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شبكة المعلومـــات الجامعية التوثيق الالكتروني والميكروفيا.



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التوثيق الالكتروني والميكروفيلم



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To be kept away from dust in dry cool place of 15 – 25c and relative humidity 20-40 %









# Color Doppler Study of the Ophthalmic Artery and the Central Retinal Artery in Patients with Primary Open-Angle Glaucoma

### Thesis

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## To My Family

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### **ABBREVIATIONS**

IOP Intraocular pressure

ONH Optic nerve Head

POAG Primary open angle glaucoma

NTG Normal tension Glaucoma

GON Glaucomatous optic neuropathy

NFL Nerve fiber layer

CRA Central retinal artery

OA Ophthalmic artery

PCA Posterior ciliary arteries

SPCA Short posterior ciliary arteries

CDI Color Doppler Imaging

PSV Peak systolic velocity

EDV End diastolic velocity

MV Mean velocity

RI Resistivity index

PI Pulsatility index

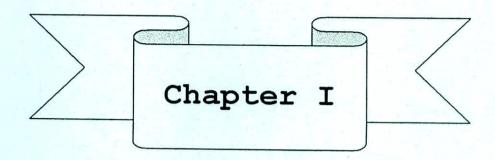
MD Mean deviation

PSD Pattern standard deviation

C/D Cup-disc ratio

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# INTRODUCTION

### Primary Open Angle Glaucoma

Glaucoma can be defined broadly as a group of pathological entities with different pathophysiological mechanisms characterized by ocular damage, related - in part -to intraocular pressure (IOP) higher than the tissues of the eye can tolerate. However, pressure independent mechanisms, such as vascular and structural alterations of the optic nerve head (ONH) may contribute in some cases to glaucomatous damage of the optic nerve. (1)

Primary open angle glaucoma (POAG) is a chronic, slowly progressive, multifactorial, usually bilateral, though not necessarily symmetrical, anterior optic neuropathy characterized by atrophy and cupping of the ONH, resulting in a distinctive pattern of visual field defects, with or without elevated IOP, in the presence of widely open angle of the anterior chamber, and in the absence of other causes of damage to the nerve fiber bundles. (2, 3)

In many, but not all, cases, the IOP is elevated above the normal range (more than 2 standard deviations from the mean, or 21mm Hg), reflecting a reduced aqueous out-flow facility. (3)

Although elevated IOP is a clear risk factor, glaucomatous optic neuropathy can develop at virtually any level of IOP. (4) The existence of normal tension glaucoma (NTG) and the weak correlation between progression of the disease and the level of the IOP indicate that other factors might also be involved in the pathogenesis of glaucomatous damage. (5) Such factors may include ischemia of the ONH or nerve fiber layer, direct mechanical compression of the axons at the level of the lamina cribrosa, local toxicity, or some combination of these(3).

All glaucomatous optic neuropathies share the following features: (6)

- 1) Progressive death of the retinal ganglion cells manifested as,
- A characteristic histo-pathologic alteration of the optic nerve, known as cupping which is functionally apparent as,
- 3) Sequential visual field deterioration in characteristic patterns.

### Pathogenesis:

The most prevalent theories attempting to explain glaucomatous optic neuropathy (GON) are the mechanical theory and the vascular theory. The relative merits of either have been debated for more than 100 years. (2)

The mechanical theory states that elevated IOP causes direct compression on the axons of the retinal ganglion cells at the level of the lamina cribrosa. Alternately the raised IOP may attenuate the microcirculation to the ONH. (2)

On the other hand, the vascular theory suggests that eyes with inherently poor vascular supply to the ONH are more predisposed to damage by elevated or normal IOP. (2) It emphasizes the presence of a primary problem in the blood flow of the ONH as a result of a localized organic change (7) with or without a low perfusion pressure or vasospasm. (8) This vascular insult results in tissue death at the ONH and characteristic visual field loss. However, the cause-and-effect relationship between nerve damage and vascularity has not been established. As

neither theory could explain all cases of glaucoma, they are usually combined together. (2)

Another theory was proposed in the late 1960s and early 1970s that suggested that GON is due to interruption of the axoplasmic flow at the level of the lamina cribrosa with the resultant interruption of trophic factors to the ganglion cell bodies. (9,10) This causes the cells to initiate a suicidal response resulting in programmed cell death or apoptosis. (11)

### The vascular theory (a historical review):

In 1892, Wagemann and Selzmann suggested the potential role of vascular factors in glaucoma. Convinced that ocular hypertension was not the sole contributing factor in glaucoma, Elschnig expanded on the vascular theory. After numerous examinations he observed that glaucomatous discs showed reduced capillary beds. He concluded that reduced nerve head perfusion resulted from the high IOP. (12)

The belief that vascular defects resulted from IOP insult remained for many years. Through the 1930s and 1940s various authors demonstrated that increased IOP could reduce retinal vascular pressure and visual fields. (13,14)

In 1940, Duke and Elder found evidence of sclerosis within the retro-bulbar vessels of glaucomatous eyes. This vascular defect had produced ischemia resulting in softening of the optic nerve tissue. This finding demonstrated the potential role of blood flow defects preceding and contributing to the type of neural damage observed in glaucoma. (8)