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**Effect of regular use of  
Phosphodiesterase Inhibitors on  
penile vasculature in  
Erectile Dysfunction  
Thesis**

*Submitted for Partial Fulfillment of  
Master Degree in Urology*

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Ain Shams University  
2012**

# تأثير الاستخدام المنتظم لمثبطات الفوسفداستريز على الاوعية الدموية للقضيب في حالات العنة

## رسالة عملية

توطئة للحصول على درجة الماجستير  
في جراحة المسالك البولية

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جامعة عين شمس  
2012

## *ACKNOWLEDGEMENT*

First of all, my thanks are to "**ALLAH**" the Kind and the Merciful, who gave me the power to perform and complete this work.

Thanks to **Prof. Abd El –hamid Yousef** *Professor of Urology , Faculty of Medicine, Ain Shams University* for constant guidance and valuable suggestion during the preparation of this work. I also appreciate his useful remarks and constructive criticism during the critical reading of the manuscript. With his kind knowledge, enthusiasm, integrity and generosity, I was able to complete this work.

I would like to express my deepest sense of gratitude and obligations to **Dr. Khaled Moktar** *Assistant Professor of Urology, Faculty of Medicine, Ain Shams University* for his help and kind support at the stages of this work.

Finally, my deepest gratitude to all professors and staff members of Urology Department, Faculty of Medicine, Ain Shams University For their help and encouragement and also to all persons who helped me in completing this work.

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## LIST OF ABBREVIATIONS

<b>CVOD</b>	Corporal venocclusive dysfunction.
<b>cAMP</b>	Cyclic Adenosine Mono-phosphate
<b>CDDU</b>	Combined duplex Doppler ultrasound.
<b>cGMP</b>	Cyclic Guanosine Mono-phosphate
<b>Cmax</b>	Maximal plasma concentration.
<b>ED</b>	Erectile dysfunction.
<b>EDV</b>	End diastolic velocity.
<b>IC</b>	Intracorporeal
<b>IEF</b>	International index of erectile function.
<b>MMAS</b>	Massachusetts Male Aging Study.
<b>NHSLS</b>	National Health and Social Life Survey.
<b>NAION</b>	Nonarteritic anterior optic neuropathy
<b>NO</b>	Nitric Oxide.
<b>PDEI</b>	Phosphodiesterase inhibitors
<b>PGE1</b>	Prostaglandin E1.
<b>PSV</b>	Peak systolic velocity.
<b>RI</b>	Resistive index.
<b>SAQ</b>	Self administered quationnares
<b>SMCs</b>	Smooth muscle cells.
<b>UDT</b>	Undesended testis

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# *Introduction*





## Introduction

Erectile dysfunction [ED] is defined as the persistent inability to achieve and maintain an erection of sufficient quality to permit satisfactory sexual intercourse [*Strong et al,2008*].

Modern probability sampling techniques were used by two surveys obtaining prevalence data of erectile dysfunction in the United States: the Massachusetts Male Aging Study (MMAS) and the National Health and Social Life Survey (NHSL):



(1) The MMAS consisted of 1709 non-institutionalized men between the ages of 40 and 70 years living in the greater Boston area first surveyed between 1987 and 1989 and resurveyed 1995 and 1997: the probability of complete ED increased from 5.1% to 15%, moderate ED increased from 17% to 34%, and mild ED remained constant at about 17% [*Feldman et al, 1994; Johannes et al, 2000*].

(2)The NHSLS was a national probability survey of men (N=1410) between the ages of 18 and 59 years living in households in the United States in 1992:7% for ages 18 to29 years,9% for ages 30 to39 , 11% for ages 40 to 49,and 18% for ages 50 to 59[*Lauman et al,1999*].

Ageing related erectile dysfunction [ED] is because of corporal venocclusive dysfunction [CVOD]; as the result of a loss of the corporal smooth muscle cells[SMCs] together with excessive collagen deposition within the corpora [*Nolazco et al,2008*].

