

# A STUDY OF SERUM ANGIOPOIETIN-1 IN DIABETIC NEPHROPATHY PATIENTS

## Chesis

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## Master Degree of Internal Medicine

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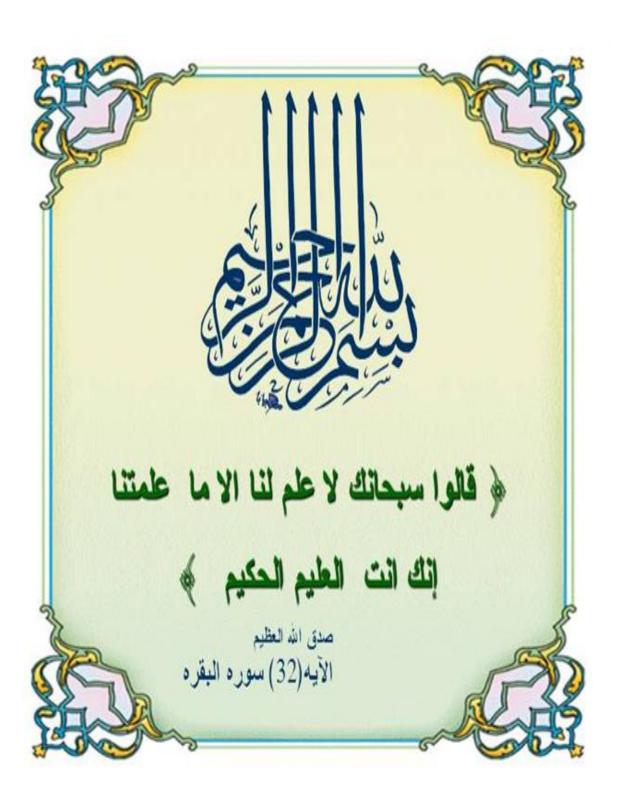
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# CONTENTS

Chapter	Page
Acknowledgement	I
List of contents	II
List of tables	III
List of figures	IV
List of abbreviations	V
1. Introduction	1
2. Aim of the work	3
3. Chapter 1 (Diabetes Mellitus)	4
4. Chapter 2 (Diabetic nephropathy)	18
5. Chpter 3 (Angiopoietins)	60
6. Subjects and Methods	80
7. Results	89
8. Discussion	105
9. Summary and Conclusion	111
10. Recommendations	116
11. Rferences	117
12. Arabic summary	152

## List of Tables

Table		Page		
Table (I)	Advantages and Disadvantages of Screening Tests for Diabetes (Sacks, 2011).			
Table (II)	materials provided with Ang-1 ELISA kits by Glory Science Co., Ltd, USA			
Table (1)	Descriptive data of the four studied groups			
Table (2)	Comparison between microalbuminuria group and control group as regards all parameters.			
Table (3)	Comparison between macroalbuminuria group and control group as regards all parameters.	98		
Table (4)	Comparison between normoalbuminuria group and control group as regards all parameters.	99		
Table (5)	Comparison between the studied groups as regards age (years)			
Table (6)	Comparison between the studied groups as regards sex			
Table (7)	Comparison between the studied groups as regards body weight (Kg)			
Table (8)	Comparison between the studied groups as regards type of diabetes			
Table (9)	Comparison between the studied groups as regards urine albumin/creatinine ratio (mg/g)			
<b>Table</b> (10)	Comparison between the studied groups as regards serum creatinine (mg/dl)			
<b>Table</b> (11)	Comparison between the studied groups as regards serum angiopoietin 1 (pg/ml)			
<b>Table</b> (12)	Comparison between the studied groups as regards eGFR $(ml/min/1.73mm^2)$	104		
<b>Table (13)</b>	Correlation between angiopoietin 1 and the other parameters in the studied patients	105		
Table (14)	Predictive value of serum Angiopoietin 1 in diagnosis of albuminuria			

