Management of Acetabular Fractures Associated with Pelvic Ring Disruption

Thesis
Submitted for partial fulfillment of
M.D.Degree
In

Orthopaedic Surgery
Presented by

Mahmoud Mohammed Abdel Karim M.B.B.Ch., M. Sc.

Prof.Dr.Hazem Abd El-Azeem

Prof. of Orthopaedic Surgery, Cairo University.

Prof. Dr. Ahmed El-Sharkawy

Prof. of Orthopaedic Surgery, Cairo University.

Asst.Prof. Dr. Fouad Sadek Zamel

Assistant Prof. of Orthopaedic Surgery, Cairo University.

Faculty of Medicine Cairo University 2007 **Abstract:**

Title of the thesis: Management of acetabular fractures associated with pelvic ring

disruption.

Summary:

Our study is one of first studies targeting at analysis of associated acetabular fractures with

pelvic ring disruption injuries in details. In our thesis we discussed anatomy, biomechanics,

classification, clinical picture, radiographic diagnosis and different treatment methods as well

as complications during the literature review. The practical part of our study was conducted

to assess management and functional outcome of twenty four patients treated with operative

fixation for one or both components of these combined injuries.

Keywords: Acetabular – Pelvic- fractures- Associated – Management- Fixation.

ACKNOWLEDGEMENT

I would like to express my sincere gratitude and appreciation to *Prof. Dr. Hazem Abdel-Azeem;* Professor of Orthopedic Surgery, Faculty of Medicine, Cairo University, for his valuable guidance, expert advice and continuous support. This study would have not come into light without his remarkable thoughts and notable orientation.

I would like to offer my profound thanks and gratitude to *Prof. Dr. Ahmed El Sharkawy;* Professor of Orthopedic Surgery, Faculty of Medicine, Cairo University, for his generous assistance, encouragement and fruitful thoughts throughout the progress of the work, and to whom, I am indebted for his kind help in every step of this work.

I wish to express my deep gratitude and sincere thanks to *Prof. Dr.Fouad Zamel*; Assistant Professor of Orthopedic Surgery, Faculty of Medicine, Cairo University, for his meticulous supervision, sincere guidance, valuable advice and strenuous efforts in all the steps of this work.

I would like also to thank *Mr Halawa;* consultant Orthopedic Surgery, UK, for his remarkable ideas, guidance, continuous help and advice. I do feel too much indebted and too much grateful to him.

I would like also to thank *Dr. Sherif Khaled* Lecturer of Orthopedic Surgery, Faculty of Medicine, Cairo University, for his great guidance and support.

I would like also to to thank all my colleagues and professors of the Orthopaedic Department in Cairo Univeristy who helped me in this work.

Mahmoud Abdel Karim

TABLE OF CONTENTS

CHAPTERS	Page
Review of literature	
*Anatomy	1
*Biomechanics	19
*Classification	30
*Clinical assessment	49
*Radiographic assessment	52
*Management	62
*Complications	130
*Materials and methods	149
*Results	
* Case presentation	
*Discussion, conclusion & recommendations	
*Summary	247
*References	
*Arabic Summary	

