Electrogastrographic Findings in Diabetic Patients (Both Insulin and Non-Insulin Dependent) With Delayed Gastric Emptying

Chesis

Submitted For Partial Fulfillment of Master Degree In Internal Medicine

By

Marwa Mahmoud EL-Dahshan

(M.B,B.Ch)

Supervised By

Prof. Dr. Yehia Mohammed EL-Shazly

Professor of Internal Medicine Faculty of Medicine-Ain Shams University

Dr. Khaled Hamdy Abd EL-Mageed

Assistant professor of Internal Medicine Faculty of Medicine-Ain Shams University

Dr. Nanees Ahmed Abd EL-Mageed

Lecturer of Internal Medicine Faculty of Medicine-Ain Shams University

> Faculty of Medicine Ain Shams University 2006

Acknowledgements

First and foremost, I feel always indebted to **Allah**, the most beneficent and merciful

I would like to express my sincere gratitude to **Prof. Dr. Yehia Mohammed & Shazly,** professor of Internal Medicine, Faculty of Medicine, Ain Shams University, whose guidance, moral support and follow up of the progress of this work were certainly the most real steps in accomplishing this work.

Profound gratitude is expressed to **Dr. Khaled****Bamdy Abd EL-Mageed, assistant professor of
Internal Medicine, Faculty of Medicine, Ain Shams
University, for his continuous guidance, his fruitful
criticism and generous advice throughout the whole work.

Great indebtedness is offered to **Dr. Manees**Ahmed Abd El-Mageed, lecturer of Internal

Medicine, Faculty of Medicine, Ain Shams University,
for her generous efforts she made in the practical part of
this work, and her support and advice throughout the
whole work that without her assistance, this work could
not be done.

Special thanks to **Dr. Hanan Badawy**, assistant professor of Internal Medicine, Faculty of Medicine, Ain Shams University, for her kind advice and support.

And last but not least, I wish to dedicate this work to my family for their continuous encouragement and valuable support, without whom, this work would not have been possible.

Contents

F	Introduction	1
F	Aim of the Work	3
F	Review of literature	4
	• Chapter I: Stomach and Gastroparesis	4
	• Chapter II: Diabetic Gastroparesis	37
	• Chapter III: Electrogastrography	72
F	Patients and Methods	115
F	Results	123
P	Discussion	149
F	Conclusion and Recommendations	161
F	Summary	163
F	References	166
P	Arabic summary	

List of Abbreviations

ALT	Alanine aminotransferase
AST	Aspartate aminotransferase
ASU	Ain Shams University
BUN	Blood urea nitrogen
CAN	Cardiovascular autonomic neuropathy
CNS	Central nervous system
CCK	Cholecystokinin
CBC	Complete blood count
CPM	Cycles per minute
CMV	Cytomegalovirus
DF	Dominant frequency
DM	Diabetes mellitus
DP	Dominant power
ECA	Electrical control activity
ERA	Electrical response activity
EGG	Electrogastrography
ENS	Enteric nervous system
EGD	Esophagogastroduodenoscopy
FFT	Fast Fourier Transform
FBG	Fasting blood glucose
FDA	Food and Drug Administration
FD	Functional dyspepsia
GERD	Gastroesophageal reflux disorders
GEA	Gastric electric activity

GE Gastric emptying

GER Gastric emptying rate

GI Gastrointestinal

GCSI Gastroparesis cardinal symptom index

HbA_{1C} Glycosylated hemoglobin

H pylori Helicobacter pylori

2hrs PPG 2 hours postprandial glucose

IC Instability coefficient

IGF-I Insulin-like growth factor-I

ICC Interstitial cells of Cajal

IBS Irritable bowel syndrome

MMC Migrating motor complex

MRI Magnetic resonance imaging

nNOS Neuronal nitric oxide synthase

NO Nitric oxide

NUD Non-ulcer dyspepsia

PC Personal computer

PR Power ratio

PT Prothrombin time

SW Slow wave

IC-SM Submucosal interstitial cells of Cajal

SD Standard deviation

SCF Stem cell factor

TPN Total parenteral nutrition

U/S Ultrasonography

List of Tables

Table No.	Title	Page No.	
	Tables of Review		
1	Etiology of gastroparesis (nonobstructive delayed gastric emptying	17	
2	Medications that affect gastric emptying	34	
3	Methods for evaluating gastric myoelectrical and contractile events	127	
	Tables of Results		
1	Comparison between Group I and Group II as regard blood glucose profile	125	
2	Comparison between group I and II as regard dyspeptic symptom score	126	
3	Comparison between groups I and II as regard autonomic neuropathy presence	127	
4	Comparison between groups I and II as regard gastric emptying rate (GER)	127	
5	Comparison between groups I and II as regard gastric emptying by real-time U/S	128	
6	Results of visual analysis of EGG in both types of diabetes (group I and II)	129	
7	Comparison between groups I and II as regard dominant frequency (DF)	129	
8	Comparison between groups I and II as regard power rest (fasting) of DF	130	
9	Comparison between groups I and II as regard power meal of DF	131	
10	Comparison between groups I and II as regard power ratio	131	
11	Gastric emptying rate (GER) in patients of group A and group B	132	
12	Sex distribution among patients with normal gastric emptying (group A) and patients with delayed gastric emptying (group B)	133	

