USEFULNESS OF SPINE NAVIGATION IN TRANSPEDICULAR SCREW PLACEMENT VERSUS THE CONVENTIONAL SURGERY

Thesis

Submitted for the partial fulfillment of The M.D. Degree (M.Sc.) in

NEUROSURGERY

By

Mahmoud Al-Sayed Yousif

(M.B.; B.Ch.; M.Sc., Cairo University)

Under the supervision of

PROF. DR. MUSTAFA WAGIH KOTB

Professor of Neurosurgery; Faculty of Medicine; Cairo University

PROF. DR. HELMY ABD EL-HALIEM EL-DESOUKY

Professor of Neurosurgery, Faculty of Medicine, Cairo University

PROF. DR. SHERIF GAMAL EL DEEN AL-MEKKAWY

Professor of Neurosurgery, Faculty of Medicine, Cairo University

DR. BASEM MOHAMED AYOUB

Assistant Professor of Neurosurgery Faculty of Medicine, Cairo University

FACULTY OF MEDICINE CAIRO UNIVERSITY 2012

بسم الله الرحمن الرحيم

ACKNOWLEDGEMENT

I wish to thank our Professor Dr. MUSTAFA KOTB, Professor of Neurosurgery, Faculty of Medicine, Cairo University; who honored me by carrying out the burden of meticulously revising my script and guiding my thoughts.

I am also profoundly grateful to Professor Dr. **HELMY ABD EL-HALIEM**, Professor of Neurosurgery, Faculty of Medicine, Cairo University, for his brotherly guidance and enormous support that was a great help to me.

My greatest gratitude to Prof. Dr. Sherif Al-Mekkawy, Professor of Neurosurgery, and Dr. Basem Ayoub, Assistant Professor of Neurosurgery, Faculty of Medicine, Cairo University, for their great efforts and continuous support to make this study most scientific and most beneficial.

TO MY LATE MOTHER, MY GREAT FATHER, MY WIFE

&

MY SON ABDALLAH

CONTENTS

Page
• INTRODUCTION 1
• AIM OF THE WORK 3
• REVIEW OF LITERATURE 4
o Anatomy of the Spine 4
 Free Hand (conventional) Technique of Pedicle Screw Placement 26
o Image Guided Neurosurgery (Pedicle Screw Placement Using Navigation)
PATIENTS AND METHODS 85
• RESULTS 101
• CASE PRESENTATION
• DISCUSSION
• SUMMARY & CONCLUSION
• REFERENCES
• ARABIC SUMMARY 169

LIST OF FIGURES

No.	Title	Page
1	Lateral view showing the cervical, thoracic, lumbar and sacral regions. Also notice the cervical and lumbar lordoses and the thoracic and sacral kyphoses	6
2	Anatomy of a typical cervical spine	7
3	Drawing showing the pedicles and nerve roots (A) and diagrams indicating the measurements (B). PW, pedicle width;	11
4	Thoracic vertebrae	12
5	Lumbar vertebrae	14
6	Method of measurements	21
7	Plain x ray shows spondylolisthesis of 15-s1 level (lateral view)	29
8	MRI of lumbosacral spine showing spondylolisthesis of 14-5 level	29
9	Plain x ray showing scoliosis (AP view)	30
10	Picture showing Prone Position	32
11	Picture showing how to take bone graft from iliac crest	33
12	Picture showing the incision	35
13	(Left) Muscles surrounding the spine are pulled back to expose the bone. (Right) After a decompression, bone graft material and screws are placed along the sides of the vertebrae	35
14	Axial MR images show susceptibility artifacts of varying severity	37
15	Picture showing fusion using rods and screws	38
16	Picture showing fusion using plates and screws	39

