# Use of free vascularised flaps for repair of long segment crico-tracheal stenosis

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By:

### Mohammad Mostafa Gab-Allah

M.B.B.ch - Cairo University 2001, M.Sc Otolaryngology - Cairo University 2008

Supervised by:

### Dr. Kamal Labib Sami

Professor of Otolaryngology -Cairo University

### Dr. Mohammad Mosleh Ibrahim

Assistant Professor of Otolaryngology - Cairo University

### Dr. Tarek Ahmed Amer

Assistant professor of General and Plastic Surgery – Cairo University

### Dr. Hesham Ahmed Fathy

Lecturer of Otolaryngology - Cairo University

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### Abstract

Key words: cricotracheal-stenosis- radial forearm free flap

Long segment cricotracheal stenosis is a challenge. The techniques described to solve this problem surgically are not very successful. Being already established in Head and Neck reconstructive surgery, free flaps esp. Radial forearm free flaps form a very good material to replace the stenostic tissue. **Materials & methods:** 5 cases were recruited in a study to assess technique. 4 cases had a single stage procedure while one had staged prefabricated flap technique. **Results:** 2 cases had anatomical improvement by a single grade each, one case achieved decannulation. **Conclusion:** radial forearm free flaps are a suitable reconstruction tube being pliable and epithelial lined. Further investigations on the support of the flap and re-stenosis process are recommended.

## بسم الله الرحمن الرحيم

# قَالُواسُبُحُننكُ لاعِلْمَ لَنآ إلاّ مَا

عَلَّمْ تَنَا إِنَّكَ أَنتَ ٱلْعَلِيمُ



صدق الله العظيم

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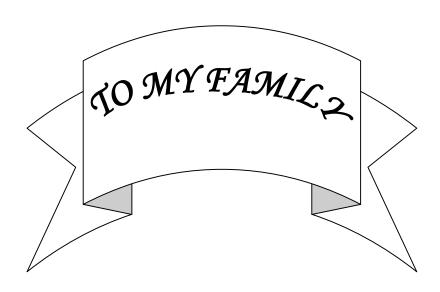
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## **List of Abbreviations**

Abbreviation	Expression
bFGF	Basic Fibroblast Growth Factor
ECM	Extracellular Matrix
GERD	Gastro-Esophageal Reflux Disease
IL	Interleukin
KGF	Keratocyte Growth Factor
LTR	Larygotracheal Reconstruction
LTS	Larygotracheal Stenosis
MMPs	Matrix Metalloprotinases
PCTR	Partial Cricotracheal Recontruction
$PGE_2$	Prostaglandin E <sub>2</sub>
RFFF	Radial Forearm Free Flap
SGS	Subglottic Stenosis
VEGF	Vascular Endothelial Growth Factor
WG	Wagner's Granulomatosis

# List of Figures

Figure	Page	Comment
1	6	Superior border of subglottic region. (a) Plastinated female larynx, 75 yr, frontal section through anterior third of vocal fold, 600 µm, 33.2. T= thyroid cartilage, C = cricoid arch, E = epiglottis, PES = periepiglottic space, VF = vestibular fold, TM = thyroarytenoid muscle, CL= lateral cricoarytenoid muscle, S = subglottic airway lumen.  Marked on left side only: small arrowhead = vocal cord. Marked on right side only: long arrow = outer layer of conus elasticus, short arrow = inner layer of conus elasticus, asterisk = cricoid space. At the lower surface of the vocal folds, there is a change from stratified squamous into respiratory epithelium (big black arrowhead corresponding to black arrowhead in Fig. 2b). (b) Higher magnification (X40) of right vocal fold in Fig. 2a. V =vocal cord, black arrowhead = transition from stratified squamous epithelium covering the glottic region (upper part of fig.) into respiratory epithelium covering the subglottic region (lower part of fig.). Ducts of glands (D) are found beneath the squamous epithelium. The respiratory epithelium rests on a small submucous layer of loose connective tissue (asterisk) and reveals gentle folds. Groups of glands (G) are located in the submucous tissue. Densely packed collagenous fibers are continuous with the conus elasticus caudally. Cranially, they take an oblique course (white arrowhead) and radiate between the ducts of glands beneath the squamous epithelium. (Quoted from: Reidenbach, 1998)
2	8	Anterior part of the neck showing important external landmarks on the skin. (Quoted from: Gulsen et al, 2010)
3	10	Cross-sectional configuration of the trachea in health and disease. (A) Juvenile trachea appears quite circular. (B) Adult male trachea at rest on the left. The shape of the lumen can also be more circular. With cough, the membranous wall accordions," pulling cartilage together (at the right). (C) Female trachea is smaller in diameter. In this case, the lumen is circular. (D) Common deformity related to proximity to the aorta just above the left main bronchus. (E) Saber-sheath trachea. The walls are not malacic. (F) Above. Triangular deformation which occurs in some patients with chronic obstructive pulmonary disease, especially in proximal trachea. Middle. In the thoracic trachea, flattening and softening of cartilage occurs, with elongation of membranous wall. Below. Obstructive approximation of anterior and posterior walls with expiratory effort or cough. (G) Tracheopathia osteoplastica. Saber-sheath configuration with characteristic submucosal osseocartilaginous nodules. (H) Deformity occurring in tracheobronchomegaly, Mounier-Kuhn disease. The initially huge circular lumen may become distorted, as shown. The cartilage remains firm even when angulated. (Quoted from: Grillo, 2004) <sup>A</sup>
4	11	Variants in distribution of inferior thyroid artery to cervical trachea.

