# An update on

# Occult Hepatitis B Virus Infection

#### An essay

Submitted for Partial Fulfillment of Master Degree in Internal Medicine

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# Acknowledgements

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Gastroentrology and Hepatology department Faculty of
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shaping my thinking.

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Lastly I'm deeply indebted to my family for their kind support and patience during this work.

Ahmed Mohamed El Meniawy

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Lastly I'm deeply indebted to **my family** for their kind support and patience during this work.

### **Finally**

I would like to welcome **Professor** +++++ at -------hospital; and No words can express my delight to have him in the discussion board,

I'm also proud to have **Professor** ++++++ in the discussion committee .**I'm sure that I will benefit much** from their comments.

# An update on

# Occult Hepatitis B Virus Infection

طبيب/ احمد محمد عبد الحميد المنياوي

### **Abstract**

occult HBV infection is a phenomenon mainly related to the intra hepatic persistence of viral cccDNA and to a strong suppression of viral replication and gene expression. In consideration of the very low levels of serum HBV DNA, its detection requires the use of highly sensitive and specific molecular biology techniques. The inhibition of HBV replication may be reversible and the occult infection may reactivate leading to acute and severe forms of classical hepatitis B, which may also occur after transmission of occult HBV by blood transfusion or organ transplantation. The long-lasting persistence of the virus in the liver may provoke a very mild but continuing necroinflammation that – if other causes of liver damage co-exist – may contribute over time to the progression of the chronic liver damage toward cirrhosis. Moreover,

occult HBV seems to maintain the pro-oncogenic properties typical of the overt infection, and in fact it is an important risk factor for HCC development.

### **Conclusion**

Occult HBV infection is a complex entity comprising many conditions and situations that may be widely different from each other both from the biological point of view and in terms of clinical consequences. These considerations imply the need for a critical re-evaluation of the large amount of available information by experts who should also establish a common definition and the best ways of increasing our knowledge on this fascinating field of biomedical research.

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### List of Abbreviations

ACAs Anticardiolipin antigens

**ALT** Alanine aminotransferase

**AST** Aspartate aminotransferase

**CAH** Chronic active hepatitis

cccDNA Covalent complete circular DNA

ER Endoplasmic reticulam

**GN** glomerulonephritis

**GSHV** Ground squirrel hepatitis virus

HBcAb Hepatitis B core antibody
HBcAg Hepatitis B core antigen

HBeAb Hepatitis B envelop antibody
HBeAg Hepatitis B envelop antigen
HBIG Hepatitis B immunoglobulin
HBsAb Hepatitis B surface antibody

HBsAg Hepatitis B surface antigen

HBV Hepatitis B virus

HCC Hepatocellular carcinoma

HCV Hepatitis C virus
HDV Hepatitis D virus

HIV Human immune deficiency virus

**HSCT** Haematopoietic stem cell transplantation

IFN Interferon
IL interlukin

MGN Membranous Glomerulonephritis

## List of Abbreviations (Cont.)

MHC Major histocompatibility complex

MPGN Membranoproliferative GN

NANB-FHF Non-A, non-B fulminant hepatic failure

NK Natural killer cell

**NUCS** Nucleotides analogues

OBI Occult Hepatitis B Infection

PAN Polyarteritis Nodosa

PBMC Peripheral blood mononuclear cells

PCR Polymerase Chain Reaction

Pg RNA Pregenomic RNA

Th 1 Thelper cell

TNF Tumor necrosis factor

**ULN** Upper limit normal

WHV Woodchuck hepatitis virus

 $\alpha FP$   $\alpha$ -feto protein

### الملخص العربي

الالتهاب الكبدى الفيروسى ب الخفى هو عبارة عن مشكله طبيه متعلقه باستمرار وجود الحمض النووى الخاص بالفيروس داخل خلايا الكبد مع عمليه تثبيط لتكاثر الفيروس و اخفاؤة . و لان معدلات وجود الفيروس قى الدم ضعيفة جدا, فان اكتشافه يحتاج لاستخدام وسائل التكنولوجيا البيلوجيه عاليه الدقه و الحساسيه.