LIST OF FIGURES

Numb	Title of the figure	Page
1-1	The inverted Y containing the acetabulum	1
1-2	The column concept	1
1-3	The posterior column from the back	2
1-4	Medial surface of left hip bone	3
1-5	Lateral surface of left hip bone	3
1-6	The left hip bone; inlet view	4
1-7	The obturator oblique profile of the iliac bone	5
1-8	The inferior limit of the ilio-pectineal eminence	6
1-9	Internal structure of the innominate bone	8
1-10	Vascular supply of the developing acetabulum	9
1-11	Blood supply on the inner side of the pelvis	10
1-12	Blood supply on the outer aspect of the pelvis	10
1-13	The ligaments of the pelvis	15
1-14	The main lumbar and sacral nerves	17
1-15	The vascular supply of the pelvis	18
2-1	Analysis of the force acting on the acetabulum through	19
2-2	Sites of application of forces as influenced by rotation	20
2-3	Force acting through the knee	20
2-4	Force acting through the knee with the hip flexed	21
2-5	Force acting through the knee with the hip abducted	21
2-6	The stabilizing structures	27
2-7	Division of specific ligaments	29
3-1	Universal classification of acetabular fractures	31
3-2	Letournel and Judet classification of acetabular fractures	33
3-3	Anatomic fracture types of the acetabulum	34
3-4	Tile classification of pelvic fractures	37
3-5	Letournel classification of pelvic ring injuries	37
3-6	The Young classification	41,42
3-7	The Denis classification	43
5-1	The six lines of Judet	54
5-2	The acetabular landmarks on obturator and iliac oblique	55
5-3	Inlet view of the pelvis	56
5-4	Outlet view of the pelvis	57
5-5	Orientation of fracture lines as seen on CT	60

6-1	Kocher-Langenbeck posterior approach	70
6-2	Ilioinguinal approach	73
6-3	The ilioinguinal approach with a T extension	75
6-4	Letournel and Judet extended iliofemoral approach	77
6-5	Triradiate approach	79
6-6	Modified stoppa approach	82
6-7	Intraoperative manual traction	88
6-8	Special instruments for acetabular surgery	88
6-9	Helpful techniques for reduction	89
6-10	Aids to reduction	89
6-11	Double-loop cerclage wire fixation of acetabular	90
6-12	Implants for acetabular surgery	91
6-13	Correct fixation of a posterior wall fracture	93
6-14	Three-dimensional CT scan	93
6-15	Mapping of anterior column lag screw	94
6-16	Mapping of posterior column lag screw	95
6-17	The Ganz pelvic clamp	100
6-18	The insertion of pins for double-cluster anterior frame	104
6-19	The symphyseal plate	106
6-20	The anterior plates	107
6-21	The symphyseal fixation	107
6-22	The Pfannenstiel approach	108
6-23	Anterior internal fixation	108
6-24	The iliosacral screw	109
6-25	Anterior and posterior internal fixation	110
6-26	Anterior plating of SI joint	111
6-27	The pubic ramus screw	111
6-28	The anterior approach to SI joint	113
6-29	The posterior approach	115
6-30	The iliosacral screws and tension band plate	117
6-31	The iliosacral screw	119
6-32	Computed tomography in fracture fixation of the	121
6-33	Alar slope	121
6-34	ICD on lateral sacral view	121
6-35	Technique of percutaneous iliosacral screws	125
8-1	Chart sowing sex distribution of patients	150
8-2	Chart showing the mechanism of injury	150

0.0	AD : (1)	150
8-3	AP view of the pelvis (case 11)	159
8-4	Obturator oblique view (case 19)	159
8-5	Iliac obturator oblique view (case 22)	160
8-6	Inlet view of the pelvis (case 4)	160
8-7	Outlet view of the pelvis (case 15)	161
8-8	CT scan, acetabular cuts (case 18)	163
8-9	CT scan of the posterior elements (case 14)	164
8-10	3D-CT cuts (case 1)	164
8-11	Landmarks for percutaneous iliosacral insertion	166
9-1	A-Pre-operative X-ray pelvis (case 8)	175
9-2	Pre-operative X-rays (case 6)	175
9-3	Radiological outcome of the acetabular component of	176
9-4	Radiological outcome of the pelvic component of injury.	177
9-5	Number of patients according to the wound condition	181
9-6	Pre operative X ray and 3D CT (case 23)	184
9-7	Residual postoperative displacement (case 23)	185
9-8	Chart showing the Merle d'Aubigne score of our patients	188
9-9	Chart showing the Majeed score of our patients who	189
9-10	Chart showing the Majeed score of patients who were	189
9-11	Relation between the Majeed score and the radiologic	191
10-1	Reductions of 5 different series compared to our series	225
10-2	Chart compares radiologic results of our series and other	227
10-3	Comparison of clinical results in different series &our	229
10-4	showing reduction distribution according to the clinical	231
10-5	clinical results distribution according to the reduction	231