On the other hand, loss of cavernous nerve function is primarily responsible for the development of erectile dysfunction[ED] after pelvic surgery and acts as the primary target for potential neuroprotective or regenerative strategies and emerging neuromodulatory molecules for the treatment of neurogenic erectile dysfunction caused by cavernous nerve injury[*Bella et al,2008*].

*Aim of the work*



## AIM OF THE WORK

In this work we will evaluate penile vasculature before and after the regular use of [PDEI] in the management of erectile dysfunction of vasculogenic or neurogenic etiology by objective measure of penile Doppler U/S.

# *Review of literature*

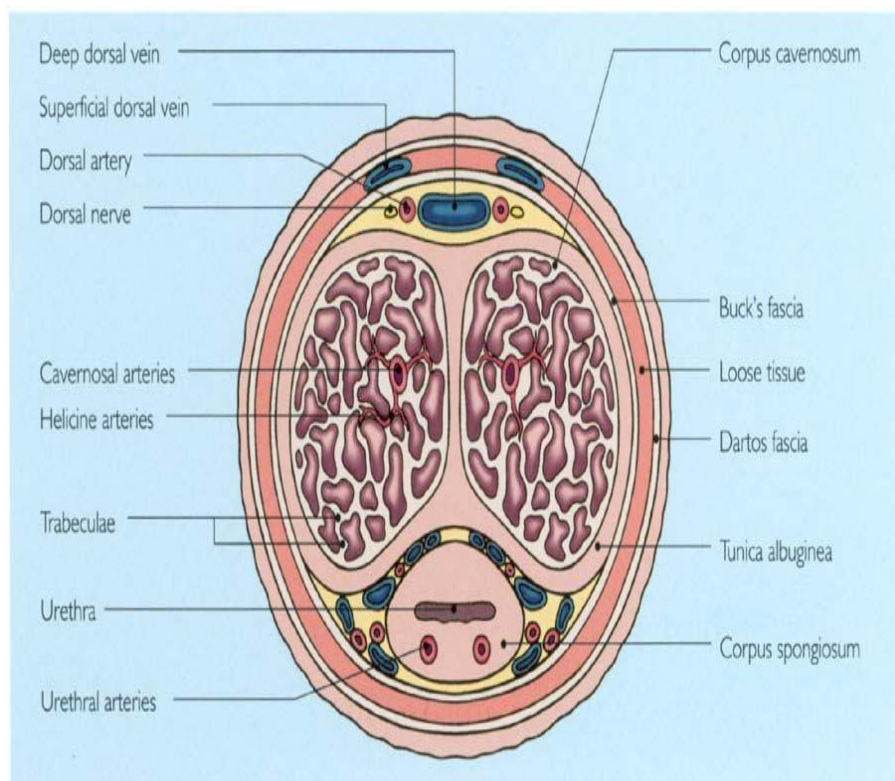


### Neurovascular anatomy of the penis

Arterial blood supply to originates from internal pudendal arteries which are branches of ipsilateral inferior epigastric artery. The common penile artery rise from the internal pudendal artery and then branches to form bulbourethral ,dorsal and cavernous arteries. The bulbourethral branch supplies the bulb, corpus spongiosum, and the glans to some extent. The corpora cavernosa receive blood supply from paired cavernous arteries during tumescence. The dorsal artery is responsible for engorgment of glans penis [*Breza J et al;1989*].

Veins of penis drain into three systems; superficial dorsal veins, intermediate and deep system. Superficial dorsal veins are small venous channels in the subcutaneous layer of the skin and subcutaneous tissue of the penis and empty into the saphenous vein. Intermediate system include deep dorsal vein and circumflex veins and formed from sinusoids of corpora; which initially drain in small venules under tunica albugenia. Then these venules form subtuni-

cal venous plexuses that penetrate the tunica albugenia as the emissary veins. The emissary veins course obliquely through the tunica albugenia to join the deep dorsal vein. The deep system is composed of the cavernous and crural veins. The proximal third of penis is drained by the cavernous veins, which arise from the penile hilum. In addition, crural veins arise on the dorsomedial surface of each corpus cavernosum and drain in the internal pudendal vein [Brezaj et al ;1989] .



**Figure(1):** Vascular anatomy of the penis (Roger et al, 2004)