

بسم الله الرحمن الرحيم





شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



شبكة المعلومات الجامعية

جامعة عين شمس

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LAPAROSCOPIC CARDIOMYOTOMY FOR TREATMENT OF ACHALASIA OF THE CARDIA

THESIS

Submitted in Partial Fulfillment of the Master Degree in General Surgery

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ABSTRACT

This study was conducted on 10 patients with achalasia presented to Kasr El Ini hospital during the time period of the study (24 months).

They were scheduled for laparoscopic esophagocardiomyotomy & modified Dor anterior fundoplication (as an antireflux procedure).

The procedure proved to be safe, effective and feasible for treatment of achalasia of the cardia.

KEY WORDS

Achalasia - Laparoscopic - Cardiomyotomy - Treatment - Cardia.

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ABBREVIATIONS

Abbreviation	The word
UES	Upper esophageal sphincter
LES	Lower esophageal sphincter
GE	Gastroesophageal junction
WS	Wet swallows
HAPC	High amplitude peristaltic
	contractions
DES	Diffuse esophageal spasm

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Introduction

Introduction

Achalasia is perhaps the most common esophageal motility disorder, with an incidence of 0.4 to 1.1 per 100,000 populations. (Mayberry et al., 1985). In this disorder there is aperistalsis of the esophageal body and failure of the lower esophageal (LES) to completely relax after swallowing.

Different modalities for treatment of achalasia were widely investigated including, pharmacologic therapy, pneumatic dilatation, endoscopic botulinum toxin injection and surgical myotomy. Cardiomyotomy for achalasia was first reported in 1913 by Ernest Heller. (Heller, 1913).

His original technique was to perform parallel myotomies extending for 8 cm or more along the distal esophagus and proximal gastric cardia. A few years later both Groeneveldt and Zaaijer described a single anterior esophagocardiomyotomy that is still known as a Heller myotomy and remains the procedure of choice for more than 85 years later. (and Groeneveldt, 1918 and Zaaijer, 1923).

As myotomy became more popular in North America and Britain, most surgeons adopted a left thoracotomy technique for myotomy, believing that this approach minimizing the interference with the normal anti-reflux mechanism maintained by the LES. However, in Europe and South America, most surgeons advocated an abdominal approach for the myotomy along with concomitant anti- reflux procedure. (Jamieson et al., 1983).

The decision whether to combine an anti-reflux procedure with a myotomy has been one of the most controversial issues concerning the surgical treatment of achalasia for several decades.

Although short esophageal myotomy (<8 cm) is the usual treatment for achalasia, various modifications have been reported in the open and minimally invasive literature These include (a) division of the LES musculature with sparing the esophagogastric junction, (b) division of the lower 5 cm of the esophageal musculature and continuing though the gastroesohageal junction and onto the proximal 1 cm of the stomach, (c) division of the lower 5 cm of the esophageal musculature and continuing for several centimeters onto the gastric cardia, and (d) long esophageal myotomy (>8 cm) continuing distally onto the proximal gastric cardia. (Hunter and Richardson, 1997).

Soon after reported success of laparoscopic anti-reflux surgery, many clinicians began applying minimally invasive approaches to the treatment of achalasia. (Pellegrino et al., 1992).

The recent trend has been for surgeons to use laparoscopic approach and to add routinely anti- reflux procedure. Now it is established that laparoscopic cardiomyotomy for the treatment of achalasia can be performed safely. (Lai et al., 2002).

In North America and in Europe, the Dor anterior fundoplication has been very popular with many minimally invasive surgeons because it was fairly easy to perform and has the advantage of covering the exposed esophageal mucosa. (Ackroyd et al., 2001).

Evidence has suggested better results combining myotomy with the Toupet posterior fundoplication despite the greater complexity of this anti-reflux procedure. (Raiser et al., 1996).

Aim of the work

The aim of this study is to evaluate the feasibility, effectiveness and safety of laparoscopic cardiomyotomy in the treatment of achalasia of the cardia.