		The frequency of each pattern is indicated. In (d) and (e), the major vessel is the subclavian artery. (Quoted from: Grillo, 2004) <sup>A</sup>	
5	12	Frequency of predominance of inferior thyroid artery branches.  (Quoted from: Miura and Grillo, 1966	
6	14	Microscopic blood supply of the trachea. (Quoted from: Minnich and Mathisen, 2007)	
7	15	Relationships of trachea to surrounding structures-Anterior view.  (Quoted from: Minnich and Mathisen, 2007)	
8	19	Pressure on the larynx is exerted by an endotracheal tube, chiefly posteriorly, against posterolateral cricoid. (Quoted from: Lindholm, 1969)	
9	21	Tracheal stenosis resulting of sequelae of tracheotomy. (a) Potential complications (i.e., suprastomal collapse, ostial or cuff-induced stenosis, tip of cannula stenosis). (b) Suprastomal collapse with granulation tissue. (c) Severe triangular narrowing of the trachea at the site of the former stoma. (d) Tip of cannula stenosis with granulation tissue. (Quoted from: Monnier, 2010)	
10	36	Axial image with measurement of the width (diameter) of trachea.  (Quoted from: Morshed et al, 2011)	
11	39	Virtual endoscopy showing concentric narrowing of the airway. a View of the proximal part of stenosis, b view of the distal part of stenosis, and c 3D shaded surface display. (Quoted from: Morshed et al, 2011)	
12	42	Example of predominantly right sided SGS with only three laser radial incisions needed at 12, 3, and 6 o' clock. (Quoted from: Rosen and Simpson, 2008)	
13	43	Schematic illustration of airway after laser radial incisions (left), during rigid bronchoscopic dilation (center), and after serial dilations are complete (right). (Quoted from: Rosen and Simpson, 2008)	
14	46	Laryngotracheal reconstruction with cartilage expansion. (a) Costal cartilage harvested from the seventh rib. (b) Anterior costal cartilage graft. (c) Laryngofissure and posterior cricoid split for the treatment of posterior glottic stenosis (PGS) combined with subglottic stenosis (SGS). (d) Posterior costal cartilage graft. Note that the flanges of cartilage are wedged between the divided cricoid laminae. (e) Combined anterior and posterior cartilage grafts for grade III SGS. (Quoted from: Monnier, 2010)	
15	47	Peroperative use of the LT-Mold. (a) The LT-Mold is cut at the appropriate length, and the distal cap is glued to the prosthesis with silicone glue. (b) Diagram showing proper LT-Mold placement in the larynx. (c) Endoscopic view of the LT-Mold in the larynx. (d) View of the larynx immediately after stent removal. ( <i>Quoted from: Monnier, 2010</i> )	
16	48	Partial cricotracheal resection. (a) resection of stenotic segment (b) The denuded cricoid plate is then flattened with a diamond burr. (c) laryngotracheal anastomosis with thriod lamina wedge to widen Subglottic area. (Quoted from: Monnier, 2010)	

