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Effect of Lidocaine Phonophoresis In Spasticity Modulation Of Spastic Hemiplegic Children

21/9/08

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By

Wagdy William Amin

B.Sc., physical therapy, 2000

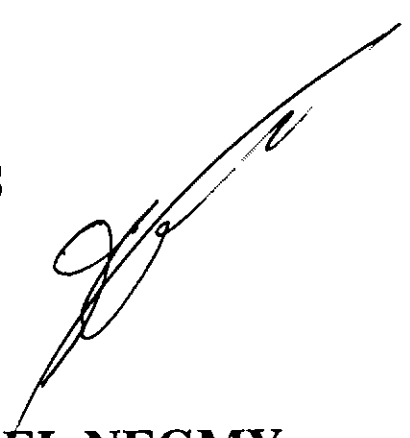
Department of Physical Therapy for Disturbances
of Growth and Development in Pediatrics and Its Surgeries

Thesis

**For partial fulfillment of the requirements of
the Master Degree in Physical Therapy**

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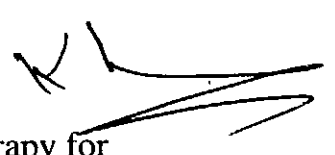
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Dedication

TO MY BELOVED
PARENTS,
MY SINCERE BROTHER
AND SISTER

Effect of lidocaine phonophoresis in spasticity modulation of spastic hemiplegic children/ Wagdy William Amin; supervisors: prof. Dr. **EMAM HASSAN EL NEGMY**, Dr. **KHALAD AHMED OLMA**, Dr. **MARYAN YOSSERY FAHMY GERGUSS**, Faculty of Physical Therapy, Cairo University, Master Thesis

Abstract

Back ground: The purpose of study was to examine the effect of lidocaine phonophoresis in spasticity modulation of spastic hemiplegic child. Thirty spastic hemiplegic cerebral palsied children were assigned randomly into two equal groups. Subjects in study group (n = 15) received lidocaine phonophoresis in addition to traditional exercise program. Whereas subjects in control group (n = 15) received therapeutic ultrasound, topical anaesthesia (lidocaine) and traditional exercise treatment. The following parameters including muscle tone and laboratory examination (3-D motion) were measured before and after three months of treatment. **Results:** there is significant improvement in the study group in comparison to control group. **Conclusion:** lidocaine phonophoresis is an effective additional tool to physical therapy program in treatment of hemiparetic C.P. children as it plays an important role in decreasing spasticity and improving patient gait pattern.

Key words: cerebral palsy, spasticity, 3-D measurement, lidocaine phonophoresis

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