# Right Sided Heart Changes and Pulmonary Hypertension in Patients with Chronic Obstructive Pulmonary Disease

#### THESIS

Submitted for Partial Fulfillment of Medical Doctorate Degree in Chest Diseases

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# Introduction & Aim of the Work



#### **COPD**



## **Right Heart Function**



# Pulmonary Vascular Function



#### **COPDPH**



# **Subjects & Methods**



# **Results**



# **Discussion**



# Summary & Recommendations



## References



# **Arabic Summary**



In the name of Allah, most gracious and most merciful.

First great thanks to ALLAH who gave me the power to complete this work. Without his care nothing could be achieved

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#### **Abstract**

**RATIONALE**: assessing the function of the right side of the heart .along with diagnosing of pulmonary hypertension and studying the hemodynamic abnormalities, thus Studying functional limitations of pulmonary hypertension on COPD patients.

**METHODS**: data from 51 COPD male patients between December 2012 and April 2013 was reviewed. PFTs (post bronchodilators FEV1 ≤0.7), echo, BODE index were obtained, RHC was done only for 17 patients after their echo revealed PASP≥ 45 mmHg.

**RESULTS**: we found 11 patients (21.5%) had MPAP≥25 mmHg by RHC (35.27 ±7.837) and 2 patients (~4%) had severe PH (MPAP >40mmHg).the mean age  $62(\pm 9.16)$  with smoking index  $34(\pm 6.5).63\%$  of the patients had PASP  $\geq 35$  mmHg by echocardiography while 24 patients (47%) ha PASP ≥45 mmHg. COPD patients with PH were more hypoxemic(53.73±6.214 vs. 62.51±10.999, p-value0.00013), showed increased BODE index( $8.45 \pm 1.572$  vs.  $6.31\pm 2.604$ , p-value0.0015), showed statistically significant difference in both BRV and LRV (3.725±0.8625 vs. 4.500±0.9849 p-value 0.0304 and 6.067±0.9923 vs. 6.927±0.7888 0.006 respectively), showed significant difference in the measurement of TAPSE (2.055  $\pm 0.5298$ ,  $3.142\pm 0.3437$  with p-value < 0.0001) as compared to COPD patients without PH linear correlation between PaO2 and BODE index with MPAP was noticed 41 patients (80%) had LT E/A ration less than 0.8 with statistically significant difference between COPD patients with PH and those without (0.518±0.1991, 0.702±0.4052 and p-value 0.0333). We found that echo (1) sensitivity was about 65%, specificity of 50% with positive predictive value around 64% and negative predictive value around 50%, (2) 74% of the patients had >10 mmHg difference between PASP calculated by echo and measured by RHC.

**CONCLUSION**: we conclude that PH in COPD patients is a common co-morbidity along with right sided changes. Echo could be used with caution during assessment of PASP as it was inaccurate. COPDPH patients had worse prognosis than COPD patients without PH.

#### **CLINICAL IMPACT**

Screening for PH in any COPD is highly recommended as it affects the prognosis.

Echo could be used with caution during assessment of PASP in these patients.