شبكة المعلومات الجامعية

بسم الله الرحمن الرحيم

شبكة المعلومات الجامعية

التوثيق الالكتروني والميكروفيلم

شبكة المعلومات الجامعية

جامعة عين شمس

التوثيق الالكتروني والميكروفيلم

قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها
علي هذه الأفلام قد أعدت دون أية تغيرات

يجب أن

تحفظ هذه الأفلام بعيدا عن الغبار

في درجة حرارة من ١٥-٢٥ مئوية ورطوبة نسبية من ٢٠-٤٠%

To be Kept away from Dust in Dry Cool place of 15-25- c and relative humidity 20-40%

بعض الوثائق الاصلية تالفة

بالرسالة صفحات لم ترد بالاصل

Minufiya University
Faculty of Home Economics
Dept. of Nutrition and Food sciences

EFFECT OF THE DIFFERENT PROCESSING OF FENUGREEK SEEDS ON BLOOD GLUCOSE LEVEL IN RATS

Thesis Submitted of the Requirements for M.Sc. Degree in Home Economics

By

Heba Ibraheem Ibraheem Ghamry
B.Sc. Nutrition and Food Science,
Faculty of Home Economics,
Al-Azahr University (1998)

Supervisors

Prof. Laila Ahmed El- Bedwi
Professor of Nutrition and Food Sciences
Faculty of Home economic
Minufiya University.

Prof. Hanaa Abd El-Ghany Sidky
Professor of Nutrition
Food Technology Research Institute
Agriculture Research Center.

Dr. Mohammed Saleh Mohammed
Associate Professor of Nutrition and Food Sciences
Faculty of Home economic
Minufiya University.

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Moh. Saleh

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Minufiya University
Shibin El Kom

By **Heba Ibraheem Ibraheem Ghamry**
B.Sc. Nutrition and Food Sciences
Faculty of Home Economics
El Azhar University

For : The degree of M.S.c. in Home Economics

This Dissertation Work has been Assessed and Approved by:

1- Prof. Dr. M. Saleh

2- Prof. Dr. Hoda S. Ibrahim

3- Prof. Dr. Hanan Sadek

4- Prof. Dr. Azza El Agraudy

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Abstract

Effect of the different processing of fenugreek seeds on blood glucose level in rats

The current study aimed to prepare nutritive hypoglycemic breads from local ingredients and fenugreek (either germinated or raw).

After preparing suggested breads, the panel test showed that wheat flour breads, wheat flour + 5% germinated fenugreek bread, wheat flour + 5% germinated fenugreek + 5% defatted soybean flour bread, and wheat flour + 5% raw fenugreek + 5% defatted soybean flour bread were the most accepted breads. A total of 48 adult male albino rats (90-100)g were used. rats were divided into two main diets (24 normal and 24 diabetic rats). All rats were fed the basal diet and the experimental diets for 28 day. During experiment period, Each rat was weighed every week, and food intake was calculated. Blood samples were collected by the beginning and by the end of experimental. Blood was collected which was used freshly for estimation of serum glucose and the rest was kept at (-18°C) for determination of cholesterol, triglycerides ,total lipid, ALT, AST, and other blood parameters. The liver, kidneys, heart, and the spleen were removed from each rat and weighed.

Results showed that adding fenugreek (raw or germinated) and defatted soybean flour to balady bread resulted in decrement of glucose level in each of normal and diabetic rats. Hence, the current study recommends the production of these breads as special foods for diabetic patients.

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DEDICATION

TO MY FATHER'S SOUL .....

TO MY MOTHER .....

TO MY SISTERS .....