

# Autoinflammatory Periodic Fever Syndromes in Children

*Essay*

*Submitted for partial fulfillment of master degree in  
Pediatrics*

*By*

*Ahmed Mohammed Hassan Al-brahmy*

*M.B., B.Ch. (2010)*

*Ain Shams University*

*Supervised by*

**Prof. Dr. Khaled Salah Awwaad**

*Professor of Pediatrics*

*Faculty of Medicine, Ain Shams University*

**DR. Rasha Hassan El-Owaidy**

*Lecturer of Pediatrics*

*Faculty of Medicine, Ain shams University*

*Ain Shams University*

*2015*

# متلازمات الحمى الدورية ذاتية الالتهاب في الأطفال

رسالة

للحصول علي درجه الماجستير في طب الاطفال

مقدمه من

الطبيب/ أحمد محمد حسن البراهمي  
بكالوريوس الطب و الجراحة (2010)

تحت إشراف

الاستاذ الدكتور/خالد صلاح عواد  
استاذ طب الاطفال  
كلية الطب جامعه عين شمس

دكتور/رشا حسن العويضي  
مدرس طب الاطفال  
كلية الطب جامعة عين شمس

كلية الطب  
جامعة عين شمس  
2015



# Acknowledgements

First, and foremost, my deepest gratitude and thanks should be offered to "ALLAH", the Most Kind and Most Merciful, for giving me the strength to complete this work.

I would like to express my sincere gratitude to **Prof. Dr. Khaled Salah Awwaad** *Professor of Pediatrics*, Faculty of Medicine – Ain Shams University for his continuous support and guidance for me to present this work. It really has been an honor to work under his generous supervision.

I acknowledge with much gratitude to **Dr. DR. Rasha Hassan El-Owaidy**, Lecturer of Pediatrics, Faculty of Medicine – Ain Shams University, for her great supervision and unlimited help to provide all facilities to accomplish this work.

Last but not least, thanks to my Parents and my family for helping me to finish this work.

✍️ **Ahmed Mohammed Hassan Al-brahmy**

# List of Contents

---

<b>List of abbreviation</b>	<b>II</b>
<b>List of figures</b>	<b>V</b>
<b>List of tables</b>	<b>VI</b>
<b>Introduction</b>	<b>1</b>
<b>Aim of this work</b>	<b>4</b>
<b>Review of literature</b>	<b>5</b>
<i>Pathophysiology of febrile response</i>	<b>6</b>
<i>Classification of the hereditary periodic fever syndromes</i>	<b>8</b>
<i>Familial Mediterranean Fever</i>	<b>10</b>
<i>Tumor necrosis factor receptor-associated periodic syndrome</i>	<b>38</b>
<i>Hyperimmunoglobulin-D syndrome</i>	<b>48</b>
<i>Cryopyrin-Associated Periodic Syndromes</i>	<b>58</b>
<i>Pyogenic arthritis, pyodermagangrenosum, and acne syndrome</i>	<b>70</b>
<i>Periodic fevers with aphthous stomatitis, pharyngitis, and adenitis</i>	<b>73</b>
<i>Deficiency of the Interleukin-1 Receptor Antagonist</i>	<b>82</b>
<i>Blau syndrome</i>	<b>85</b>
<b>Summary</b>	<b>92</b>
<b>References</b>	<b>97</b>
<b>Arabic Summary</b>	<b>110</b>

