

**CHROMagar Candida in identification of four
Candida species and detection of its antifungal
resistance in immunocompromised patients.**

Thesis
Submitted for partial fulfillment of
Master degree in
Microbiology and Immunology

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2012

Dedication *to*

The sole of my father
My loving& caring Mother
My Dear sisters

ACKNOWLEDGEMENT

No words can ever express my sincere gratitude to **Allah** who guide, aid and bless me in everything and everywhere in my life. And whom I relate any success in achieving any work in my life. I would like to express my deepest gratitude to my eminen.

Prof. Manal Mohamed Yassin

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For giving me the honour of working under her supervision.

Also I would like to express my gratitude to

Dr. Mona Hamed El –Shokry

Assistant Professor of Microbiology & Immunology
Faculty of Medicine, Ain Shams University

For her support, advice and assistance in initiating and completing this work.

Dr. Ghada Metwally Tawfick El-Gohary

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This research would not have been possible without her support .

No words can express my feeling and respect to them regarding their continuous encouragement at every stage of this work. I appreciate their vast knowledge and skill in many areas (e.g., vision, ethics);, Their willingness to share their bright thoughts with me for the stimulating medical discussion and for the continuous support and guidance throughout this work made this work successful.

I gratefully acknowledge

brigadier Dr. Raafat zaher abd el rahman

Microbiology and Immunology consultant, Military Medical Academy

for his supervision, advice, and guidance from the very early stage of this research as well as giving me extraordinary experiences throughout the work.

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Abbreviations

ABC	atp-binding cassette.
ALS	agglutinin-like sequence
AMB	amphotericin B.
BDG	(1-3)- β -D-glucan.
BIGGY	Bismuth sulphit glucose glycine yeast.
BSA	Bovine serum albumin agar.
CAGT	C.albicans germ tube.
CLSI	Clinical and laboratory Standards Institute.
CMI	Cell mediated immunity .
CsLm	Confocal scanning laser Microscopy .
Cv	Crystal violet.
ELISA	Enzyme Linked immunosorbent assay.
FC	Flucytosine.
Fish	Fluorescent in-situ hybridization.
Ft-IRM	Fourier transform – infrared microspectroscopy.
HIV	human immunodeficiency virus.
IL	Interleukin.
Mab	Monoclonal antibody.
MDR	Multidrug resistance gene.
MH-GMB	Mueller-Hinton agar supplemented with glucose and methylene blue.
MICs	Minimal inhibitory concentrations.
MIS	Microbial identification system.
NAC	Non albicans candida.
NCCLS	National committee for Clinical laboratory Standards.
NPV	Negative predictive values.
PCR	polymerase chain reaction
PL	phospholipases.
PPV	Positive predictive values.
REA	Restriction enzyme analysis.
S-DD	Susceptible-dose dependent.
SEM	Scanning electron Microscope.
SAPs	Secreted aspartic proteinases.

Introduction & Aim of the work

I-Introduction

Candida species (spp.) are important nosocomial pathogens in critically ill patients and are associated with substantial mortality and prolonged hospitalization in the intensive care unit (ICU). Candida albicans accounts for the majority of cases with candidemia, but an increasing number of infections due to non-albicans candida. have been reported. The most commonly isolated (NAC) were C. glabrata followed by C. tropicalis, C. parapsilosis, C. krusei, and other Candida spp (*Bassetti et al, 2008*).

Longer duration of parenteral nutrition, greater number of hemodialysis days, and bacteremia with enteric pathogens were identified as risk factors for blood stream infections with either C. albicans or non-albicans Candida spp. (*Glück, 2008*).

Greater number of transfusions, major surgery before ICU admission, and gastrointestinal procedures were additional independent risk factors for blood stream infection with non-albicans Candida spp., whereas major surgery during the ICU stay was an additional risk factor for blood stream infections with C. albicans (*Glück, 2008*).

Candida spp. are the fourth most common pathogens isolated from blood cultures and the numbers of (NAC) with decreased susceptibility to anti-fungal agents are also increasing. Rapid identification of yeast isolates to the spp. level is essential in order to optimize the antifungal treatment (*Pfaller et al, 2003*).

In clinical laboratories, isolation of *Candida* spp. is generally based on the culture of specimens on Sabouraud dextrose agar medium. This strategy does not allow spp. identification on primary culture and makes it difficult to detect mixed cultures. Chromogenic media contain substrates that react specifically with different *Candida* spp. partly overcome these difficulties (*Gaschet et al, 2008*).

