# **Assessment of Cellular Antigen Stimulation Test in Diagnosis of Drug Allergy**

#### Thesis

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### **List of Abbreviations**

ACE : Angiotensin converting enzyme inhibitor

ADEs : Adverse drug events ADR : Adverse drug reaction

AERD : Aspirin-exacerbated respiratory disease

AGEP : Acute generalized exanthematous pustulosis

ANA : Antinuclear antibody

ANCA : Antineutrophil cytoplasmic antibody

ASA : Acetylsalicylic acid

AX : Amoxicillin

BAT : Basophil activation test

BLs : Betalactams

Bp : Benzylpenicillin

Bpo : Benzylpenicilloyl determinant

BSA : Body surface area

BSACI : British Society for Allergy and Clinical

Immunology

CFSE : Carboxyfluorescein N-succinimidyl ester CLA : Cutaneous lymphocyte-associated antigen

COX : Cyclooxygenase CXR : Chest X-ray

DAIG : Drug Allergy Interest Group

DBPCFC: Double-blind placebo-controlled food

challenge

DHR : Drug hypersensitivity reactionsDILE : Drug-induced lupus erythematosus

DMARDS : Disease-Modifying Antirheumatic Drugs

DPT : Drug provocation test

DRESS : Drug rash with eosinophilia and systemic

symptoms

DTDHR : Delayed-type drug hypersensitivity reactions

### **List of Abbreviations (Cont.)**

EAACI : European Academy of Allergology and

Clinical Immunology

EBV : Ebstein bar virus

ELISA : Enzyme-linked immunosorbent assay ELISPOT : Enzyme-linked immunosorbent spot

EM : Erythema multiforme

ENDA : European Network of Drug Allergy FACS : Fluorescence-activated cell sorting

FAST : flow-cytometric allergen stimulation test

FBC : Full blood count FDE : Fixed drug eruption

FEIA : Fluorescent enzyme immunoassay FESS : Functional endoscopic sinus surgery

GA2LEN: Global Allergy and Asthma Euroepan

Network

HANNA : European Network on Hypersensitivity to

Aspirin and Nonsteroidal Anti-Inflammatory

Drugs

HAS : Human serum albuminICM : Iodinated contrast media

IDT : Intradermal test

IL : InterleukinL-ASA : Lysine aspirin

LAT : Lymphocyte activation test.

LFT : Liver function test

LTT : Lymphocyte transformation test MAPK : Mitogen-activated protein kinase

MDM : Minor determinant mixtureMPE : Morbilliform exanthemasMPEs : Maculopapular eruptions

NECD : NSAIDs-exacerbated cutaneous diseaseNERD : NSAIDs-exacerbated respiratory disease

### **List of Abbreviations (Cont.)**

NIUA : NSAIDs-induced urticaria/angioedema

NMBA : Neuromuscular-blocking agents

NPV : Negative predictive value

NSAIDs : Non-steroidal anti-inflammatory drugs

NSF : Nephrogenic systemic fibrosis

OPT : Oral provocation test PAMAM : Polyamidoamine

PPL : Penicilloyl-polylysine RAST : Radio allegro sorbent test

RCM : Radiocontrast media RIA : Radioimmunoassay

SCAR : Severe cutaneous adverse reactions.

sIgE : Specific IgE

SJS : Stevens-Johnson Syndrome

Slt : Sulfidoleukotrienes

SNIRD : Single-NSAID-induced delayed

hypersensitivity reactions

SNIUAA : Single-NSAID-induced urticaria/angioedema

or anaphylaxis

SPT : Skin prick test

STAT : Signal transducer and activation of

transcription

TCR : T-cell receptors

TEN : Toxic epidermal necrolysis (TEN TMPSMX : Trimethoprim-sulfamethoxazole

TNF : Tumor necrosis factor U&E : Urea and electrolytes

WAO : World Allergy Organization

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### Introduction

Adverse drug reactions (ADRs) result in major health problems in the both the inpatient and outpatient setting. ADRs are broadly categorized into predictable (type A and unpredictable (type B) reactions. Predictable reactions are usually dose dependent, are related to the known pharmacologic actions of the drug, and occur in otherwise healthy individuals, they are estimated to comprise approximately 80% of all ADRs. Unpredictable are generally dose independent, are unrelated to the pharmacologic actions of the drug, and occur only in susceptible individuals. Unpredictable subdivided reactions are into drug intolerance, drug idiosyncrasy, drug allergy (IgE mediated), and pseudo allergic reactions (non-IgE mediated). Both type and B reactions may be influenced by genetic predisposition of the patient (Solensky et al., 2010).