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17	53	Laryngeal release procedure. (A) Diagram at the level of the second layer of the strap muscles. The sternohyoid muscle is preserved. The thyrohyoid muscle is cut bilaterally just above its insertion on the thyroid cartilage. Then, the thyrohyoid membrane is cut in the midline and along the upper edge of the thyroid cartilage, leading laterally to the upper cornu, which is cut bilaterally with a pair of straight Mayo scissors. (B) Result of the laryngeal drop: a distance of 1.5 to 2 cm is obtained. ( <i>Quoted from: Monnier, 2010</i> )	
18	56	Arterial anatomy of the forearm with superficial flexors removed. (Quoted from: Winograd and Guo, 2009)	
19	58	completed flap raising, with additional superficial vein and nerve.  (Quoted from: Wolff K-D and Hölzle F, 2005)	
20	76	preoperative assessment via direct laryngoscopy showing cricotracheal stenosis grade IV (case 1) and tracheal stenosis grade III (case 3).	
21	76	preoperative CT neck axial cuts (a) with sagittal (b) & coronal (c) reconstruction to assess stenotic segment (case 2), notice excessive calcification in the tracheal wall above and around the level of tracheostomy.	
22	77	Color duplex for both upper extremities as preoperative assessment of case 5 regarding the donor site perfusion.	
23	77	Flap design & marking for the flap harvesting from forearm, blue line limits the boundaries of the flap, dashed blue area is the deepithelialized isle, red line detects the course of radial artery	
24	78	(case 2) dissection of the neck with meticulous clearing of scar tissue, keeping dissection in the midline as possible.	
25	78	(case 2) an example of the obstacles we faced in our study. tracheoesophageal fistula identified to be sutured in layers before proceeding to resection.	
26	79	(case 4) after resection of stenotic segment till healthy mucosa is reached cranial end is seen from below (black curved arrow).	
27	79	(case 4) lateral dissection to free the recipient vessels, superior thyroid vessels (white arrow) and external jugular vein (black arrow) are shown here.	
28	80	(case 2) preparing of the cranial end of the trachea for anastomosis with the flap using 3/0 vicril sutures.	
29	80	(case 4) flap raising showing dissection of the skin and fascia from paratenon envelops the strong tendon of flexor carpi radialis muscle.	
30	81	(case 4) proximal portion of the vascular pedicle in exposed after dissection of the intermuscular septum from brachioradialis muscle. Notice the 2 vene commitants accompanying the artery.	
31	81	(case 4) full extension of the flap before separation from the donor site. Notice the radial pedicle (thick black arrow), cephalic vein (thin black arrow) left in this case as backup in case vene commitants don't match the lage caliber of recipient veins and the de-epithelialized isle (white star) separating the large portion of skin used for reconstruction and small portion that will serve as a monitor to the viability of the flap during post operative follow up.	

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32	82	0.6 mm thick titanim mesh sheet used in the 1 <sup>st</sup> technique as external support to the flap.	
33	82	(case 4) fashioning of the skin over an internal stent (Montgomery tube) on the donor site before transfer.	
34	83	(case 4) the external titanium mesh is sutured on the fascial side.	
35	83	(case 4) the radial artery and accompanying veins are clipped via single microvascular applicator clamps, while proximal ends are ligated.	
36	84	(case 2) anastomosis of the flap in place in the trachea, with titanium mesh on the anterior aspect only as calcifications filled the lateral aspects of the trachea.	
37	84	(case 4) microvascular anastomosis, preparation of the recipient artery (superior thyroid artery) and removing of surrounding adventia.	
38	85	(case 4) arterial end to end anastomosis using 8/0 monofilament nylon sutures.	
39	85	(case 4) preparation of one of the vene commitants of radial artery by removal of adventia for anastomosis with common facial vein.	
40	86	(case 4) venous anastomosis of a vene commitant with common facial vein.	
41	86	(case 4) wound closure of the donor site using STSG to cover the defect. Staples were used for closure.	
42	87	(case 2) closure of the neck wound. Notice the monitor of the flap used to replace the scar of previous tracheostomy scar, a new tracheostomy opened below the old one with separate tracheostomy tube.	
43	87	design for prefabricated flap, black line for skin incision, green line for radial artery, blue line for cephalic vein.	
44	88	fascial flap is dissected and separated from the skin then raised in a subfascial plane from ulnar to radial aspects of the forearm.	
45	88	STSG is sutured on a Montgomery tube mould with keratinized surface facing inside to serve as lining to the lumen.	
46	89	fascial flap is then rolled over the moulded skin graft.	
47	89	Costal cartilage is fashioned as and sutured over the flap to serve as external support to the flap.	
48	90	skin of the forearm is returned to cover the fascial flap and the rest of the split thickness skin graft is used to cover the remnant defect of skin coverage due to implantation of the prefabricated flap.	
49	90	(case 2) after stent removal via Direct laryngoscopy, anatomical improvement was achieved by one grade.	
50	90	(case 5) flexible laryngoscopy tracheal stenosis still severe one month after stent removal.	
51	91	prefabricated flap with intraluminal stent. Notice granulation formation at the ends of the flap.	
52	91	the lumen of the flap after removal of intraluminal stent upon patient request.	