LIST OF TABLES

Number	Title	Page
3-1	Tile classification	36
3-2	The Young classification	38
3-3	Hannover group sacral fracture classification	45
8-1	Number of patients according to Letournel classification	151
8-2	Number of patients according to Young's classification	151
8-3	Age, Sex, Mode of Trauma for different patients in our series	156
8-4	Clinical data of the patient in our series	158
8-5	Radiologic data and classification of the injuries	162
8-6	different approaches used for our patients	167
8-7	The implants used in our patients	168
8-8	Modified Merle D'Aubigne and Postel	170
8-9	Modified Merle D'Aubigne and Postel	171
8-10	Majeed scoring for the pelvic fractures	172
9-1	The grading of radiological outcome of our cases	178
9-2	The condition of the wound in our patients	180
9-3	Scoring of the results	187
10-1	Reductions of 5 different series compared to our series	224
10-2	Results of patients series operated upon within less than 3 weeks	229
10-3	Clinical results according to the reduction achieved	230
10-4	Comparison of the results of internal fixation for unstable pelvic	234

REVIEW OF LITERATURE

CHAPTER I

ANATOMY

Anatomy of the acetabulum

The column concept of the acetabulum

One must be adapt at three-dimensional vision to master the complex anatomy of the acetabulum. From its lateral aspect , it is better to regard the acetabulum as being contained within the open arms of an inverted Y.

(Fig 1-1)(Letournel, 1993)

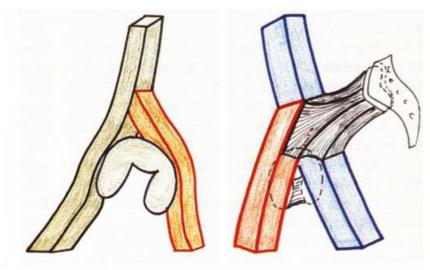


Fig1-1 The inverted Y containing the acetabulum (Letournel, 1993)

It is formed by a posterior column, the ilio-ischial component, and an anterior column, the iliopubic component, which is much longer and extends from the anterior end of the iliac crest to the pubic symphysis. The upper end of the posterior column is attached to the posterior aspect of the anterior column, a little above its mid-level. (Fig 1-2) (Tile,1996)

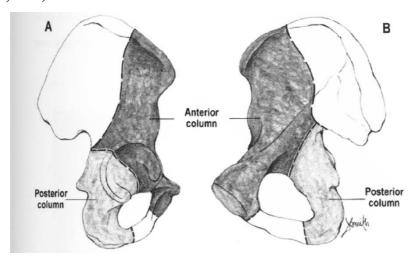


Fig 1-2: The column concept as devised by Judet in this extrapelvic and intrapelvic schematic views of the pelvic bone. (Callaghan,1997)

The Posterior column

This is called the ilio-ischial column .It is thick ,strong , and offers solid material for internal fixation .It is triangular in section .(Letournel, 1993)

Beginning at the dense bone of the greater sciatic notch, it extends distally through the centre of the acetabulum, obturator foramen, and inferior pubic ramus and includes the posterior wall of the acetabulum and the ischial tuberosity. Its inner surface forms the posterior aspect of the quadrilateral area, its posterior surface the non-articular area of the posterior wall of the acetabulum, its anterior surface the posterior articular surface of the acetabulum. Its posterior border formed by the greater and lesser sciatic notches.(Fig1-3)(Tile,1995)



Fig1-3: The posterior column from the back as seen in an iliac oblique view on x-ray

(Tile, 1995)

The anterior column

The iliopubic column, extends from the iliac crest to the symphysis pubis and includes the anterior wall of the acetabulum. In general it is concave both anteriorly and medially; its arc being bridged by the inguinal ligament. It is divided into three segments; iliac, acetabular, and pubic, capped by the iliac crest.