No.	Title	Page
17	Photographs of the operation procedure for inserting transpedicular screws with the novel cannulated polyaxial screw system	41
18	Radiographic images of the process of inserting the transpedicular screw with the cannulated poly-axial screw system into spinal vertebra L4	42
19	Back and side views of posterolateral fusion with screws	44
20	Incision after closure	45
21	Schematic representation of acoustical triangulation	57
22	Schematic representation of the three most popular neuronavigation techniques	60
23	Schematic representation of patient-to-image registration procedures using point-pair matching.	64
24	Intraoperative tool set	82
25	Intraoperative use of pre-calibrated awl	83
26	Neuronavigator system used: KOLIBRI 2.0 platform with iPlan© Spine Planning Software	90
27	Intraoperative used tools	92
28	Intraoperative land marking	93
29	Navigation and non-navigation ratio	101
30	Superior pedicle breaching	108
31	Inferior pedicle breaching	109
32	Medial pedicle breaching	110
33	Lateral pedicle breaching	111
34	Anterior breaching	112

LIST OF TABLES

No.	Title	Page
1	The steps a typical neuronavigation procedure goes through procedural step description	67
2	Error sources associated with neuronavigation, grouped into four categories	68
3	How to scan spinal CT data for Brain LAB Navigation applications	77
4	MRI brain LAB protocol	78
5	Clinical outcome	102
6	Fusion grading in the series	103
7	Grading of low back pain	103
8	Postoperative grading of low back pain	104
9	Grading of Leg Pain	104
10	Postoperative grading of leg pain	105
11	Grading of neurogenic claudications	105
12	Postoperative grading of neurogenic claudication	106
13	Clinicoradiological Results of Pedicle Screws in the Study Groups	114

ABSTRACT

The study aims at comparing the screw placement using the navigation and conventional free hand technique

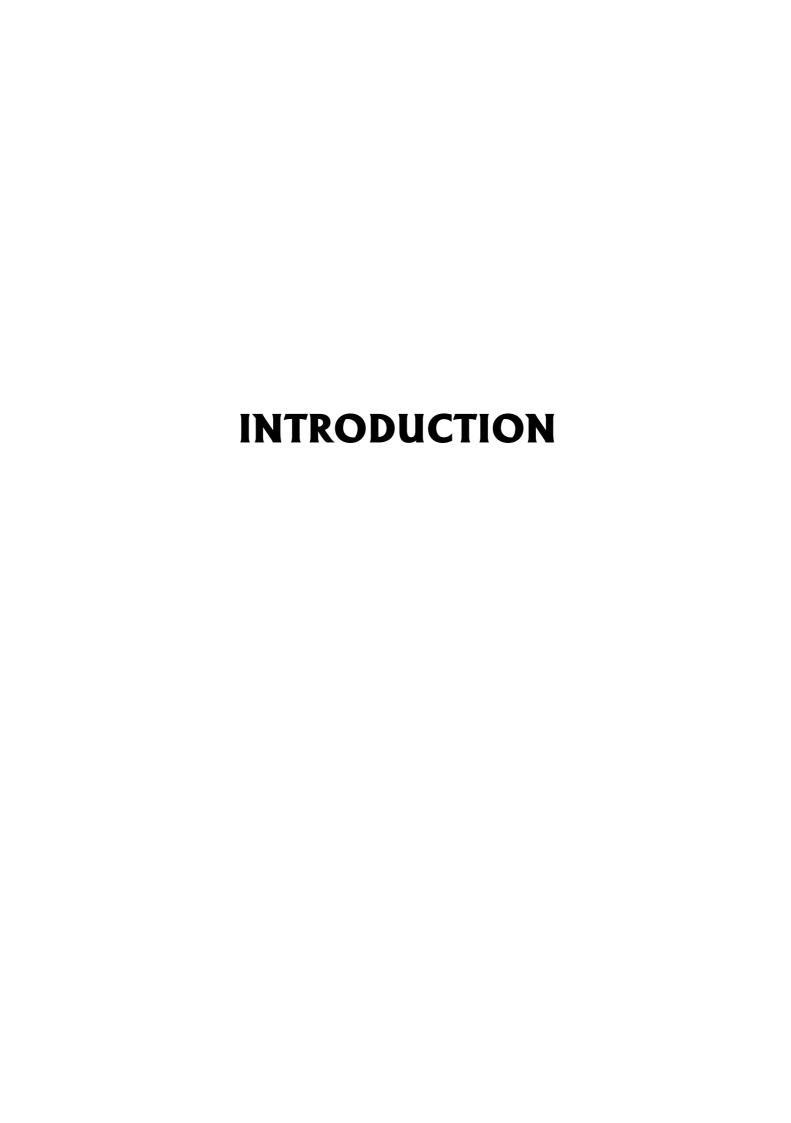
The study is based on the radiological and clinical follow up of 20 patients indicated for fixation with different pathologies for 6 months to detect the clinical, radiological and functional outcomes. It was found that neuronavigation is superior to the free hand technique in screw placement especially in the thoracic region because of the anatomical considerations related to the pedicle and the spinal canal relationship.