# List of Tables

Table	page	comment
1	31	Roles of cells, soluble mediators, and extracellular matrix components during mucosal wound healing. <i>(Quoted from: Sandulache et al, 2009)</i>
2	39	Grading system of SGS according to Cotton (1984)
3	71	Type & length of stenosis in operated cases.
4	71	Number of previous surgeries for each patient.
5	72	Anatomical and functional outcomes of the procedure.

### Index

<u>Introduction</u>	1
Anatomy	5
Etio-pathology	17
Clinical approach	35
Treatment options	42
Radial forearm free flap	54
Aim of study	60
Materials and methods	61
Results	71
Discussion	92
Conclusion	98
Summary	99
References	101

# Introduction

#### Introduction

The issue of tracheal stenosis deals with a wide spectrum of causes, manifestations, and disease severity, so multiple classification schemes for tracheal stenosis has emerged. Definitions have attempted to encompass morphology, severity, and mortality. Tracheal stenosis generally can be divided into acquired versus congenital forms, extrinsic versus intrinsic disease, and short-segment versus long segment stenosis. (HO and Koltai, 2008)

Elliott et al. (2003) further proposed a classification for long-segment stenosis including the length of stenosis, the degree of tracheal involvement, the presence or absence of complete tracheal rings, and the extent of bronchial involvement. These factors influence whether a patient can be managed conservatively or the best approach if surgery is indicated.

Tracheal and laryngotracheal stenosis still constitute an important group of iatrogenic sequelae after intubation and tracheostomy. The reported incidence of tracheal stenosis following tracheostomy and laryngotracheal intubation ranges from 0.6% to 21% such a stricture may develop after only 36 hours of intubation. Symptoms usually are apparent 5 weeks after intubation. (Sarper et al, 2005)

Surgical solutions for laryngotracheal stenosis are multiple, ranging from endoscopic laser sessions to open surgeries like resection anastomosis and various types of laryngotracheoplasties, each with its specific indications, advantages and disadvantages. (Monnier, 2010)

Studies for cricotracheal resection are many, but few addresses long, high or recurrent stenosis for example, *Friedel et al. (2003)* retrospectively evaluated 110 tracheal resections and anastomses, the length of resected segments ranged between 2 and 6.5 cm (median 3.5 cm), complications occurred in 29 patients 26.4% While *Rutter et al. (2004)* recorded 14% failure of decannulation in as case series of 44 children who underwent tracheal resection adding that 16% of the successful cases needed revision procedures to achieve decannulation.

El-Nouri et al. (2005) studied results of 23 patients who underwent tracheal resection-anastomosis and recorded 5 failures 21.7% on the other hand, White et al. (2005) calculated the operation-specific decannulation rate for 89 patients who underwent cricotracheal resection and it was only 71%, with failure of decannulation in primary procedure in 29% of cases.

As for tracheoplasty, in a consecutive series by *Forsen et al.* (2002); 10 patients with congenital long-segment tracheal stenosis underwent costal cartilage tracheoplasty. Results were 40 % major postoperative complications, 20 % mortality and 12.5 % failure of decannulation while *Kocyildirim et al.* (2004); studied 34 patients underwent various types of tracheoplasty with overall 23.5% mortality and 35% recurrent stenosis after surgical intervention.

Also *Beierlein and Elliott (2006)* performed 26 Slide Tracheoplasties to repair complex forms of long-segment congenital tracheal stenoses; mortality rate was 7.6% and 13 patients (50%) required subsequent tracheal redo procedures.