# Assessment of Endothelial Dysfunction In Idiopathic Pulmonary Fibrosis

#### **Thesis**

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CONTENTS	Page
Introduction	1
Aim of the Work	3
Abstract	
Review of Literature	
Chapter (1): Idiopathic Pulmonary Fibrosis	
Definition and risk factors of Idiopathic pulmonary fibrosis	4- 5
Pathogenesis of Idiopathic Pulmonary Fibrosis	8
Pathophysiology of Idiopathic Pulmonary Fibrosis	23
Diagnosis of Idiopathic Pulmonary Fibrosis	30
Complications and prognosis of Idiopathic Pulmonary  Treatment of Idiopathic Pulmonary Fibrosis	40-42 43
Chapter (2): Endothelial Dysfunction  Mechanisms of Blood Vessel Formation	56
	59-60
Anatomy &Function of pulmonary endothelium  Endothelium in pulmonary hypertension	61
Endothelium and inflammation	69
Endothelial Dysfunction and Hypercoagulability	71
Pulmonary Cell Apoptosis and Pulmonary Fibrosis	72 74
Chapter (3): Flow mediated dilatation for Investigating Endothelial Dysfunction	
Methods for the assessment of the endothelial function	75
Mechanisms of FMD	<b>76</b>
Subjects & Methods	80
Results	90
Discussion	103
Summary & Conclusions	116
Recommendations	121
References	123
Arabic Summary	

# **List of Tables**

Tables	Review	<b>Pages</b>
1	Usual interstitial pneumonia HRCT scoring system.	33
2	ATS/ERS criteria for diagnosis of IPF in absence of surgical lung	38
3	biopsy.  Treatment recommendations for IPF.	54
4	Assessing response to therapy.	54
	Results	
1	Sex distribution among the study groups.	91
2	Demographic data in the study groups.	92
3	Smoking prevalence among the study groups.	93
4	Statistical comparison of ABG parameters between subgroup I and subgroup II.	94
5	Statistical comparison of PFTs parameters between the subgroup I and subgroup II.	95
6	Statistical comparison of 6MWD between subgroup I and subgroup II.	96
7	Statistical comparison of $BAD_{basal}$ between the target population and control group.	97
8	Statistical comparison of $BAD_{FMD}$ between the target population and control group.	98
9	Statistical comparison of Baseline ERD between the target population and control group.	99
10	Correlation between EPSP and brachial artery diameter BAD <sub>basal</sub> , BAD <sub>FMD</sub> &ERD among patients with IPF.	100
11	Correlation between brachial artery diameter BAD <sub>basal</sub> and	100
	BAD <sub>FMD</sub> among patients with IPF.	
12	Correlation between ERD and brachial artery diameter BAD <sub>basal</sub>	101
13	and BAD <sub>FMD</sub> among patients with IPF.	
1.4	Statistical comparison of BAD <sub>basal</sub> between study groups.	101
14	Statistical comparison of BAD <sub>FMD</sub> between study groups.	102
15	Statistical comparison of ERD between study groups.	102

# **List of Figures**

Figure	Review	<b>Pages</b>
1	The Interrelationship of angiogenic and angiostatic chemokines with other factors in the regulation of angiogenesis/vascular remodeling that is important to chronic fibroproliferative disorders.	13
2	The angiogenesis: cascade of events.	15
3	Overview of some of the key pathogenetic mechanisms in UIP/IPF.	22
4	High-resolution computed tomography (HRCT) images demonstrating usual interstitial pneumonia (UIP) pattern and possible UIP pattern.	32
5	The endothelium and vasodilator/antiproliferative pathways.	66
6	Mechanistic role of endothelial dysfunction in PH and pulmonary vascular remodeling.	70
7	The genesis of FMD in response to different changes in shear stress.	79
	Subject and Method	
8	The image shows the experimental set-up for assessing flow-mediated dilation of the brachial artery.	85
9	Determination of flow-mediated dilation and reactive hyperemia by brachial artery ultrasound.	87
10	The Representative flow-mediated response of brachial artery (forearm occlusion).	88
	Results	
1	Bar char representing sex prevalence in IPF patients in comparison with controls.	91
2	Bar char representing sex prevalence in the study groups.	91
3	Bar char representing prevalence of Smoking in the study groups.	93
4	Bar char representing a Comparison between subgroup 1 and subgroup 2 as regard mean value of $PaO_2 \& SaO_2$ .	94
5	Bar char representing a Comparison between subgroup 1 and subgroup 2 as regard mean value of FVC & FVC/FEV1.	95
6	Bar char representing a Comparison between subgroup 1 and subgroup 2 as regard mean value of 6MWD.	96
7	Bar char representing a Comparison between study groups as regard mean value of $BAD_{basal}$ .	97
8	Bar char representing a Comparison between study groups as regard mean value of $BAD_{FMD}$ .	98