---

## List of ABBREVIATION

<b>ASC</b>	<b>apoptotic speck protein</b>
<b>BBD</b>	B-box domain
<b>BS</b>	Blau syndrome
<b>CAPS</b>	Cryopyrin-associated periodic syndromes
<b>CARD15</b>	Caspase recruitment domain-containing protein 15
<b>CARDs</b>	Caspase activation and recruitment domains
<b>CCD</b>	Coiled-coil domain
<b>CD2BP1</b>	CD2 binding protein 1
<b>CINCA</b>	Chronic Infantile Neurological Cutaneous and Articular syndrome
<b>CRDs</b>	Cysteine-rich domains
<b>CRP</b>	C-reactive protein
<b>ELE</b>	Erysipelas-like erythema
<b>ER</b>	Endoplasmic reticulum
<b>FCAS</b>	Familial Cold Autoinflammatory Syndrome
<b>FMF</b>	Familial Mediterranean Fever
<b>HIDS</b>	Hyperimmunoglobulin D Syndrome
<b>HSP</b>	Henoch-Schonleinpurpura
<b>IFN-<math>\alpha</math></b>	Interferon alpha
<b>IL-1RA</b>	Interleukin-1 receptor Antagonist
<b>IL1RN</b>	Interleukin 1 receptor antagonist gene
<b>IL-1<math>\beta</math></b>	Interleukin-1beta
<b>JRA</b>	Juvenile rheumatoid arthritis
<b>MCP</b>	Metacarpophalangeal
<b>MEFV gene</b>	Mediterranean Fever gene
<b>MIM</b>	Mendelian inheritance in man
<b>MKD</b>	Mevalonate Kinase Deficiency
<b>MTP</b>	Metatarsophalangeal
<b>MVA</b>	Mevalonicaciduria

<b>MVK</b>	Mevalonate kinase
<b>MWS</b>	Muckle-Wells Syndrome
<b>NF-<math>\kappa</math>B</b>	nuclear factor kappa-light-chain-enhancer of activated B cells
<b>NLRP3</b>	NACHT, LRR and PYD domains-containing protein 3
<b>NOD2</b>	Nucleotide-binding oligomerization domain-containing protein 2
<b>NOD-LRR</b>	Nucleotide-binding oligomerization domain-leucine rich repeat
<b>NOMID</b>	Neonatal Onset Multisystem Inflammatory Disease
<b>NSAIDs</b>	Non steroidal anti-inflammatory drugs
<b>PAMPs</b>	Pathogen-associated molecular patterns
<b>PAN</b>	Polyarteritis nodosa
<b>PAPA</b>	Pyogenic arthritis, pyoderma gangrenosum and acne
<b>PCR</b>	Polymerase chain reaction
<b>PFAPA</b>	Periodic Fever, Aphthous Stomatitis, Pharyngitis, and Cervical Adenitis
<b>PFMS</b>	Protracted febrile myalgia syndrome
<b>PFSs</b>	Periodic fever syndromes
<b>PGE2</b>	Prostaglandin E2
<b>PRRs</b>	Pattern recognition receptors
<b>PSTPIP</b>	Proline, serine, threonine, phosphatase interactive protein
<b>PSTPIP1</b>	Proline-serine-threonine phosphatase interacting protein 1
<b>PYD</b>	Pyrin domain
<b>SAA</b>	Serum amyloid A
<b>SAA</b>	Serum amyloid A
<b>sTNFR1</b>	Soluble type 1 Tumor-Necrosis-Factor receptor
<b>TLRs</b>	Toll-like receptors

<b>TNF</b>	Tumor-Necrosis-Factor
<b>TNFR1</b>	Type 1 TNF receptor
<b>TNFRSF1A</b>	TNF receptor superfamily 1A
<b>TRAPS</b>	Tumor necrosis factor receptor-associated periodic syndrome
<b>UPR</b>	Unfolded protein response

## List of figures

<b>Figure 1</b>	Mode of inheritance of FMF.	<b>13</b>
<b>Figure 2</b>	The spectrum of MEFV mutations.	<b>15</b>
<b>Figure 3</b>	Pyrin Structure.	<b>16</b>
<b>Figure 4</b>	The pathophysiology of FMF.	<b>18</b>
<b>Figure 5</b>	FMF rash.	<b>23</b>
<b>Figure 6</b>	Pathophysiology of TRAPS.	<b>42</b>
<b>Figure 7</b>	Cutaneous manifestation of TRAPS.	<b>44</b>
<b>Figure 8</b>	Ocular manifestation of TRAPS.	<b>45</b>
<b>Figure 9</b>	Isoprenoid pathway.	<b>51</b>
<b>Figure 10</b>	The HIDs rash.	<b>54</b>
<b>Figure 11</b>	Urticarial rash in Muckle-Wells syndrome	<b>62</b>
<b>Figure 12</b>	Skin manifestations in CINCA.	<b>64</b>
<b>Figure 13</b>	Joints manifestations in CINCA.	<b>65</b>
<b>Figure 14</b>	Aphthous ulcers in PFAPA.	<b>76</b>
<b>Figure 15</b>	Pharyngitis with tonsillar exudates in PFAPA.	<b>77</b>
<b>Figure 16</b>	Clinical and histological aspects of Blau syndrome.	<b>90</b>