# List of Figures

Figure		Page	
Figure (I)	schematic model of the angiopoietin/Tie2 ligand receptor system.		
Figure (1)	Comparison between the studied groups as regards age (years).		
Figure (2)	Comparison between the studied groups as regards sex.		
Figure (3)	Comparison between the studied groups as regards body weight (Kg).	106	
Figure (4)	Comparison between the studied groups as regards type of diabetes.	107	
Figure (5)	Comparison between the studied groups as regards urine albumin/creatinine ratio (mg/g).	108	
Figure (6)	Comparison between the studied groups as regards serum creatinine (mg/dl).	109	
Figure (7)	Comparison between the studied groups as regards serum angiopoietin 1 (pg/ml).	110	
Figure (8)	Comparison between the studied groups as regards eGFR (ml/min/1.73mm <sup>2</sup> )	111	
Figure (9)	<b>igure (9)</b> Correlation between angiopoietin 1 and urine albumin/ creatinine ratio in the studied patients.		
Figure (10)	Correlation between angiopoietin 1 and serum creatinine in the studied patients.	113	
Figure (11)	ROC curve of serum Angiopoietin 1 in diagnosis of albuminuria.	114	

# List of Abbreviations

**ACE** : Angiotensin Converting Enzyme

**ACR** : Albumin Creatinin Ratio

**ADA** : American Diabetes Association

**AER** : Albumin Excretion Rate

**AGE** : Advanced Glycosylation End Products

**AKI** Acute kidney Injury **AKt** Protein Kinase-B Angiopoietin Ang Ang II Angiotensin 2 Ang-1 Angiopoietin-1 Ang-2 Angiopoietin-2 Angiopoietin-3 Ang-3 Angiopoietin-4 Ang-4

AR pathwayAldose Reductase pathwayARBsAngiotensin Receptors Blockers

BMI : Body Mass Index
BP : Blood Pressuse

CAD : Coronary Artery DiseaseCHF : Congestive Heart FailureCKD : Chronic Kidney Disease

COMP-Ang1 : Cartilage Oligomeric Matrix Protein-Angiopoietin-1

Cr.Cl : Creatinine Clearance CsA : Cyclosporine-A

CSMO : Clinically Significant Diabetic Macular Oedema

**CV** : Cardiovascular

**CVD** : Cardiovascular Disease

**DCCT** : Diabetes Control and Complications Trial

**DKA** : Diabetic Keto Acidosis

DM : Diabetes mellitus
 DN : Diabetic Nephropathy
 DNA : Deoxyribonuclic Acid
 DR : Diabetic Retinopathy
 EC : Endothelial Cell

**ECAM-1** : Endothelial cell Adhesion Molecule-1

**ECM** : Extracellular Matrix

**EGF** : Endothelial Growth Factor

eGFR : Estimated Glomerular Filtration RateELISA : Enzyme Linked Immunosorbent Assay

**ESRD** : End Stage Renal Disease

**ESRF** : End Stage Renal Failure

**FDA** : Food And Drug Administration

**FHDM** : Family History Of Diabetes Mellitus

**FKHR** : Forkhead In Rhabdomyosarcoma

**FPG** : Fasting Plasma Glucose

GBM : Glomerular Basement MembraneGDM : Gestational Diabetes MellitusGFR : Glomerular Filtration Rate

**GSH** : Glutathione **Hb** : Hemoglobin

HbA1cHDLHigh Density LipoproteinsHNFHepatocyte nuclear factor

**HUVECs** : Human Umbilical Vein Endothelial Cells

ICAM-1 : Intercellular Adhesion Molecule-1IDDM : Insulin Dependent Diabetes Mellitus

**IFTA** : Interstitial Fibrosis And Tubular Atrophy

**IGT** : Impaired Glucose Tolerance

IL-18 : Iterlukin 18IL-6 : Interlukin 1IL-6 : Interleukin 6

**IPF-1** : Insulin Promoter Factor -1

**kDa** : Kilodalton

KIM-1 : Kidney InjuryMolecule-1LDL : Low Density LipoproteinLDL : Low Density Lipoprotein