# **List of Abbreviations**

**5-LO** 5 Lipoxygenase

**FLAP** 5 Lipoxygenase activating protein

**α-Pl** Alpha-1 proteinase inhibitor

**6MWD** 6 minutes walk distance

**6MWT** 6 minutes walk test

**ABG** Arterial blood gases

**ACEI** Angiotensin converting enzyme inhibitors

**AECs** Alveolar epithelial cells

AIP Acute interstitial pneumonia

**ALK** Activin- like kinase

Latin American Thoracic Association Statement

**AM** Adrenomedullin

AMP Adenosine monophosphaste

**AP-1** Activated protein-1

ARDS Acute Respiratory Distress Syndrome

AT II Alveolar type II cells

ATP Adenosine Triphosphate

**ATS** American Thoracic Society

**AZA** Azathioprine

**BAD** brachial artery diameter

**BAD**<sub>basal</sub> brachial artery diameter at rest

**BAD**<sub>FMD</sub> brachial artery diameter follow mediated dilatation

BAL Bronchoalveolar lavage

**bFGF** basic fibroblast growth factor

BH4 Tetrahydrobiopterin	
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Bone morphogenic protein receptor - 2

Cyclic AMP Cyclic adenosine monophosphate

**Cyclic GMP** cyclic guanosine monophosphate

**CD** Cluster of differentiation

**CMV** Cytomegalovirus

**CO2** Carbone Dioxide

**CP** Cyclophosphamide

**CPET** Cardiopulmonary exercise testing

**CT** Computed tomography

**CTGF** Connective tissue growth factor

**CXC** Chemokines

**CXCL** Chemokine linked

**CXCR** Chemokine receptor

**DAD** Diffuse alveolar damage.

**DBL** baseline diameter of brachial artery

**Dend** diameter change of brachial artery at the end of the post

cuff deflation period

Desquamative interstitial pneumonia

**DLCO** Diffusing capacity for carbon monoxide

**DLCO/VA** Diffusing capacity for carbon monoxide corrected to the

alveolar volume

**Dmax** maximum diameter of brachial artery after cuff release.

Deoxy ribonucleic acid

**DPLD** Diffuse parenchymal lung diseases

**DTPA** 99Tc-diethylenetriamine penta acetate

**EBV** Epstein Barr virus

ECs	Endothelial Cell
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**ECM** Extracellular matrix

**EDHF** Endothelium-derived hyperpolarizing factor

**EF** Endothelial function

**ELF** Epithelial lining fluid

**ENA-78** Epithelial neutrophil activating protein-78

**eNOS** Endothelial NO synthase

**EPAP** Estimated pulmonary artery pressure

**ERD** Endothelial reactive dilatation

**ERS** European Respiratory Society

**ET-1** Endothelin-1

**ETA** Endothelin receptor A

Endothelin receptor B

**FEF** Forced expiratory flow

**FEV1** Forced expiratory volume in 1<sup>st</sup> second

**FF** Fibroblastic foci

**FGF** Fibroblast growth factor

Flow-mediated vasodilatation

Familial pulmonary fibrosis

**FRC** Functional residual capacity

**FS** Fibrosis score

**FVC** Forced Vital Capacity

**Gamma-GCS** Gamma glutamyl cysteine synthetase

**GCP** Granulocyte chemotactic protein

**GERD** Gastroesophageal reflux disease

**GGO** Ground glass opacity

GGS	Ground glass score
-----	--------------------

**GM-CSF** Granulocyte monocyte colony stimulating factor

**GMP** Guanosine monophosphate

**GROs** Growth related genes

**GTP** Guanosine Triphosphate

H hour(s)

**HB-EGF** Heparin binding EGF

**HC** Honeycombing

**HCV** Hepatitis C virus

**HGF** Hepatocyte growth factor

**HIF** Hypoxia inducible factor

Human immunodeficiency virus

**HRCT** High resolution computed tomography

**hTERT** Telomerase reverse transcriptase

Intercellular adhesion molecule

Inhibitor of differentiation 1

IIPs Idiopathic interstitial pneumonias

**ILs** Interleukins

**ILD** Interstitial lung diseases

**INF** Interferon

**IP-10** Interferon gamma inducible protein 10

**IPAH** Idiopathic pulmonary arterial hypertension

**IPF** Idiopathic pulmonary fibrosis

**IFN**-γ-inducible T-cell a chemoattractant

Japanese Respiratory Society

Kg Kilogram

calcium-activated potassium channel

Leane body weight

Laser Doppler Imaging	LDI	Laser Doppler	'Imaging
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**LTs** Leukotrienes

**m** meter

mm millimeter

MCP-1 Monocyte chemoattractant protein-1

Mg milligram

MHz Mega hertz

**MIG** Monokine induced by IFN-γ

**Min** minute (s)

MIP Macrophage inflammatory protein

mm Hg millimeters of mercury pressure

MMPs Matrix Metalloproteinases

MMRC Modified Medical Research Council

**mPAP** Mean pulmonary arterial pressure

NAP-2 Neutrophil activating protein-2

NF-κB Nuclear factor kappa B

(NK) cells Natural killer Cells

NO Nitric oxide

NSIP Nonspecific interstitial pneumonia

O2 Oxygen

OSA Obstructive sleep apnea

alpha-proteinase inhibitor

P(A-a) O<sub>2</sub> Alveolar arterial oxygen difference

P2 Pulmonary component of second heart sound

PaCO<sub>2</sub> Partial pressure of arterial carbon dioxide

PAD Peripheral artery disease.