Keywords:

Neuronavigation

Transpedicular screws

Free hand technique



INTRODUCTION

Use of pedicle screw systems for spinal stabilization has become increasingly common in spine surgery. A variety of pedicle screw systems have been described and new anatomical landmarks of screw placement (**Cortet et al., 1999**).

The first descriptions of the use of bone screws to obtain internal spinal fixation at the time of fusion were by Tourney in 1943 and King in 1944. Boucher in 1959 was the first to use pedicle screws. Roy-Camille was the first to use pedicle screws connected to a dorsal plate (Chetan et al., 2002).

Since pedicle screws traverse all three columns of the vertebrae, they can rigidly stabilize both the ventral and dorsal aspects of the spine. The pedicle also represents the strongest point of attachment of the spine and thus significant forces can be applied to the spine without failure of the bone-metal junction. Furthermore, the rigidity of pedicle fixation allows for the incorporation of fewer normal motion segments in order to achieve stabilization of an abnormal level (**Jean Jacques et al.**, **2008**).

The principle indications for pedicle fixation are existing painful spinal instability as in post-laminectomy spondylolisthesis and painful pseudoarthrosis, potential instability as in spinal stenosis and degenerative scoliosis, unstable fractures and in stabilizing spinal osteotomies and contraindicated in spinal infections, Laminectomies that will not cause instability and Fusions which are normally successful without fixation (**Deramond et al., 1998**).

Safety concerns on the violation of the spinal canal leading to potential harm to vascular, neural and other vital structures have been encouraging surgeons to improve the accuracy of pedicle screw placement by trying various approach (Nai-Feag et al., 2009).

The reported pedicle screws misplacement in historical spinal literature can be as high as 20-39.8%, but only a small number leads to complications (neurological, vascular or visceral injuries). But these complications can be potentially life and limb threatening (**Rajeev Verma et al., 2010**).

The inaccuracies of pedicle screw placement are many, as misplacement rates of up to 30% in the lumbar spine and up to 55% in the thoracic spine have been reported. Different techniques of pedicle screw placement have been described in the past. However, none of these techniques reduced the incidence of misplacement (**Thorsten Tjardes et al., 2010**).

Image-guided spinal navigation is a computer-based surgical technology that was originally developed to improve a spine surgeon's orientation to the unexposed anatomy during complex spinal procedures (J. Romero et al., 1994).

It allows for the intraoperative manipulation of multiplanar CT scans, which can be oriented to any selected point in the surgical field. Although it is not an intraoperative imaging device, it provides the spine surgeon with superior imaging data compared with conventional intraoperative imaging technology (Martin et al., 1999).

AIM OF THE WORK

AIM OF THE WORK

A non-randomized comparative study, comparing the accuracy of pedicle screw placement and the safety offered to the surrounding structure during screw placement using spine navigation and screw placement using the conventional surgery and postoperative assessment using CT scan.

REVIEW OF LITERATURE