وتثبيط عمليه تكاثر الفيروس الكبدى الوبائى ب من الممكن ان تتوقف فجاة ويعاد تتشيط عمليه التكاثر مما قد يؤدى الى صور مختلفه من الالتهاب الكبدى الفيروسى ب الحاد والذى قد يحدث ايضا نتيجه نقل دم من متبرع يعانى من الالتهاب الكبدى الفيروسى ب الخفى او عن طريق عمليه زرع لاحد اعضاء الجسم من متبرع يعانى من الالتهاب الكبدى الفيروسى ب الخفى.

ولاستمراریه وجود الفیروس فی الکبد ,قد یؤدی الی التهاب فی خلایا الکبد والذی قد یکون بدرجه ضعیفه و لکن بشکل مستمر و لفترات طویله, وبالتالی قد یؤدی فی النهایه الی تلیف فی الکبد .

و الالتهاب الكبدى الفيروسى ب الخفى يحتفظ بنفس خصائص الالتهاب الكبدى الفيروسى ب فيما يتعلق بقدرته على احداث اورام الكبد. والحقيقه ان الالتهاب الكبدى الفيروسى ب الخفى يعتبر من اهم الاسباب فى حدوث اورام الكبد.

و لهذا فان الاطباء يجب ان ياخذوا في الاعتبار وجود الالتهاب الكبدى الفيروسي ب الخفي في العديد من المرضى مثل الذبن يعانوا من ضعف شديد في جهاز المناعه لاسباب مختلفه او المرضى الذبن يعانوا من تليف كبدى والذبن قد

يتعرضوا لنشاط مفاجئ للفيروس قد يؤدى الى التهاب كبدى حاد او الى اورام الكبد على المدى البعيد.

و الالتهاب الكبدى الفيروسى ب الخفى هو مشكله طبيه معقدة تتضمن العديد من الحقائق الطبيه التى قد تتباين من الناحيه البيلوجيه و الناحيه الاكلينيكيه و لهذا فان الحاجه ملحه لعمليه اعادة تقييم لكل هذا الكم من المعلومات عن طريق خبراء يستطيعوا ان يضعوا تعريفا دقيقا و شامل والوسائل الامثل لمواجهه هذه المشكله المهمه.

# الجديد في ما يخص الالتهاب الكبدي الفيروسي ب الخفي

رسالة

توطئة للحصول على درجة الماجستير في الأمراض الباطنية

مقدمة من

الطبيب/ احمد محمد عبد الحميد المنياوي

بكالوريوس الطب والجراحة

### تحت إشراف

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> Faculty of Medicine Ain Shams University 2010

Hepatitis B virus (HBV) infection is a major global health problem and has a worldwide distribution. This virus is transmitted through percutaneous or parenteral contact with infected blood, body fluids, and by intercourse HBV may be the cause of up to 80% of all cases of hepatocellular carcinoma worldwide, second only to tobacco among known human carcinogens

The epidemiology of HBV infection varies greatly worldwide. The HB carrier rate ranges from 8% to 20% in highly endemic areas such a Southeast Asia, China, and Africa to less than 2% in North America, western Europe, and Australia. In highly endemic areas, spread of HBV infection is mostly the result of maternal—infant transmission (vertical), while the use of reusable syringes and injectable drugs, and sexual spread, are also important. In contrast, sexual activity and injectable drug use account for most HBV cases in low endemic areas. However, even in low endemic areas, HBV infection is present in a substantial number of immigrants from highly endemic areas. Other less common risk factors for HBV transmission include occupational exposure, hemodialysis, acupuncture, household contact, and the receipt of infected organs or blood products

The prevalence of HBV infection varies in different geographical areas. In low prevalence areas such as the United States, western Europe, Australia and New Zealand, HBsAg carrier rate is approximately 0.1% to 2%. In intermediate prevalence areas like the Mediterranean countries, Japan, India and Singapore, the carrier rate is approximately 3% to 5%. In high prevalence areas such as Southeast Asia and sub-Saharan Africa, the carrier rate is 10% to 20%.