SERUM APELIN IN CHILDREN AND ADOLESCENTS WITH TYPE 1 DM: RELATION TO GLUCOSE METABOLISM AND INSULIN SENSITIVITY

Thesis
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List of Abbreviations

AA Aminoacids

ACE2 Angiotensin converting enzyme 2

ACTH Adrenocorticotrophic hormone

ADA American Diabetes Association

Ang II Angiotensin II

APJ Apelin recpeotr

AT-1 Angiotensin II type 1 receptor

AUC Areas under the curve

BMI Body mass index

cGMP Cyclic guanosine monophosphate

CNS Central nervous system

CVD Cardiovascular disease

DAG Diacylglycerol

DIAMOND Diabetes mondiale

DM Diabetes mellitus

eNOS Endotheial nitric oxide Synthase

ERKs Extracellular regulated kinases

EURODIAB European diabetes

FSH Follicle stimulating hormone

GPCRs G protein-coupled membrane receptors

h Hour

HO Null hypothesis

HbAlc Glycosylated Hemoglobin

HF heart failure

HLA Human Leucocytic Antigen

HOMA-IR Homeostatic model assessment- insulin

resistance

IDDM insulin-dependent diabetes mellitus

IL interleukin

kg kilogram

LADA latent auto-immune diabetes of adult

LH luteinizing hormone

MCP monocyte chemo-attractant protein

MHC major histocompatibility complex

ml milliliter

NCX Na+-Ca2+ exchanger

ng nanogram

NHE Na+-H+ exchanger

NO nitric oxide

PCR polymerase chain reaction

PI3K Phosphoinositide 3-kinase

PKC Protein Kinase C

PLC phospholipase C

P_{max} Maximum pressure

pmol pico mole

PTX pertussis toxin

SNPs Single nucleotide polymorphisms

T1D Type 1 diabetes

T2D Diabetes mellitus type 2

Th T helper cell

TNFa Tumor necrosis factor -α

Introduction

Diabetes Mellitus (DM) is group of metabolic diseases characterized by hyperglycemia resulting from defect in insulin secrtion, insulin action, or both (American Diabetes Association, 2007).

Apelin, a recently described adipocytokine, is abundantly expressed in adipose tissue and produced in the endothelial cells in various parts of the body (*Kleinz et al.*, 2004).

Plasma apelin levels were reported to increase in obesity in association with hyperinsulinemia (*Boucher et al., 2005*).

The first evidence of an involvement of apelin on insulin secretion came from the study of Sorhede Winzell et al. showing that apelin inhibits insulin secretion stimulated by glucose in vivo in mice and in vitro in isolated islets of Langerhans (Sorhede Winzell et al., 2005).

Apelin was also shown to stimulate glucose transport in an AMPK-dependent manner in human adipose tissue (*Attane et al., 2011*). Moreover, in insulin-resistant 3T3-L1 adipocytes (due to TNFa treatment for 24 h), insulin-stimulated glucose uptake was reduced by 47%, whereas apelin treatment resulted in an increased glucose uptake through the PI3K/Akt pathway and improved insulin-stimulated glucose uptake (*Zhu et al., 2011*).

Intravenous apelin administration at low concentration (200 pmol/kg) decreased blood glucose in mice and improved glucose (*Dray et al.*, 2008).

Furthermore during an hyperinsulinemic-euglycemic clamp, when the hepatic glucose production is totally inhibited, apelin increases glucose utilization throughout the entire organism mainly due to a rise in glucose uptake by skeletal muscles and adipose tissues. In isolated skeletal muscle (soleus), apelin stimulates glucose transport and its effect is additive to that of insulin (*Dray et al., 2008*).

The role of central apelin on glucose metabolism has been recently studied in our group. Acute intracerebroventricular, apelin has differential effect depending of the injected dose and the nutritional status. Acute low-dose intracerebroventricular. apelin injection decreased peripheral fed glycemia, increased glucose and insulin tolerance in mice via a NO signaling pathway. All these beneficial actions of i.c.v. apelin on glucose homeostasis were blunted in **HFD** obese/diabetic mice. As the opposite, acute high-dose of intracerebroventricular. injection apelin provoked fasted hyperglycemia/ hyperinsulinemia and decreased insulin sensitivity in normal mice (Duparc et al., 2011).

Aim of the work

To evaluate Serum apelin level in children and adolescent with type 1 diabetes mellitus and its relation to glycemic control, lipid metabolism and markers of insulin sensitivity.

Diabetes Mellitus

Definition

Diabetes mellitus (DM) is a group of metabolic disorders characterized by hyperglycemia resulting from defect in insulin secretion, action, or both (ADA, 2007).

DM is not a simple disease but it is a heterogeneous group of disorders in which there are distinct genetic pattern of inheritance as well as separate etiologic and physiologic mechanisms all leading to impairment of glucose metabolism (*Gabir et al.*, 2000).

Systemic vascular dysfunction is a central part of the pathophysiology of both type I insulin dependent and type II non insulin dependent coronary heart disease is the leading cause of morbidity and mortality in diabetes and account for 60% of death in this group peripheral vascular disease, retinopathy and nephropathy are all more common in diabetes and lead to significant morbidity (Schallewijle et al., 2005).

The development and progression of diabetic complications are strongly related to the degree of glycemic control (*Ozmen and Boyuada*, 2003).

Classification

Etiologic classification of diabetes mellitus American diabetes Association (ADA, 2007)

 I. Type 1 B -cell destruction, usually leading to absolute i a. Autoimmune 	nsulin deficiency
b. Idiopathic	
II. Type 2	
May range from predominantly insulin resistand to a predominantly secretory defect with or with	
III. Other specific types	
A. Mongenic defects of B -cell function	F. Drug- or chemical-induced
1. HNF-1a MODY (MODY 3),	1. Glucocorticoids
2. Glucokinase MODY (MODY 2)	2. Vacor
HNF-4 a MODY (MODY 1),	3. Pentamidine
4. HNF-18 MODY (MODY 4)	4. Nicotinic acid
WFS1 Wolfram syndrome	Thyroid hormone
6. Neonatal diabetes	6. Diazoxide
7. Other MODY	8-adrenergic agonists
B. Mitochondrial diabetes	8. Thiazides
	9. Dilantin
	10. a -Interferon
	11. Others
C. Genetic defects in insulin action	G. Infections
1. Type A insulin resistance	 Congenital rubella
2. Leprechaunism	2. Cytomegalovirus
Rabson-Mendenhall syndrome	3. Others
4. Lipoatrophic diabetes	
5. Others	