PAH Pulmonary arterial hypertension

**PAECs** pulmonary artery Ecs

PAI	Plasminogen activator inhibitor
PaO <sub>2</sub>	Partial pressure of arterial oxygen
PASP	Pulmonary artery systolic pressure
PCWP	Pulmonary Capillary Wedge Pressure
PDEI	Phosphodiesterase inhibitor
PDGF	Platelet derived growth factor
PEDF	Pigment epithelium-derived factor
PET	Positron emission tomography
PF	Platelet factor
PFTs	Pulmonary function tests
PGs	Prostaglandins
PH	Pulmonary hypertension
PMNs	Polymorph nuclear neutrophils
PPH	Primary Pulmonary hypertension
P-value	Probability value
PVR	Pulmonary vascular resistance
REM	Rapid eye movement
RONS	Reactive Oxygen and Nitrogen Species
ROS	Reactive oxygen species
RPM	Rapamycin
RV	Residual volume
RVSP	Right ventricular systolic pressure
S	Second(s)
<b>S3</b>	Third heart sound
SaO <sub>2</sub>	Arterial oxygen saturation
SLPI	Secretory leukoprotease inhibitor
SMCs	Smooth Muscles

SP	Surfactant protein
	•
SPAP	Systolic pulmonary artery pressure
TBLB	Transbronchial lung biopsy
TDI	Tissue Doppler imaging.
TGF	Transforming growth factor
Th-1	T-helper cell type 1 lymphocytes
Th-2	T-helper cell type 2 lymphocytes
TIMPs	Tissue inhibitors of matrix metalloproteinases
TLC	Total lung capacity
TNF-α	Tumor necrosis factor alpha
TTE	Transthoracic echocardiography
UIP	Usual interstitial pneumonia
V <sup>·</sup> max	The maximal expiratory flow rate
V/Q	Ventilation perfusion ratio
V <sub>A</sub>	Alveolar volume
VC	Vital Capasity
<b>V</b> D	Dead space volume
VEGF	Vascular endothelial growth factor
VIP	Vasoactive intestinal peptide
VOP	Venous Occlusion Plethysmography
VT	Tidal volume
VSMCs	vascular smooth muscle cells
vWF	von Willebrand factor
XOR	Xanthine oxidoreductase

#### **Abstract**

**Background:** IPF is defined as a specific form of chronic fibrosing interstitial pneumonia limited to the lung, with the histopathology of UIP on surgical lung biopsy. Pulmonary hypertension (PH) is frequently seen in patients with IPF and is commonly attributed to hypoxic vasoconstriction and capillary destruction. Pathology findings include endothelial proliferation and medial hypertrophy that exceed those expected in the setting of hypoxia. PH in patients with IPF is associated with decreased exercise capacity and worse survival (Patel et al., 2007). The endothelium of the bronchial circulation shares characteristic features of other systemic vascular beds. Namely, leukocyte recruitment and vascular leak occur at postcapillary sites, and there is a vigorous angiogenesis response to tissue ischemia. This is in direct contrast to the pulmonary vasculature. both bronchial endothelium and pulmonary endothelium are exposed to mechanical stress imposed by lung ventilation (Wagner, 2009). Together these findings support the notions that under ischemic and/or hypoxic conditions, ELR<sup>+</sup> CXC chemokines are involved in promoting angiogenesis in the lung and that both the bronchial and pulmonary circulations of the lung are important in promoting vascular remodeling (Strieter et al., 2007).

**Aim of the work:** to assess the prevalence of endothelial dysfunction in patients with Idiopathic Pulmonary Fibrosis and its correlation with pulmonary hypertension.

**Subjects and methods:** the study included two groups; target population and control group. The target population subdivided in to 2 subgroups included 30 IPF patients: Subgroup I (15 IPF cases) with pulmonary artery hypertension; Subgroup II (15 IPF cases) without pulmonary artery hypertension. The control group included 10 normal healthy individuals. They were subjected to written informed consent, demographic data acquisition, detailed history taking, thorough clinical examination, collagen profile, ABG (PaO<sub>2</sub>, SaO<sub>2)</sub>, PFTs (spirometry), 6MWT, HRCT chest scan, echocardiography, and brachial artery duplex to assess endothelial dysfunction.

**Results:** Subgroup (I) & Subgroup (II) showed a statistically highly significant difference in  $BAD_{FMD}$  and ERD compared to the control group. Whereas,  $BAD_{basal}$ ,  $BAD_{FMD}$  and ERD were affected in both Subgroup (I) and Subgroup (II), But with no statistically significant difference. EPSP was correlating indirectly with  $BAD_{basal}$  and  $BAD_{FMD}$  whereas EPSP was correlating directly with ERD, but these relations were found to be statistically insignificant.

**Conclusion:** This work concluded that BAD<sub>FMD</sub> &ERD more affected in IPF patients regardless PAH presence or absence than normal population.

*Key words:* IPF, brachial artery flow mediated dilatation, estimated pulmonary artery systolic pressure, ERD.