

# **COMPARISON STUDY BETWEEN MINIMALLY INVASIVE ELASTIC STABLE INTRAMEDULLARY NAILING AND PLATE FIXATION TECHNIQUES OF THE MIDSHAFT CLAVICLE FRACTURES**

**Thesis submitted in the fulfillment of the M.D degree in orthopedic surgery**

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STABLE INTRAMEDULLARY NAILING AND PLATE FIXATION  
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## **Abstract**

The goal of treatment of midshaft clavicle fractures are to reduce pain, restore function improve quality of life. Both the plating and intramedullary titanium elastic nails fixation techniques are equally effective alternatives for surgical fixation of displaced midshaft clavicular fractures however both have their limitations, so when deciding on the appropriate management strategy for an individual patient ,must be follow general considerations.

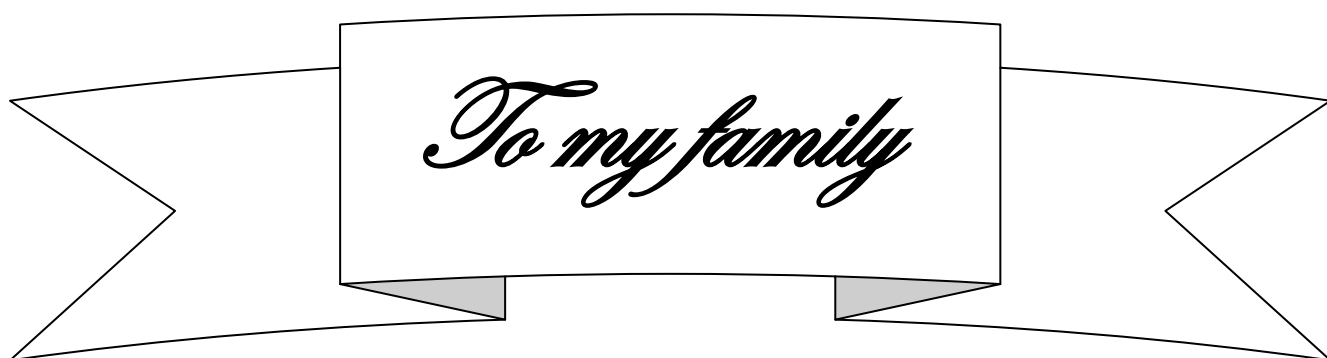
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# **AIM OF THE WORK**

### **Aim of the work**

To study the operative fixation techniques and the functional results after using minimally invasive elastic stable intramedullary nailing (ESIN) compared to plate fixation techniques in the midshaft clavicle fractures.

## **List of abbreviation**

<b>Abbreviations</b>	<b>words</b>
<	Less than
>	More than
&	And
=	Same
AO	Arbeitsgemeinschaft für osteosynthesefragen
Bl	Bilateral
DASH	Disabilities of the arm, shoulder and hand
DCP	Dynamic compression plate
Df	degree of freedom
EIN	Elastic intramedullary nail
ESIN	Elastic stable intramedullary nailing
F	Female
FD	Fall down
FIN	Flexible intramedullary nailing
FIN	Flexible intramedullary nailing
IM	Intramedullary
LCDC	Limited contact dynamic compression plate
Lt	Left
M	Male
MTB	Metatarsal bone
N	Nailing
OT	Operation
OTA	Orthopedic and trauma association
P	Plating
Rt	Right
RTA	Road traffic accidents
SD	Standard deviation
TEN	Titanium elastic nail
Ti	Titanium

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