

**Assessment of Nutritional Status and
Patient's Compliance with the Nutritional
Guidelines in Chronic Hepatic Diseases,
Ain Shams University Hospital**

Thesis

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﴿ قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا إِلَّا مَا عَلَّمْتَنَا

إِنَّكَ أَنْتَ الْعَلِيمُ الْحَكِيمُ ﴾

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List of Abbreviations

Abbreviation	Meaning
AIH	A uto i mmune H epatitis
ALT	A Lanine T ransaminase
ANOVA	A Nalysis O f V ariance
ASPEN	A merican S ociety of P arenteral and E nteral N utrition
AST	A Spartate T ransaminase
BCAA	B ranching C hain A mino A cid
BMI	B ody M ass I ndex
CBC	C omplete B lood C ount
CDC	C enters for D isease C ontrol and P revention
CT scan	C omputerized axial T omography s can
DEXA	D ual- E nergy X -ray A bsorptiometry
ESPEN	E uropean S ociety of P arenteral and E nteral N utrition
FFQ	F ood F requency Q uestionnaire
HBIG	H epatitis B V irus I mmunoglobulin
HBV	H epatitis B V irus
HCC	H epatocellular C arcinoma
HCV	H epatitis C V irus
HDLs	H igh D ensity L ipoproteins
HGS	H and- G rip S trength test
INR	I nternational N ormalized R atio
Kg	K ilogram
LDLs	L ow D ensity L ipoproteins
MAC	M id- A rm C ircumference
MAMA	M id- A rm M uscle A rea

MAMC	Mid-Arm Muscle Circumference
MELD	Mayo Clinic Model of End-stage Liver Disease
MNA-SF	Mini Nutritional Assessment – Short Form
MRI	Magnetic Resonance Imaging
MST	Malnutrition Screening Tool
MUST	Malnutrition Universal Screening Tool
NAFLD	Non-Alcoholic Fatty Liver Disease
NHANES	National Health And Nutrition Examination Survey
NRS-2002	Nutrition Risk Screening-2002
P- value	Probability value
PG-SGA	Patient-Generated-Subjective Global Assessment
REE	Resting Energy Expenditure
RFH-SGA	Royal Free Hospital-Subjective Global Assessment
SGA	Subjective Global Assessment
SPSS	Statistical Package for the Social Sciences
t- test	Student t test
TIPS	Trans-Intrahepatic Portal Shunt
TNF	Tumor Necrosis Factor
TPN	Total Parenteral Nutrition
TSF	Triceps Skinfold Thickness
VLDLs	Very Low Density Lipoproteins
WHO	World Health Organization
χ^2	Chi-square

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