## List of Tables

<b>Table 1</b>	Classification of the hereditary periodic fever syndromes.	8
<b>Table 2</b>	Inheritance patterns of the hereditary autoinflammatory syndromes.	9
<b>Table 3</b>	FMF severity score	26
<b>Table 4</b>	Criteria for diagnosis of FMF.	30
<b>Table 5</b>	Differential diagnosis of FMF.	32
<b>Table 6</b>	Clinical guidelines when genetic testing for HIDS should be considered.	57
<b>Table 7</b>	The most important distinguishing features of autoinflammatory symptoms.	96



---

# INTRODUCTION

---

# Introduction

Periodic fever syndromes (PFSs) present with recurrent or fluctuating degrees of inflammatory symptoms, fever and an acute phase response. They mainly occur in the absence of infection or autoimmune reaction. Although the name suggests otherwise, the inflammatory attacks occur without intrinsic periodicity, usually at irregular intervals and therefore the name recurrent is to be preferred over periodic (*Majeed, 2000*).

Hereditary periodic fever syndromes differ from autoimmune diseases in the absence of high levels of autoantibodies and autoreactive T cells. Disturbances in the innate immune response seem to be central to their pathogenesis, and usually no clear cause for an individual inflammatory attack can be identified. Therefore the name autoinflammatory syndromes has become widely used for these rare disorders (*Padeh, 2005*).

The innate immune system provides the first immunologic line of defense against many microbes and uses pattern recognition receptors (PRRs) such as Toll-like receptors (TLRs) to recognize a limited number of widely expressed viral and bacterial molecular structures known as pathogen-associated molecular patterns (PAMPs). These pattern recognition receptors stimulate inflammation by activating intracellular proteins (also known as intracellular sensors), which mediate the regulation of nuclear factor- $\kappa$ B (NF- $\kappa$ B), cell apoptosis, and interleukin-1 $\beta$  (IL-1 $\beta$ ) through cross-regulated and common signaling pathways. Mutations in these intracellular proteins lead to increased production and secretion of IL-1 $\beta$ , resulting in clinical signs and symptoms (*Gedalia, 2011*).

## ***Introduction***

---

PFSs include: familial Mediterranean fever (FMF), tumour necrosis factor receptor-associated periodic syndrome (TRAPS), mevalonate kinase deficiency [MKD – previously known as hyperimmunoglobulin D (HIDS)], blau syndrome, deficiency of the interleukin (IL)-1-receptor antagonist (DIRA), pyogenic arthritis, pyodermagangrenosum and acne syndrome (PAPA syndrome), diseases of uncertain genetic aetiology including periodic fever, aphthous stomatitis, pharyngitis and cervical adenitis (PFAPA) syndrome, the cryopyrin-associated periodic syndromes (CAPS) which include: familial cold autoinflammatory syndrome (FCAS), Muckle-Wells syndrome (MWS), and neonatal-onset multisystem inflammatory disease (NOMID) [also called chronic infantile neurological cutaneous and articular syndrome (CINCA)](***Lachmann, 2011***).

All these diseases are characterized by recurrent flares of systemic inflammation, presenting sudden fever episodes associated with elevation of acute phase reactants and with a number of clinical manifestations that might include inflammation of serosal surfaces and joints, skin rashes of unknown origin, lymphadenopathy, arthritis, as well as the involvement of other organs such as muscles and the central nervous system. Rheumatic manifestations are extremely common and highly variable in their presentation and course in PFSs(***Touitou&Koné-Paut, 2008***).



---

Aim of the work

---

## Aim of the Work

The aim of this work is to provide an up-to-date overview of periodic autoinflammatory fever syndromes in children and their management.



---

# Review of literature

---