Table No.	Title	Page No.
13	Age distribution among groups A with normal gastric emptying and B with delayed gastric emptying	133
14	Duration of diabetes mellitus in patients of group A and group B	134
15	Comparison between groups A and B as regard fasting blood glucose (FBG)	134
16	Comparison between groups A and B as regard 2-hour postprandial (PP) blood glucose	135
17	Comparison between groups A and B as regard glycated hemoglobin (HbA $_{\rm IC}$) level	136
18	Comparison between groups A and B as regard dyspeptic symptom score	137
19	Comparison between groups A and B as regard autonomic neuropathy presence	138
20	Comparison between groups A and B as regard visual analysis of EGG	139
21	Comparison between groups A and B as regard dominant frequency (DF)	140
22	Comparison between groups A and B as regard power rest	140
23	Comparison between groups A and B as regard power meal	141
24	Comparison between groups A and B as regard power ratio	141
25	Correlations between GER and age, duration of diabetes, blood glucose profile and power ratio in the studied diabetic patients	143
26	Correlations between dominant frequency DF and age, duration of diabetes, blood glucose profile and gastric emptying rate (GER) in studied diabetic patients	145
27	Correlations between power ratio and age, duration of diabetes, blood glucose profile and GER in the studied diabetic patients	146

List of Figures

Fig.	Title	Page No.
Figures of Review		
1	Normal functional anatomy of the stomach	5
2	Electrical and contractile activity of gastric smooth muscle cell	9
3	Neuromuscular work performed by the stomach	13
4	Schematic (A) and ultrasonographic vertical scan (B)	52
5	Possible location of the EGG electrodes	76
6	The recorded stomach slow wave and its spectral analysis	81
7	The electrogastrography (EGG) tracings and computer analysis from a normal volunteer	83
8	Representative raw electrogastrography tracings showing normal rhythm, bradygastria and tachygastria are shown	84
9	The raw tracings and computer analysis in a patient with an impaired electrogastrography (EGG) power response to meal ingestion	87
10	Running Fourier transformation at rest and meal in patients showing normal 3 cpm gastric signal	90
11	Running Fourier transformation at rest and meal in patients showing normal 3 cpm gastric signal with second harmonics at 6 cpm	90
12	Running Fourier transformation at rest and meal in patients showing tachygastria with absence of normal 3 cpm gastric signal	95
13	Running fourier transformation at rest and meal in patients showing bradygastria with absence of normal 3 cpm gastric signal	95
14	Electrogastrograph with 8 electrodes	121
15	EGG in ASU Hospital, Unit of Motility and EGG	121

Fig.	Title	Page No.
Figures of Results		
1	Mean values of blood glucose in both groups	135
2	Mean values of glycated hemoglobin in both groups	136
3	Comparison between group (A) and group (B) as regards visual analysis of EGG	139
4	Comparison between group (A) and group (B) as regards power ratio	142
5	Correlation between power ratio and fasting blood glucose	147
6	Correlation between power ratio and 2 hours PP glucose	147
7	Correlation between power ratio and HbA1C	148



Introduction & Aim of the Work

Introduction

Diabetic gastroparesis is a common and debilitating condition affecting millions of patients with diabetes mellitus worldwide. Gastroparesis affects both type I (Insulin dependent) and type II (Non-Insulin dependent) forms of diabetes. Diagnosis requires identifying the proper symptom complex, while excluding other entities (peptic ulcer disease, rheumatological diseases, medication effects) (Smith and Ferris, 2003).

Stacher et al., (2003) concluded that impaired gastric emptying and altered intragastric meal distribution in diabetes mellitus are related to autonomic neuropathy.

Hyperglycemia also impairs gastric motility and emptying in subjects with diabetes. Since the control of gastric emptying determines the rate of glucose delivery to the small intestine, glucose control may become erratic when gastric emptying is abnormal (*Mathur et al.*, 2001).

Neuromuscular abnormalities of the stomach maybe assessed noninvasively with gastric emptying tests, electrogastrography, and ultrasound (*Koch*, 1999).

The use of standardized real-time ultrasonography to determine gastric antral cross-sectional area in a single section of the stomach is a valid method for estimating gastric emptying rate (*Darwiche*, 1999).

Electrogastrography is the non-invasive measurement of gastric electrical activity. It is a reliable and accurate technique for the assessment of gastric myoelectrical activity providing information about frequency and regularity of the gastric slow wave. Electrogastrography has a developing role in the assessment of gastric dysfunction and on the effect of medical treatment (*Lawlor et al.*, 2001).

Abnormal gastric slow-wave frequencies have been observed in diabetic gastroparesis and are associated with impaired antral motor activity (*Chang et al.*, 2001).

Aim of this Work

To evaluate electrogastrographic changes in both insulin and non-insulin dependent diabetic patients with and without delayed gastric emptying.



Review of Literature