CHROMagar *Candida* is a selective nutritive medium for the isolation and presumptive identification of yeast and differentiation of *C. albicans*, *C. tropicalis*, *C. glabrata* and *C. krusei*. Due to the differences in morphology and colors of the yeast colonies, this medium facilitates the detection of mixed yeast cultures in specimens. It may also be used as a selective isolation medium instead of Sabouraud Dextrose Agar or similar media. Hence allow rapid treatment and decrease mortality (*Eraso et al, 2006*).

Testing *Candida* spp. against azole antifungal agents has provided valuable information for treatment of patients with invasive yeast infections. For instance, while *C. albicans* is susceptible to fluconazole, *C. glabrata* isolates are frequently resistant to this antifungal agent (*Krcmery et al, 2002*).

Aim of the work

- To use the CHROMagar media as a method for isolation & identification of four *Candida* species (*Candida albicans*, *C.glabrata*, *C. tropicalis* and *C. krusei*) from blood cultures.
- To detect the resistance of these four species to Antifungal agents.

Review of literature

A-Genus Candida

Taxonomy of Candida

Lagenbeck, 1839 was the first to demonstrate yeast like fungus. The fungus was named *Oidium albicans* by **Robin, 1853**. *Berkhout, 1923*. Proposed the generic name *Candida* to include these fungi which develop a pseudomycelium and reproduce by budding. There are 166 species in the genus *Candida*, but only a small proportion of these are found in man (*Barnett et al, 1990*).

Candida is classified into *C. albicans* which is the most common opportunistic yeast and NAC as *Candida krusei*, *Candida tropicalis*, *Candida parapsilosis* and *Candida guilliermondii* (*Odds, 1988*).

Several non-*albicans* *Candida* species are known to be pathogenic and are responsible for disease in man (*Barnett et al, 1991*). *Candida* grows as typical 4 to 6 µm, budding, round or oval yeast cells under most conditions and at most temperatures. Under certain conditions including those found in infections they can form hyphae (*Ryan, 1994*).

The genus *candida* belongs to the order *Saccharomycetales* within the class *Hemiscomycetes* into phylum *Ascomycota*. The genus contains approximately 200 species (*Diezmann et al, 2004*).

There are characteristics that distinguish *Candida* species as an ascomycetous. For example, they are urease negative,

encapsulated fermentative, non inositol assimilative, make B-gluans in their cell wall and do not produce starch or carotinoid pigments (*calderone, 2002*).

The genus *Candida* is composed of an extremely heterogeneous group of organism that grows as yeasts. Most members of the genus also produce a filamentous type of growth (pseudohyphae). *C. albicans* and *C.dubliniensis* form true hyphae (germ tubes) and thick-walled cells referred to as chlamydosopores (*Jabra-Rizk et al, 2004*).

Habitat and ecology

Candida species can be present in clinical specimens as a result of environmental contamination of the urine specimen or colonization of the lower urinary tract or indicative of true invasive infection of the upper and/or lower urinary tract (*Carvalhi et al, 2001*).

All areas of gastrointestinal tract can have *Candida*, from which the commonly isolated species is *C.albicans* (50-70%), followed by *C.tropicalis*, *C.parapsilosis* and *C.glabrat* (*warren and hazen, 1999; spicer, 2000*).

C.albicans is part of normal microbial flora that colonizes mucocutaneous surfaces of the oral cavity, gastrointestinal tract and vagina of the healthy human host (*Newman et al, 2005*).

C.albicans infection or colonization are mostly endogenously acquired while *C.parapasilosis* infection has environmental origin

and *C.tropicalis* infection can be either endogenous or environmental (*Vrioni et al, 1999*).

C.glabrata occurs as a saprophyte on the human body and colonizes multiple sites preceding infection. The portals of entry include the respiratory tract, the genitourinary tract and wounds (*Peltroche-liaeshanga et al, 1999*).

Virulence Factors of Candida

Candida possesses an array of virulence traits, which may contribute to the severity of symptomatic infections in hosts with impaired defense mechanisms and may account for the development of symptomatic episodes in healthy individuals (*Tavanti et al, 2004*).

Analysis of *candida* virulence factors facilitate the clarification of critical aspects of the host pathogen interaction, which may result in development of better options for the therapeutic and/or diagnostic interventions (*Kamran et al, 2004*).

A number of recognized virulence factors have been suggested in the enhancement of *candida* pathogenesis, these include adhesion factors, yeast to hyphal form transition, phenotype switching and the secretion of hydrolytic enzymes, such as aspartyl proteinases and phospholipases (*Cheng et al, 2005*).

I- Adhesion factors

Adherence to a host and the subsequent aggregation of the infected cells serve as initial and critical steps in establishment of *C.albicans* as a commensal inhabitant or pathogen (*Verstrepen and klis, 2006*).