MCP-1 : Monocyte Chemoattractant protein-1MDRD : Modification Of Diet And Renal Disease

MI : Myocardial InfarctionMMP-9 : Metaloproteinase-9MPs : Matrix Metaloproteases

MODYMaturity Onset Diabetes MellitusmRNAMessenger Ribonucleic Acid

NADH : Nicotinamide Adenine Dinucleotide Hydrogen NADPH : Nicotinamide Adenine Dinucleotide Phosphate

NAG : N-Acetyl-D-Glucosaminidase

**NF-κB** : Nuclear Factor Kappa B

NGAL : Neutrophil Gelatinase-Association Lipocalin

NGSP : National Glycohemoglobin Standardization Program

NHANES 3 : Third National Health And Nutrition Examination Survey

NIDDM : Non Insulin Dependent Diabetes Mellitus

**NKF** : National Kdney Foundation

NO : Nitrous Oxide

NPDR : Non- Proliferative Diabetic Retinopathy

OGGT : Oral Glucose Tolerance Test

PAD : Peripheral Artery Disease

**PCO** : Polycystic Ovary

PDR : Proliferative Diabetic Retinopathy

PI3K : Phosphatidylinositol 3 Kinase

**PKC** : Protein Kinase C

PPAR α : Peroxisome Profileferator-Activated receptor-Alpha
 PPAR γ : Peroxisome Profileferator-Activated receptor-Gamma

**PTF** : Pentoxyfyllin

**RAAS** : Renin Angiotensin Aldosterone System

RASRenin Angiotensin SystemROSReactive Oxygen SpeciesSDHSorbitol Dehydrogenase

**SLE** : Systemic Lupus Erythematosus

**TG** : Triglycerides

TGF-β : Transforming Growth Factor BetaTGF-1 : Transforming Growth Factor-1

Tie : Tyrosine Kinase With Immunoglobulin Like And Epidermal

**Growth Factor Like Domains** 

**TNF-**  $\alpha$  : Tumor Necrosis Factor Alpha

**TZDs** : Thiazolidinedions

**UAE** : Urinary Albumin Excretion

**UKPDS** : United Kingdom Prospective Diabetes Study

UUO : Unilateral Ureteral Obstruction

VCAM-1 : Vascular Adhesion Molecule-1

VEGF : Vascular Endothelial Growth FactorVEGF-A : Vascular Endothelial Growth Factor-A

**VEGFR** : Vascular Endothelial Growth Factor Receptor

VSMCs : Vascular Smooth Muscle Cells

**vWF** : Von Willebrand Factor

WBCWhite Blood CellWBCsWhite Blood Cells

**WHO** : World Health Organization

**WPB** : Weibel Palade Body

## **INTRODUCTION**

Diabetic Nephropathy (DN) is the commonest cause of end-stage renal failure (ESRF) in the Western world. Diabetic nephropathy follows a well outline clinical course, starting with microalbuminuria through proteinuria, azotaemia and culminating in ESRF. There is no doubt that there is a positive relationship between hyperglycaemia, which is necessary but not sufficient, and microvascular complications ( **Raptis and Viberti, 2001**).

Diabetic nephropathy is typically defined by either macroalbuminuriathat is a urinary albumin excretion of greater than 300 mg in 24 hours urine collection- or by abnormal renal function as represented by abnormality in serum creatinine, calculated creatinine clearance, or glomerular filtration rate (GFR). The common progression from microalbuminuria to overt nephropathy has led many to consider microalbuminuria to define early or incipient nephropathy(Mongensen et al., 1995).

Microalbuminuria can be diagnosed from a 24-hour urine collection (between 30–300 mg/24 hours) or, more commonly, from elevated concentrations in a spot sample (30 to 300 mg/L). Both must be measured on at least two of three measurements over a two- to three-month period(**Abid et al., 1984**).

