### APROVAL SHEET

## BIOCHEMICAL STUDIES ON THE RELATION OF SOME HORMONES WITH BLOOD GLUCOSE LEVEL

M.Sc. Thesis
In
Agric. Sci. (Agricultural Biochemistry)

By

### **DINA BELAL ABD ELRHEIM**

B.Sc. Agric. Sci. (Agricultrural Biochemistry), Fac. Agric., Cairo Univ., 2003 Diploma Agric. Sci. (Agricultural Biochemistry), Fac. Agric., Cairo Univ., 2003

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### **THESIS**

Submitted in Partial Fulfillment of the Requirements for the Degree of

### MASTER OF SCIENCE

In

**Agricultural Sciences** (Agricultural Biochemistry)

Department of Agricultural Biochemistry
Faculty of Agriculture
Cairo University
EGYPT

2010

### SUPERVISION SHEET

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# دراسات كيميائيه حيويه على علاقة بعض الهرمونات بمستوى سكر الدم

### رسالة مقدمة من

دينا بلال عبد الرحيم بكالوريوس في العلوم الزراعية (كيمياء حيوية زراعية) - كلية الزراعة – جامعة القاهرة ، ٢٠٠٣ دبلوم في التحاليل الكيميائية الزراعية – كلية الزراعة – جامعة القاهرة ، ٢٠٠٤

للحصول على درجة

الماجستير

في

العلوم الزراعية (كيمياء حيوية زراعية)

قسم الكيمياء الحيوية الزراعية كلية الزراعة جامعة القاهرة مصر

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# **DEDICATION**

I dedicate this work to whom my heart felt thanks; to my mother Faiza and my cousin Mohamed for their patience and help, as well as to my family, my sister and my brothers for all the support they lovely offered along the period of my post graduation.

# ACKNOWLEDGEMENTS

First I am deeply thankful to Allah to the grace of whom the present work was realized.

I wish to express my sincere thanks, deepest gratitude and appreciation to **Dr. Samir. A. Ahmed**, Professor of Biochemistry, Faculty of Agriculture, Cairo University for suggesting the problem, supervision, continued assistance and his guidance throughout the course of study, revision the manuscript of this thesis and his unlimited help in writing up the thesis.

Sincere and special thanks to **Dr. Sayed A. Sayed,** Lecturer of Biochemistry, Faculty of Agriculture, Cairo University for sharing the supervision, providing help during the study, help in the biological part of study, help in writing up the thesis and encouragement.

Special thanks to **Dr. Ghada I. Mahmud**, Lecturer of Biochemistry, Faculty of Agriculture, Cairo University for sharing the supervision, providing help during the study, help in writing up the thesis and encouragement.

Grateful appreciation is also extended to all staff members of Biochemistry Department, Faculty of Agriculture, Cairo University.

Special deep appreciation is given to my family members, and my friends. Also, I feel deeply grateful to my country Egypt.

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#### **ABSTRACT**

Seventy six blood samples were taken from 66 volunteers (38 male and 28 female) of type-2-diabetic patients and 10 samples from intact subjects. Serum samples were collected from the lab. New Kasr El-Aini Teaching Hospital, Faculty of Medicine, Cairo University, Egypt. The age of patients and control varied from 35 to 50 years. Serum glucose, insulin and adiponectin levels were measured at fasting and postprandial states. Serum glucose and insulin levels in diabetic patients were higher than that to control subjects. Whilst the serum adiponectin levels in all type-2diabetic patients (10.57-15.47µg/ml) were significantly lower than that of control patients (23.35µg/ml). Serum adiponectin level was significantly and negatively correlated with serum glucose. In male and female diabetic patients, the adiponectin levels varied from 13.45 to 15.05µg/ml and from 7.68 to 17.10µg/ml, respectively. A negatively significant correlation was present between serum insulin and adiponectin levels in male patients. At postprandial state, the glucose level was elevated with both insignificant increase in insulin level and decrease in adiponectin level. The data suggest that blood adiponectin must be determined and adjusted to the normal level by medicine before curing of type-2-diabetic mellitus.

**Keywords:** Type-2-diabetic patients, serum glucose, serum insulin, serum adiponectin, fast blood sugar and postprandial blood sugar.

اسم الطالبة: دينا بلال عبد الرحيم الدرجة: ماجستير

عنوان الرسالة: در اسات كيميائية حيوية على علاقة بعض الهرمونات بمستوى سكر الدم

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### المستخلص العربي

تم سحب ٧٦ عينة دم قسمت الى ٦٦ عينة (٣٨ رجال و ٢٨ سيدات) لمرضى السكر من النوع الثاني و ١٠ عينات كنترول و تم اخذ هذه العينات من معمل المستشفى التعليمي الفرنساوي – القاهرة - مصر ويتراوح عمر المرضى و الكنترول من ٣٥ الى ٥٠ سنة و تم تقدير السيرم الجلوكوز و الانسولين و الاديبونكتين في عينات السكر الصائم و الفاطر و لوحظ ارتفاع في مستوى جلوكوز السيرم و الانسولين لمرض السكر مقارنة بحالات الكنترول. وكان مستوى الاديبونكتين في كل مرضى السكر من النوع الثاني ( ١٠٠٥٧ \_ ١٥.٤٧ ميكروجرام / ملي) منخفض معنويا عن حالات الكنترول و التي كانت (٢٣.٣٥ ميكرو جرام / ملى ). كان هناك علاقة معنوية عكسية مع مستوى الاديبونكنين للجلوكوز في الرجال و السيدات مرضى السكر حيث كان هناك تنوع في مستوى الاديبونكتين من ١٣.٤٥ الى ١٥٠٠٥ ميكروجرام / ملى و من ٧٦٦٧ الى ١٧.١٠ ميكروجرام / ملى على التوالي. و كان هناك علاقة معنوية عكسيه بين مستوى الانسولين و الاديبونكتين في مرضى الرجال. بينما في حالة السكر الفاطر كان مستوى الجلوكوز مرتفع مع زيادة غير معنوية في مستوى الانسولين و منخفض في مستوى الاديبونكتين. هذه البيانات تقترح ان مستوى الاديبونكتين يجب تحسينه و زيادته الى المستوى الطبيعي بواسطة الادوية قبل بدء علاج مرض السكر من النوع الثاني.

الكلمات الدالة: مرضى السكر من النوع الثانى ، سيرم الاديبونكتين، سيرم الانسولين، سيرم جلوكوز، السكر الصائم و السكر الفاطر.

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