## Echocardiographically Estimated Pulmonary Capillary Wedge Pressure in Patients with Systemic Hypertension and Preserved Ejection Fraction

**Thesis** 

# Submitted for Partial Fulfillment of Master Degree in Internal Medicine

Presented by

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## List of Abbreviations

#### Abbrev.

á	Late diastolic wave by tissue Doppler
<b>AF</b>	Atrial fibrillation
AR	Atrial reversal flow in pulmonary veins
ASH	American Society of Hypertension
ВМІ	Body mass index
BSA	Body surface area
CAD	Coronary artery disease
CHF	Congestive heart failure
CMR	Cardiac magnetic resonance
co	Cardiac output
CVD	Cardiovascular disease
<b>D</b>	Diastolic forward Pulmonary venous velocity
DBP	Diastolic blood pressure
<b>DD</b>	Diastolic dysfunction
DM	Diabetes mellitus
dP/dt	Rate of developing pressure
DT	Deceleration time
é	Early diastolic wave by tissue Doppler
E	Early mitral flow velocity
ECG	Electrocardiography
	End diastolic volume
EF	Ejection fraction
	Hypertrophic cardiomyopathy

## List of Abbreviations (Cont.)

#### Abbrev.

HFPEF	. Heart failure with preserved ejection fraction
HR	. Heart rate
HTN	. Hypertension
IVRT	. Isovolumic relaxation time
IVS	. Interventricular septum
<b>LA</b>	.Left atrium
LAD	. Left atrial dimension
LAVI	. Left atrial volume index
LV	. Left ventricle
LVEDD	. Left ventricular end diastolic dimension
LVESD	. Left ventricular end systolic dimension
LVFP	. Left ventricular filling pressure
LVH	. Left ventricular hypertrophy
LVMI	. Left ventricular mass index
LVPW	. Left ventricular posterior wall
MI	. Myocardial infarction
MUGA	. Multi-Gated-Radionuclide Angiography
PC	. Phase-contrast
PCWP	. Pulmonary capillary wedge pressure
PFR	. Peak filling rate
PV	. Pulmonary venous
s	. Systolic forward Pulmonary venous velocity

## List of Abbreviations (Cont.)

#### Abbrev.

SBP	. Systolic blood pressure
SD	. Standard deviation
SPECT	. Single Photon emission computed tomography
SR	. Strain rate
SRivr	. Global strain rate during isovolumic relaxation
sv	. Stroke volume
<b>TDI</b>	.Tissue Doppler imaging
TEE	.Transesophageal echocardiography
TPFR	. Time to peak filling rate
<b>TTE</b>	.Transthoracic echocardiography
Vp	. Flow propagation velocity
WHO	. World health organization
β	.The exponential stiffness constant
έ	. Strain
τ	. Time constant of LV pressure decay

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#### Introduction

Systemic hypertension clearly increases the risk of systolic and/or diastolic heart failure (Gaddam et al., 2009). Left ventricular dysfunction: as an early measure of myocardial end organ damage, is commonly associated with hypertension and may well precede the development of left ventricular hypertrophy in hypertensive patients (Verma and Solomon, 2009). About half of the patients presenting with heart failure have a normal ejection fraction, a clinical syndrome that is commonly referred to as heart failure with preserved ejection fraction (HFPEF) or diastolic heart failure and is commonly associated with impaired LV relaxation and increased diastolic stiffness. Diastolic dysfunction and HFPEF are commonly associated with advancing age and hypertension. Hypertension control appears to be the most effective strategy in improving diastolic function and possibly for reducing the morbidity and mortality associated with HFPEF (Verma and Solomon, 2009).

Doppler echocardiography is widely used for the non invasive assessment of diastolic filling of the left ventricle (*Nishimura and Tajik*, 1997). Analysis of the mitral inflow velocity curve has provided useful information for determination of filling pressures and prediction of prognosis in selected patients. However, mitral flow is dependant on multiple interrelated factors, including the rate and extent of

ventricular relaxation, suction, atrial and ventricular compliance, mitral valve hemodynamics, and left atrial pressure (*Nishimura and Tajik, 1997; Choong et al., 1987*). These factors may have confounding effects on the mitral inflow; thus, It has not be been possible to determine diastolic function from the mitral flow velocity curves in many subsets of patients (*Yamamoto et al., 1997*).

Tissue Doppler imaging (TDI) of mitral annular motion has been proposed to correct for the influence of myocardial relaxation on trans-mitral flow. This has been shown to be an excellent predictor of diastolic filling in subsets of patients (Sohn et al., 1997). The ratio of early transmitral flow velocity (E) to early mitral annular diastolic velocity (é) was even used to estimate the pulmonary capillary wedge pressure, the correlation being validated against invasive catheter measurements (Ommen et al., 2000). In a prospective study design, we sought to evaluate the echocardiographically estimated pulmonary capillary wedge pressure (PCWP) in a series of hypertensive patients with preserved ejection fraction.

#### Aim of the Work

We aimed at exploring the range of the echocardiographically estimated pulmonary capillary wedge pressure in a series of hypertensive patients with preserved ejection fraction, in comparison with a normotensive group as a control.