Angiopoietins are protein growth factors that promote angiogenisis, there are four identified angiopoietins: Ang-1, Ang-2, Ang-3 and Ang-4, of them, Ang-1 and Ang-2 are the most studied. These ligands bind to transmembrane receptor Tie2 and possibly Tie1, members of family of receptor tyrosine kinase expressed primarily in vascular endothelium. Ang-1 has powerful vascular protective effects; it suppresses plasma leakage, inhibits vascular inflammation, and prevents endothelial death. In studies in which Ang-1 is directly administered or overexpressed, it leads to marked improvements of vascular integrity in both growing and adult mice. Ang-1 and vascular endothelial growth factor (VEGF) are thought to have a complementary effecton blood vessel growth(Brindle et al., 2006).

Angiopoietin-1/Tie2 signaling is a critical regulator of blood vessel development. In addition, angiopoietin-1 is thought to be required for the stability of mature vessels(**Jeansson et al., 2011**).

Inflammatory processes have been recently seen as underlying the pathogenesis of diabetic nephropathy. Angiopoietin-1 (Ang1) plays essential roles in regulating vascular growth, development, maturation, permeability and inflammation(Lee et al., 2007).

## Aim of the work

To evaluate the level of plasma angiopoietin-1 in the patients with diabetic nephropathy. And to study the relation between serum angiopoietin-1 and the severity of renal dysfunction in the patients with diabetic nephropathy.

#### **DIABETES MELLITUS**

#### **Definition:**

Diabetes mellitus (DM) is a group of metabolic diseases characterized by hyperglycemia resulting from defects in insulin secretion, insulin action or both. The chronic hyperglycemia of diabetes is associated with long-term damage, dysfunction and failure of various organs especially the eye, kidney, nervs, heart and blood vessels (**Thorn et al., 2009**).

DM is primary disease of carbohydrate metabolism due to deficient/absence of insulin has propensity towards vascular endothelial dysfuncyion resulting into micro and macroangiopathy. In the last two decades our understanding about hyperglycemia and its consequences has increased dramatically. The management of diabetes has changed from glucocentric to organo protective and specially the vascular endothelium, which could lead cardiovascular complications (Manish et al., 2011).

Several pathogenic processes are involved in the development of diabetes, these range from autoimmune destruction of the  $\beta$ -cells of the pancreas with consequent insulin deficiency, to abnormalities that result in resistance to insulin action. The basis of abnormalities in carbohydrate, fat and protein metabolism in diabetes is deficient action of insulin on target tissue (The expert comitte of the diagnosis and classification of diabetes mellitus, 2001).

Deficient insulin action results from inadequate insulin secretion and/or diminished tissue response to insulin at one or more points in the complex pathway of hormone action. Impairment of insulin secretion and defects in insulin action frequently coexist in the same patients. It is often unclear which abnormality is the primary cause of the hyperglycemia (Gelaye et al., 2010).

#### **Epidemiology**

In the middle east and north Africa one in ten adults have diabetes; the area has the highest prevalence of diabetes, at 10.9 %. In Egypt, 42% of people with diabetes (International Diabetes Federation 2013).

Rates of diabetes have increased markedly over the last 50 years in parallel with obesity. As of 2008 there are approximately 285 million people with the disease compared to around 30 million in 1985 (**Fasanmade et al., 2008**).

Diabetes can be found in every country in the world and without effective prevention and management programmes the burden will continue to increased globally. Type-2 diabetes makes up about 85 to 95% of all diabetes in high-income countries and may account for an even higher percentage in low- and middle-income countries. Type 2 diabetes is now a common and serious global health problem, which, for most countries, has developed together with rapid cultural and social changes, ageing population, increasing urbanization, dietary changes, reduced physical activity, and other unhealthy behavious (World health organization, 1994).

# Etiological classification of diabetes mellitus (World health organization, 2001)

## ❖ Type 1 diabetes:

It is either immune or idiopathic  $\beta$ -cell destruction, usually leading to absolute insulin deficiency.

## ❖ Type 2 diabetes:

It ranges from predominant insulin resistance with relative insulin deficiency to predominant insulin secretory defect with or without insulin resistance.

#### Other specific types: