# **Incidence of Pediatric Acute Congestive Heart Failure in Children Hospital Cairo University**

#### **Thesis**

Submitted for Partial Fulfillment of Master Degree in Pediatrics

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#### **Abstract**

Cross sectional descriptive study was conducted on cases of acute congestive heart failure (ACHF) admitted to Abu El Reesh Hospital Cairo University during a period of 6 months, Congenital cardiac abnormalities were the most common (79.5%) followed by cardiomyopathies (11%) and rheumatic heart disease (9.25%), Females represented 55.6% of cases, Doses of anti-failure medications were significantly higher in cases of cardiomyopathy than the other 2 groups, Giza government had the highest percentage of cases (24%), March had the highest incidence of admitted cases of AHF (20%).

**Key Words:** Acute congestive heart failure –Congenital heart disease – Cardiomyopathy- Rheumatic heart disease.

#### **Dedication**

#### To my great mother Salwa;

Who helped and sacrificed to me in every step of my life

#### To my wonderful father Dr. Hassan;

Who gave everything and took nothing.

#### To my beautiful mother Fefe;

For her great help and continuous support

#### To my husband Tarek;

Who gave me unlimited help, support and love

#### To my brothers Wassem & Mohammed;

Who encouraged me alot

To my lovely sisters; (Manal, Rehab, Rasha, Nada and Abeer);

Who supported and helped me a lot

#### To my sweet heart Sama & Mohammed;

The light of my life who inspired me to complete this work

To All Those I Say: جزاكم الله خيراً

WESAM

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#### **List of abbreviations**

**ABGs** Arterial blood gases

**ACC** American College of Cardiology

**ACE** Angiotensin-Converting Enzyme

**AHA** American Heart Association

**AHFS** Acute heart failure syndrome

**ALT** alanine transferase

**ANP** atrial natriuretic peptides

**ARB** Angiotensin reseptor blockers

**AS** aortic stenosis

**ASD** Atrial septal defect

**AST** asprtate transferase

**AT-II** Angiotensine-II

**AV** Atrio-ventricular

**AV canal** atrio-ventricular canal

**AVP** arginine vasopressin

**AVR** aortic valve replacement

**BAB** Beta agonist blockers

**BB** Beta blockers

**BMMNCs** Bone marrow mononuclear cells

**BNP** brain natriuretic peptides

BUN Blood urea nitrogen

**CAVC** Complete atrio-ventricular canal

**CBC** Complete blood picture

**CCF** congestive cardiac failure

**CHF** Congestive heart failure

**COA** Coarctation of aorta

**CRP** C-reactive protien

**DCM** Dilated cardiomyopathy

**DILV** Double inlet left ventricle

**DORV** Double outlet right ventricle

**EBCT** Electron beam CT

**ECM** Extracellular matrix

**ESPAP** End systolic pulmonary artery pressure

**ESR** Erythrocyte sedimentation rate

FS % Fractional shortening

**GFR** glomerular filtration rate

**HF** Heart failure

**HLA** human leukocyte antigen

ICU Intensive care unit

**IDC** Idiopathic dilated cardiomyopathy

**Ip3** inositol triphosphate

LV left ventricle

**LVAD** left ventricular assist device

LVH left ventricular hypertrophy

**LVOTO** left ventricular out flow tract obstruction

MCL mid-clavicular line

MMPs metalloproteinases

MR mitral regurgitation

MRI Magnetic Resonance Imaging

MS Mitral stenosis

**MV** mitral valve

**NE** norepinephrine

**NEP** neutral endopeptidase enzyme

**NYHA** New York heart association

PAT paroxysmal atrial tachycardia

**PDA** Patent ductus arteriosus

**PDEI** phosphodiesterase inhibitor

**PFO** Patent foramen oval

**PH** Pulmonary hypertension

PLV Partial left ventriculectomy

**PR** Pulmonary regarge

**PS** Pulmonary stenosis

**RAS** Renin-Angiotensine-Aldosteron system

**RHD** Rheumatic heart disease

SPSS Statistical Package for the Social Science

**SVT** supraventricular tachycardia

**TEE** Tran-esophageal echocardiography

**TGA** Transposition of great arteries

**TNF** Tumor necrosis factor

TNF-α tumor necrosis factor-alpha

TR Tricuspid regerge

**VAD** ventricular assist device

**VSD** ventricular septal defect

**WPW** wolff-parkinson-white

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