



شبكة المعلومات الجامعية

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



شبكة المعلومات الجامعية
@ ASUNET



شبكة المعلومات الجامعية التوثيق الالكتروني والميكروفيلم



شبكة المعلومات الجامعية

جامعة عين شمس

التوثيق الالكتروني والميكرو فيلم

قسم

نقسم بالله العظيم أن المادة التي تم توثيقها وتسجيلها
علي هذه الأفلام قد أعدت دون أية تغيرات



يجب أن

تحفظ هذه الأفلام بعيدا عن الغبار

في درجة حرارة من ١٥-٢٥ مئوية ورطوبة نسبية من ٢٠-٤٠%

To be Kept away from Dust in Dry Cool place of
15-25- c and relative humidity 20-40%

بعض الوثائق الأصلية تالفة

بالرسالة صفحات لم ترد بالاصل

١٠٧٧

NEUROPROTECTION IN GLAUCOMA

ESSAY

*Submitted for partial fulfillment
of M.Sc. Degree of Ophthalmology*

BY:

Riham M. Mortada Afifi
(M.B., B.Ch.)

Supervised by:

Prof. Dr. Abdul Aziz Ali Saad
Professor of Ophthalmology
Cairo University

Dr. Mohammed Karam El Basty
Lecturer of Ophthalmology
Cairo University

CAIRO UNIVERSITY
2001

جامعة القاهرة / كلية الطب
التنسيق الميسر

محضر

اجتماع لجنة الحكم على الرسالة المقدمة من
الطبيب / محمد / مصطفى
توطئة للحصول على درجة الماجستير / الدرجة
في طب أمراض العيون

تحت عنوان : باللغة الانجليزية : Neuroprotection in Glaucoma

: باللغة العربية : وقاية العصب البصري في حالات
المياه الزرقاء

بناءً على موافقة الجامعة بتاريخ / / ١٩ تم تشكيل لجنة الفحص والمناقشة للرسالة
الكبرى أملاء على النحو التالي :-

- (١) أ. د. عبد العزيز من المشرف
- (٢) أ. د. محمد من المشرف
- (٣) أ. د. محمد من المشرف

بعد فحص الرسالة بواسطة كل عضو مفردا وكتابة تقارير مفردة لكل منهم لمناقشة اللجنة مجتمعة فـ
يتم بتاريخ / / ١٩ بنسب
بكتابة الطب - جامعة القاهرة وذلك لمناقشة الطالب في جلسة علنية في موضوع الرسالة والنتائج التي توصل
اليها وكذلك الامس العلمية التي قام عليها البحث .

قررت اللجنة : قبول الرسالة

توقيعات أعضاء اللجنة :-

الموافق للمناقشة
الموافق للمناقشة

(صام)

الموافق للمناقشة

الموافق للمناقشة

الموافق للمناقشة

الموافق للمناقشة

Abstract

Glaucoma is one of the leading cause of bilindness all oer the world. It cn be defined as a disease in which one of the pathophysiological consequences of raised intraocular pressure (IOP) is damage to the optic nerve and, subsequently, loss of the restinal ganglion cells. The fact that patients with glaucoma constinue to develop visual field defects long after the therapeutic normalization of their IOP suggests that elevated IOP alone cannot explain the propagation of glaucomatous optic neuropathy. .

However, many of these drugs have been used for the treatment of other conditions, and in order to achieve efficacy in glaucoma, should be used systmeically. This holds the risk of producing adverse reactions affecting other systems. Other drugs are still under clinical studies and are not available commercially.

Keywords: Genglion cell layer- Nerve fiber layer- Optic nerve head- The retina- The Optic nerve - Ocular circutation.

Final
Quest
revised

Index of Contents:

* Acknowledgment	3
* Introduction and aim of work	4
* List of abbreviations	5
* Chapter I: Anatomy	7
•Ganglion cell layer	7
•Nerve fiber layer	9
•Optic nerve head	10
□ Blood supply of the optic nerve	12
* Chapter II: Physiology	18
•The retina	18
□ Retinal neural connection	18
□ Synaptic mechanisms and Neurotransmitters	19
•The optic nerve	20
•Ocular circulation	21
□ Fine structure and blood-retinal barriers	21
□ Control of circulation	23
□ Ocular blood flow and relevance to glaucoma	27
*Chapter III: Pathophysiology	28
•Cells involved in glaucomatous optic neuropathy	28
•Mechanism of RGC death	29
□ Cell death by apoptosis	31
•Possible factors triggering RGC death	35
□ Ischemia	35

□ Excitotoxicity	37
□ Withdrawal of trophic support	38
□ Nitric oxide	38
□ Inflammation	41
□ Role of Zinc	42
*Chapter IV: Early Detection of Glaucomatous optic neuropathy	45
• Ophthalmoscopic picture of the normal optic nerve head	41
• Glaucomatous damage	48
• Diagnostic techniques	50
□ Imaging technologies	51
□ Psychophysical testing	54
*Chapter V: Neuroprotection	59
• Interrupting the cascade of events leading to RGC death	59
□ Antiapoptosis	61
□ Preventing excitotoxicity	70
□ Preventing the destructive effects of nitric oxide	72
□ Other measures	72
• Improving ocular blood flow	73
• Reducing intraocular pressure	77
*Summary	82
*References	84
*Arabic Summary	

ACKNOWLEDGMENT

First and foremost thanks to The Lord to whom any success is related

I would like to express my deepest gratitude and appreciation to *Prof. Dr. Abdul Aziz Ali Saad* Professor of Ophthalmology, Faculty of Medicine, Cairo University, whose much interest, vast knowledge and help allowed me to accomplish this piece of work.

I also wish to express my sincere and heartfelt thanks to *Dr. Mohammed Karam El Basty*, lecturer of Ophthalmology, Faculty of Medicine, Cairo University, for his honest help, keen interest, valuable advice and constant encouragement throughout the performing of this work. I would also like to thank him for the great effort he made with me to help bring this work in the best shape.

INTRODUCTION

Glaucoma is the one of the most prevalent causes of global blindness. It can be defined as a disease in which one of the pathophysiological consequences of raised intraocular pressure is damage of the optic nerve, and subsequently loss of the retinal ganglion cells (RGC). Thus the rise of intraocular pressure (IOP) is only the initial insult, that causes impairment of the blood flow, or enhances the increase or release of substances, as glutamate or nitric oxide, with a concentration sufficient to induce RGC death. RGC death is the final common pathway of virtually all diseases of the optic nerve, including glaucomatous optic neuropathy. In recent years, it has been shown that retinal ganglion cells die after a programmed cell death process called apoptosis. There are ample clinical indications for the existence pressure-dependant and pressure independent mechanisms for glaucomatous optic neuropathy. Such mechanisms might operate over a wide range of intraocular pressure, and would contribute to damage both at low or high pressures.

Recent scientific advances include studies of hemodynamic and biochemical factors involved in the development of glaucomatous optic neuropathy. However, treatment of glaucoma continues to be directed at lowering the IOP to decrease the likelihood of disease progression. Interest has been increasing in preventing progression of glaucomatous optic neuropathy using approaches based on the premises that glaucoma is a neurodegenerative disease. Substances that prevent the excitotoxic cascade of glutamate or nitric oxide are, therefore, often found to act as neuroprotective agents.

AIM OF THE STUDY:

This essay deals with the review of the literatures about the pathophysiology of glaucomatous optic neuropathy, early detection of nerve affection as well as the proposed neuroprotective drugs and their therapeutic role in the management of the disease.