

New Modalities in the Management of Osteogenesis Imperfecta

Essay

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قال تعالى

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

أَوَلَمْ يَرَ الْإِنْسَانُ أَنَّا خَلَقْنَاهُ مِنْ نُطْفَةٍ فَإِذَا هُوَ خَصِيمٌ مُبِينٌ (٧٧) وَضَرَبَ لَنَا مَثَلًا وَنَسِيَ خَلْقَهُ قَالَ مَنْ يُحْيِي الْعِظَامَ وَهِيَ رَمِيمٌ (٧٨) قُلْ يُحْيِيهَا الَّذِي أَنشَأَهَا أَوَّلَ مَرَّةٍ وَهُوَ بِكُلِّ خَلْقٍ عَلِيمٌ (٧٩) الَّذِي جَعَلَ لَكُمُ مِنَ الشَّجَرِ الْأَخْضَرِ نَارًا فَإِذَا أَنْتُمْ مِنْهُ تُوقَدُونَ (٨٠) أَوَلَيْسَ الَّذِي خَلَقَ السَّمَاوَاتِ وَالْأَرْضَ بِقَادِرٍ عَلَى أَنْ يَخْلُقَ مِثْلَهُمْ بَلَىٰ وَهُوَ الْخَلَّاقُ الْعَلِيمُ (٨١) إِنَّمَا أَمْرُهُ إِذَا أَرَادَ شَيْئًا أَنْ يَقُولَ لَهُ كُنْ فَيَكُونُ (٨٢) فَسُبْحَانَ الَّذِي بِيَدِهِ مَلَكُوتُ كُلِّ شَيْءٍ وَإِلَيْهِ تُرْجَعُونَ (٨٣)



سورة يس من الآية (٧٧) إلى الآية (٨٣)

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List of abbreviations

Symbol	Abbreviation
ALP	Alkaline phosphatase
AVN	Avascular necrosis
BMD	Bone mineral density
COL1A1	Collagen type 1alpha 1 chain
COL1A2	Collagen type 1alpha 2 chain
CVS	Chorionic villus sampling
DI	Dentinogenesis imperfecta
DXA	Dual energy x-ray absorptiometry
FDA	Food and drug association
FIO	Fibrogenesis imperfecta ossium.
HYP	Hydroxyproline
IM	Intra medullary
IUT	Inutero transplantation
MSC	Mesenchymal stem cell
MHC	Major histocompatibility complex
OI	Osteogenesis imperfecta
ONJ	Osteonecrosis of the jaw
RDA	Recommended daily allowance

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Introduction

Osteogenesis Imperfecta (OI) constitutes several genetically and clinically heterogeneous syndromes characterized by skeletal fragility. Other manifestations are dentinogenesis imperfecta, blue sclera, deafness and ligamentous hyperlaxity. Clinical features include multiple fractures, knee deformities and scoliosis.⁽¹⁸⁾ Hearing function, dentinogenesis imperfecta, cardiac and respiratory function and neurological changes must be monitored. OI is caused by quantitative and qualitative defect in collagen synthesis.⁽¹⁷⁾ It is difficult to distinguish the tarda form from child abuse.⁽¹⁵⁾

Several types of treatment are available: non surgical management [physical therapy, rehabilitation, bracing and splinting], surgery (intramedullary rods , spinal and basilar impression surgery) and drugs to increase the strength of bone and decrease the number of fractures.⁽¹⁶⁾ Good nutrition and an aggressive rehabilitative approach is indicated to optimise functional ability and walking capacity.⁽²⁾ Appropriately timed surgery to insert intramedullary rods provides improved function of extremities despite high rate of complications.^(8,14)

Intramedullary telescopic rodding has proven to be the most successful method of preventing and correcting fractures and deformities of long bones improving walking ability and leading

to successful rehabilitation of even severely affected patients.⁽³⁾ Surgery is required in patients with progressive spinal deformity, and in those with symptomatic basilar impression.^{(6),(7)}

Pharmacological therapies aimed at strengthening bones are available, which decrease the pain and fracture rate in particular bisphosphonates which increase bone mineral density (BMD) and improve bone resistance leading to a decrease in fracture rate. ^(5,9,11) Combining pamidronate with surgery has good results over surgery alone.⁽⁴⁾ Women with OI and osteoporosis should take estrogen replacement therapy.⁽¹⁾

More recently stem cell replacement therapy in the child or fetus has been proposed as a therapeutic option.⁽¹⁰⁾ Growth hormone is beneficial in patients with moderate forms of OI showing positive effect on bone turnover, BMD and high velocity rate of linear growth. ⁽¹²⁾

Gene therapy may be directed towards either replacing cells carrying the mutant gene with normal cells or silencing the mutant allele using antisense suppression therapy, thus transforming a biochemically severe form of OI into a mild form. ⁽¹³⁾

Much work is still necessary before recommending these techniques in clinical practice.⁽¹³⁾

Aim of the study

The aim of this study is to review the literature discussing the new modalities in the management of OI.

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Protocol

Introduction

Osteogenesis Imperfecta (OI) is an autosomal dominantly or recessively inherited disorder primarily caused by mutations of type I collagen genes, COL1A1 on chromosome 17 and COL1A2 on chromosome 7.⁽⁸⁷⁾

OI is characterized by osteopenia , multiple bone fractures , dentinogenesis imperfecta , kyphoscoliosis , joint hyperlaxity , easily bruised skin , blue sclera, conductive hearing loss , inguinal hernia , mitral valve prolapse, and aortic insufficiency .⁽⁸²⁾

Therefore, a thorough evaluation of the ear, skin, teeth, cardiovascular and orthopaedic systems is needed. Bone deformities and recurrent bone fractures are the major concerns for patients with OI. ⁽⁸⁷⁾

The disease is classified into seven types by phenotype and mode of inheritance .⁽⁸⁷⁾

Table 1.Clinical classification of OI.⁽⁸⁷⁾

Classification	Clinical severity	Clinical picture
Type I OI	Classical mild OI	Complete non-functional COL1A1 usually minimal bone deformities, occasional fractures before puberty, blue sclera, dentinogenesis imperfecta and normal height.
Type II	Perinatal. lethal	Inutero and perinatal death occur.
Type III	Progressive, deforming	High frequency of fractures and severe progressive deformities

Type I V	Moderately deforming	Normal sclera, dentinogenesis imperfecta and less severe deformities are present.
Type V	Moderately deforming	Bone fragility, dislocation of radial head, mineralized interosseous membrane, hyperplastic callus, short stature and white sclera.
Type VI OI	Moderate to severe deforming	Disordered mineralization of bone tissue, white sclera, and scoliosis.
Type VII	Moderate to severe deforming	Bone fragility, rhizomelia and coxa vara.

The treatment of OI requires a multidisciplinary team to maximize function and comfort, and decrease fracture incidence.⁽¹⁵⁾

Medical treatment with bisphosphonates has allowed for safer, more effective surgical management of children with OI.

indications and choices of surgical techniques based on recent clinical studies⁵ .⁽¹⁵⁾

Several new intramedullary rodding surgical techniques and modifications of older techniques have been developed to correct deformities of the long bones.

These techniques decrease the trauma associated with surgical treatment .⁽⁷³⁾

The newer techniques limit postoperative immobilization, enabling earlier rehabilitation, and allowing for treatment of multiple bones simultaneously .⁽¹⁵⁾

Recent medical and surgical advances have allowed improved safety, function and comfort in treating children with OI.⁽⁴⁵⁾