Iliac segment

It forms the anterior part of the iliac wing and presents an internal (**Fig1-4**)and an external surface.(**Fig 1-5**)





Fig 1-4: Medial surface of left hip bone

Fig 1-5: Lateral surface of left hip bone (Mc Minn, 1988)

(a) The pelvic surface or the iliac fossa, the internal concavity of the ilium, is continuous below, with a wide shallow groove, which is bounded laterally by the anterior inferior iliac spine and medially by the iliopubic eminence. (Fig 1-

6)(Williams, 1980)

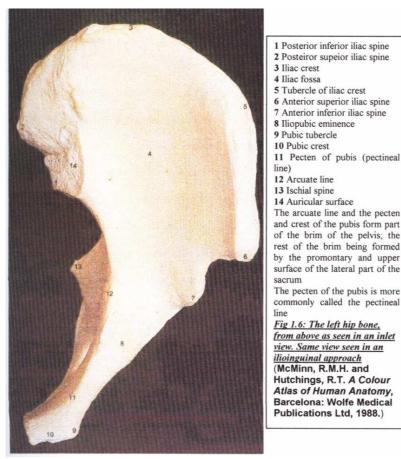
(b)The external surface is markedly roughened and forms a large anterior part of the gluteal surface of the ilium including the anterior pillar, which extends upwards to the gluteus medius tubercle.(Williams,1980)

Acetabular segment

This is triangular and prismatic in shape and presents three surfaces: (**Fig 1-7**) (a)The postero-lateral surface supports the anterior articular segment of the acetabulum and the front part of the cotyloid fossa. The anterior horn is located about 1 cm above the level of the upper border of the obturator foramen.

- (b) The internal surface is generally concave and is formed by the anterior part of the quadrilateral surface. It extends as far forward as the obturator canal and is limited superiorly by the ilio-pectineal line.
- c) The antero-superior surface presents from above downwards, the gutter of the ilio-psoas tendon and the ilio-pectineal eminence. At the level of the latter the bone of this surface forms the anterior lamella of the anterior wall of the acetabulum, and is

roughly parallel to the anterior acetabular articular surface; at that level the bone is 6-10mm thick. It is limited internally by the ilio-pectineal line, which is always interrupted in fractures of the anterior wall of the acetabulum. It may be useful to remember that the inferior limit of the ilio-pectineal eminence is situated at the same horizontal level as the anterior horn of the acetabulum, or a little higher. (**Letournel**, 1993)



Pubic segment

This is the superior pubic ramus and constitutes the slenderest piece of the column as well as its most forward and medial part. The superior pubic ramus passes upwards, backwards and laterally from the body, superolateal to the obturator foramen to reach the acetabulum . Triangular in section , it has three surfaces and borders.(Williams,1980)

- (a) The antero-superior surface is distinctly spiral in configuration and in order to apply a plate for internal fixation, it is always necessary to twist this to fit the shape of the segment. (Tile, 1995)
- (b) The internal surface, or pelvic surface, is smooth.

(c) The inferior surface forms the bony roof of the obturator groove, which is converted to a canal by the upper borders of the obturator membrane and obturator muscles, and transmits the obturator vessels and nerve from the pelvis to the thigh.(Last ,1984)

Both anterior and posterior columns unite a little above the level of the midpoint of the anterior column and form an angle of approximately 60 degrees . The summit of the angle is filled with a fillet of compact bone, which constitutes the roof of the acetabulum and forms the keystone of the arch. So, this anatomical roof corresponds to a segment of articular surface, which subtends to an angle of 45 to 60 degrees and is located between the anterior inferior iliac spine and the ilio-ischial notch of the acetabular margin (not always clearly visible) posteriorly. Medially, the anatomical roof does not reach the edge of the cotyloid fossa; on the contrary, it is joined by the superior border of the cotyloid fossa by a distinct and thinner plate of compact bone, which is often easily visible in a coronal section of the area and on the antero-posterior view. (Letournel, 1993)

Joined together in the manner described, the two columns are linked with the auricular surface of the sacro-iliac joint by the sciatic buttress .(Rouvière,1940)