobin

**HCl** hydrochloric acid

**HClO**₄ perchloric acid concentrate

**HER2/neu** human epidermal growth factor receptor-2/neu

**HMG-CoA** 3-hydroxy-3-methyl-glutaryl-CoA

**HNO**<sub>3</sub> Nitric acid

**HRP** horseradish peroxidase

**i.p** Intraperitoneal intravenous

**IC50** half maximal inhibitory concentration

IgE immunoglobulin E
IL-6 interleukin-6
IU international Unit
IVC intravenous vitamin C
KMnO<sub>4</sub> Potassium permanganate
LLC Lewis lung carcinoma
LPS lipopolysaccharide

**LSD** least significant difference

**MAPK/ErK** mitogen-activated protein kinase/extracellular

regulated kinase

MCSF macrophage colony stimulating factor

MEN menadione mmol millimole

**MMP** metalloproteinase

MMTV-PyMT mouse mammary tumor virus- polyoma virus middle

T antigen

MNU N-methyl-N-nitrosourea mRNA messenger ribonucleic acid

N normality

NF-κB nuclear factor-Kappa B NH<sub>4</sub>OH Ammonium hydroxide

**nm23-H1** nonmetastatic protein 23 homolog 1

**NS** nutrient supplement

**ODS** Osteogenic disorder shionogi

OPG Osteoprotegerin
OS oxidative stress

PAI plasminogen activator inhibitor PCNA Proliferating cell nuclear antigen

**PCR** polymerase chain reaction

**Pg** picogram

**PTH** parathyroid hormone

**PyMT** polyoma virus middle T antigen

QoL quality of life RA retinoic acid

**RANK** receptor activator of nuclear factor kappa-B

**RANKL** receptor activator of nuclear factor kappa-B ligand

**RBCs** red blood cells

RNS reactive nitrogen species
ROS reactive oxygen species
rpm revolutions per minute
SD standard deviation

siRNA small interfering ribonucleic acid

**SOD** superoxide dismutase

**TBARS** thiobarbituric acid-reactive substance

TEA tocopheryloxyacetic acid transforming growth factor β

Thelper cell

**THP1** human monocytic cell line

**TIMP-1** tissue inhibitor of metalloproteinase-1

TMB tetramethylbenzidine
TNF tumor necrosis factor
TOS tocopheryl succinate

**uPA** urokinase plasminogen activator

**UV** ultraviolet

**VACSERA** holding company of biological sera and vaccines

**Vis** visible

**WACS** women's antioxidant cardiovascular study

**WBCs** white blood cells

# **CONTENTS**

N	TRODUCTION
	EVIEW OF LITERATURE
	Role of vitamins: E, C and $K_3$ in prevention and
1	treatment of breast cancer
	a. Vitamin E
	<b>b.</b> Vitamin C
	<b>c.</b> Vitamin K <sub>3</sub> (menadione)
•	Synergistic effect of vitamins: E, C and $K_3$ in the chemopreventive and treatment of mammary carcinogenesis in rats
•	scavenger activities of vitamins $\check{E},C$ and $K_3$
	a. Vitamin E
	<b>b.</b> Vitamin C
	<b>c.</b> Vitamin K <sub>3</sub> (menadione)
	The therapeutic potential of vitamins E, C and K against
]	inflammation-induced osteoporosis
	<b>a.</b> Vitamin E
	<b>b.</b> Vitamin C
	<b>c.</b> Vitamin K
	The relationship between breast cancer and
	osteoporosis
	ATERIALS AND METHODS
. ]	Materials
. ]	Methods
E	ESULTS AND DISCUSSION
	Serum biochemical parameters
	<b>a.</b> Carcinoembryonic antigen (CEA)
	<b>b.</b> Alkaline phosphatase (ALP) activity
	<b>c.</b> Estrogen and progesterone hormones
. ]	Hematological parameters
	<b>a.</b> Hemoglobin, red blood cells and white blood cells
. ]	Femoral bone densitometry
	<b>a.</b> Femoral wet weight, bone volume and bone density
	<b>b.</b> Femoral length, thickness and strength (breaking force).
	c. Femoral calcium and phosphorous
	T T

4. Histopathology of mammary tumors	8
a. Tumor development	8
<b>b.</b> Pathological study of tumors	8
5. Conclusion	9
SUMMARY	9
REFERENCES	
ARABIC SUMMARY	

# LISTT OF TABLES

No.	Title	Page
1.	Composition of basal diet	41
2.	Composition of vitamin mixture	42
3.	Composition of salt mixture	42
4.	Serum carcinoembryonic antigen (CEA) levels of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures.	62
5.	Serum alkaline phosphatase activity of rats injected with vitamins $(E, K_3 \text{ and } C)$ and their mixtures	64
6.	Serum estrogen and progesterone hormones of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	66
7.	Hemoglobin levels, red blood cells and white blood cells of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	70
8.	Femoral wet weight, bone volume and bone density of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	73
9.	Femoral length, thickness and strength of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	77
10.	Femoral calcium and phosphorous of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	80

# LISTT OF FIGURES

No.	Title	Page
1.	Structures of $\alpha$ , $\beta$ , $\gamma$ , and $\delta$ -tocopherol and tocotrienol variants.	4
2.	Structure of vitamin E ( $\alpha$ -TOH; A) and the vitamin E derivatives $\alpha$ -TOS (B) and $\alpha$ -TEA (C)	10
3.	Ascorbate-driven menadione redox cycling	21
4.	Serum carcinoembryonic antigen (CEA) levels (ng/ml serum) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures.	62
5.	Serum alkaline phosphatase activity (IU/l serum) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures.	64
6.	Serum estrogen hormone (pg/ml) of rats injected with vitamins (E, $K_3$ and C) and their mixtures	66
7.	Serum progesterone hormone (ng/ml) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures.	67
8.	Hemoglobin level (g/dl serum) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	70
9.	Red blood cells / mm3 of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	71
10.	White blood cells / mm3 of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	71
11.	Femoral wet weight (g) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	74
12.	Bone volume (ml) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	74
13.	Bone density (g/ml) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	75
14.	Femoral length (mm) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	77
15.	Femoral thickness (mm) of rats injected with	78

	vitamins (E, K <sub>3</sub> and C) and their mixtures	
16.	Femoral strength (N) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	78
17.	Femoral calcium (%) of rats injected with vitamins (E, K <sub>3</sub> and C) and their mixtures	80
18.	Femoral phosphorous (%) of rats injected with vitamins (E, $K_3$ and C) and their mixtures	81
19.	Mammary gland of rats in positive control (G <sub>2</sub> ) showing swelling and protrusion of the mammary tissue.	83
20.	Mammary gland of rats in positive control (G <sub>2</sub> ) showing nodular mass of tissue representing mammary gland.	84
21.	Mammary gland of rats in positive control $(G_2)$ showing mammary tumors grew rapidly with irregular and lobulated appearance of tumors (ulceration and laceration in the teat at the skin surface)	84
22.	Mammary gland of rats in negative control $(G_1)$ showing normal histological structure of the acini (a) and ducts (d). H&E X80	85
23.	Lymph gland in regional area of mammary gland of rats in negative control (G <sub>1</sub> ) showing normal histological structure of the lymphoid follicles (m). H&E X80	86
24.	Mammary gland of rats in positive control $(G_2)$ showing anaplastic acini $(d)$ as well as cystic acini with inflammatory reaction $(m)$ (adenocarcinoma). (Malignant neoplasm). H&E X16	86
25.	Mammary gland of rats in positive control $(G_2)$ showing the magnification of (Fig. 7) to identify the anaplastic acini (d) with inflammatory reaction (m) (adenocarcinoma). (Malignant neoplasm). H&E X40.	87
26.	Mammary gland of rats in positive control (G <sub>2</sub> ) showing anaplasia of the epithelial cells lining the duct, and acini (adenocarcinoma) (Malignant	

	neoplasm). H&E X.	87
27.	Mammary gland of rats in positive control (G <sub>2</sub> ) showing group of neoplastic cells replacing the mammary acini associated with irregular proliferation of fibroblastic cells (Fibro adenocarcinoma) (Malignant neoplasm). H&E X40.	88
28.	The regional lymph gland (ph) of rats in positive control ( $G_2$ ) showed sever congestion in the blood vessels (v) with lymphoid depletion H&E X 60	88
29.	Mammary gland of rats in different groups showing reduction of size of tumor: 1.untreated; 2.MNU; 3.Vit.E; 4.Vit.K <sub>3</sub> ; 5.Vit.C; 6.Vit.K <sub>3</sub> , C; 7.Vit.E, C; 8.Vit.E, K <sub>3</sub> , C.	89
30.	Mammary gland of rats treated with vitamins K <sub>3</sub> , C showing dysplasia was observed in the acini (a) and ductal lining epithelium (d) (Non-neoplastic lesions). H&E X40	90
31.	Mammary gland of rats treated with vitamins E, K <sub>3</sub> , C showing the epithelial cells lining the acini showed mild hyperplasia (Non-neoplastic lesions). H&E X40	90
32.	Mammary gland of rats treated with vitamin K <sub>3</sub> showing the epithelial cells lining the acini showed dysplasia and hyperplasia (Non-neoplastic lesions). H&E X40	91
33.	Mammary gland of rats treated with vitamin E showing the proliferation of fibrous tissues running different directions (fibroma) (benign tumor). H&E X80	91
34.	Mammary gland of rats treated with vitamin C showing hyperplasia of the alveoli with secretary activity. (Fibroma) (benign tumor). H&E X40	92
35.	Mammary gland of rats treated with vitamins E, C showing multiple alveolar ductules separated with numerous connective tissues (fibroadenoma)	02
	(benign tumor). H&E X40.	92