allergy encompasses spectrum Drug a of immunologically-mediated hypersensitivity reactions with varying mechanisms and clinical presentations. This type of adverse drug reaction (ADR) not only affects patient quality of life, but may also lead to delayed treatment, unnecessary investigations, and even mortality. Given the myriad of symptoms associated with the condition, diagnosis is often the challenging. Diagnosis of etiology of hypersensitivity is a vital step in therapy, which is mainly done through patient history, as skin testing is not always reliable and oral provocation testing is life-threatening. Hence, evidence for an underlying IgE mediated mechanism is difficult to obtain (Refaat and Attia 2011). Also routine or validated tests are not available for the majority of drugs, considerable experience is required for the investigation of allergic drug reactions undertake specific and to drug challenge. A missed or incorrect diagnosis of drug allergy can have serious consequences (Mirakian et al., 2009).

Some reactions closely resemble allergic reactions and allergic-like or pseudo-allergic (non-IgE This includes anaphylactoid reactions mediated). clinically resemble anaphylaxis, since in both situations chemical mediator release or activation is responsible for these symptoms (Anderson et al., 2007). Non-IgE-mediated reactions to drugs account for the majority of adverse reactions encountered in clinical practice. It is usually by careful history taking and keeping a diary of exposure in relation to clinical exacerbation that is identified as the possible culprit for the adverse reaction. Until recently, there was no laboratory test available to evaluate clinical sensitivity to non-IgE-mediated triggers of adverse reactions to drugs (Potter 2006).

The insight in the cellular immunological background of allergic diseases has increased tremendously the past 20 years, and this has spurred an interest in using cellular systems for in vitro diagnosis of allergic diseases. In spite of a vast literature on cellular aspects of allergy and immunology only a few tests have actually been introduced in the clinic (*Poulsen et al.*, 2004).

Some cellular tests, i.e. tests determining the reactivity of blood cells in vitro, particularly basophils, to allergens, have been available for many years. The determination of histamine release has been widely used in pathophysiological research but its routine application in allergy diagnosis has been restricted to few groups. Basophil degranulation, as determined by microscopic examination, was promoted by some groups in the 1980's but has been largely abandoned since around 10 years ago; an alternative cellular test. based on the determination of

### Introduction and Aim of the Work

sulfidoleukotrienes (LTC4, LTD4, LTE4) produced by IL-3 primed basophils stimulated by allergens in vitro, has been proposed (Weck and Sanz, 2003).

The cellular antigen stimulation test (CAST) is useful for detecting non-IgE-mediatedsensitivity to drugs (**Potter 2006**).

A large number of reports on CAST diagnostic value establish the value of this diagnostic test, particularly in instances where other in vitro or in vivo diagnostic tests are not reliable, such as food or drug allergies, as well as in non-IgE- mediated immediate hypersensitivity reactions(Weck and Sanz, 2003).

The CAST-ELISA (Buhlmann Laboratories, Switzerland) has gained respectability as an important test in the allergy diagnostic arena, if properly selected and interpreted (**Potter 2006**).

However, a number of questions about the CAST diagnostic assay are still open or have not been systematically explored. This may explain, in addition to the practical limitations inherent to all allergy cellular tests, why CAST has not yet become a very widely used assay worldwide, having gained broad acceptance in some countries but not in others (Weck and Sanz ,2003).

### Introduction and Aim of the Work

### Aim of the Work

The aim of this work is to evaluate the efficacy of CAST(cellular allergen stimulation test) in diagnosis of patients with history of allergy to drugs and compare values with healthy control.

### Chapter (1)

### **Drug Allergy**

### **Definition:**

The WHO has defined an ADR as 'An appreciably harmful or unpleasant reaction, resulting from an intervention related to the use of a medicinal product, which predicts hazard from future administration and warrants prevention or specific treatment, or alteration of the dosage regimen, or withdrawal of the product(Edwards and Aronson, 2000).

ADRs affect quality of life, may lead to unnecessary investigations or even death. Allergic reactions to drugs are ADRs and anaphylaxis to drugs is the commonest cause of fatal anaphylaxis in adults with a mean time to death of around five minutes (**Pumphrey**, 2000). Antibiotics, NSAIDs, general anaesthetics and radiocontrast media are listed as the commonest culprit drugs in fatal anaphylaxis (**Mirakian** et al., 2009).

Adverse drug reactions (ADRs) are broadly divided into predictable (related to pharmacologic actions of the drug in otherwise normal individuals) and unpredictable reactions (related to individual's immunological response and, on occasion, to genetic differences in susceptible patients). Drug allergy is a type of unpredictable reaction (**Johansson et al., 2003**).

ADRs should be differentiated from adverse drug events (ADEs) (**Morimoto et al., 2004**) as ADEs extend beyond ADRs to include harm related to medication errors and drug/food interactions.