#### The Diagnostic Value of Serum Vascular Endothelial Growth Factor as a Predictor of Hepatocellular Carcinoma in Patients with HCV related Liver Cirrhosis

#### **Thesis**

# Submitted in Partial Fulfillment of the Master Degree in **Internal Medicine**

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## List of Abbreviations

| <b>AAT</b>  | . Alpha-1 Antitrypsin   |
|-------------|---|
| ACS         | . Anorexia-cachexia syndrome                                  |
| <b>AFP</b>  | . Alfa feto protien   |
| AFP-L3      | . Alpha-fetoprotein Lens culinaris agglutiin 3                |
| <b>AFU</b>  | .α-l-fucosidase   |
| ALS         | . Amyotrophic lateral sclerosis                               |
| <b>ALT</b>  | . Alanine aminotransferas.                                    |
| Ang2        | . Angiopoietin-2  |
| <b>ARE</b>  | . Antioxidant Response Element                                |
| <b>AST</b>  | . Aspartate aminotransferase                                  |
| BCL-2       | .B-cell lymphoma 2  |
| BCLC        | .Barcelona Clinic Liver Cancer                                |
| CEPs        | . Circulating bone marrow-derived endothelial precursor cells |
| <b>CLIP</b> | .Cancer of Liver Italian Program                              |
| <b>CT</b>   | . Computed tomography.  |
| <b>CUPI</b> | . Chinese University Prognostic Index                         |
| DCP         | .Des gamma carboxy prothrombin                                |
| ECM         | . Extracellular matrix  |
| EGFR        | . Epidermal growth factor receptor                            |
| <b>ERK</b>  | .Extracellular signal-regulated kinase                        |
| EUS         | .Endoscopic ultra sonography                                  |
| FLK-1       | . Fetal liver kinase  |
| FLT-1       | .Fms-like tyrosine kinase                                     |
| <b>GDP</b>  | .Guanosine 5'-diphosphate                                     |
|             |   |

**GGT**.....Gamma-glutamyl transpeptidase

**GP73** ...... Golgi protein 73

**GPC3** ...... Glypican-3

**GPI** ......Glycosyl phosphatidyl inositol

**HBe Ag** ...... Hepatitis B e antigen

**HBsAg** ...... Hepatitis B surface antigen.

**HBV**..... Hepatitis b virus

**HCC**..... Hepatocellular carcinoma

**HCV**..... Hepatitis c virus

HIF ...... Hypoxia-inducible factor

**HIV**......Human immune deficiency virus

**HSC**.....Hepatic stellate cell

**HSP** ..... Heat shock protien

HTA gene ...... Hepatoma-associated gene

**hTERT**.....Human telomerase reverse transcriptase

ICC ...... Cholangiocarcinoma

IFN ..... Interferon

**IFP** ......Interstitial fluid pressure

IL-1 .....Interlukin-1

INH.....Isoniazid

INR.....International normalized ratio

**IOUS**.....Intra operative ultrasonography

JIS.....Japan Integrated Staging score

**KDR** ...... Kinase insert domain receptor

**LFT**.....Liver function tests

| 3.5.4.75.75.4 | 3.60  |
|---------------|---|
| MAP Kinase    | .Mitogen activated protien kinase   |
| MEK           | .Mitgen-activated protein kinase  |
| <b>MELD</b>   | .Model for endstage liver disease   |
| MHC-1         | Major histocompatibility complex class 1  |
| miRNA         | micro RNA   |
| MMPs          | .Matrix metalloproteinases  |
| MRI           | .Magnetic resonance imaging.  |
| m-RNA         | .Messenger RNA  |
| MSCT          | .Multi-Slice CT   |
| M-TOR         | .Mammalian target of rapamycin  |
| NAFLD         | Nonalcoholic fatty liver disease  |
| NASH          | Nonalcoholic steatohepatitis  |
| NF-κB         | Nuclear factor kappa-light-chain-<br>enhancer of activated B cells                      |
| NK cells      | .Natural killer cells   |
| NRF           | Nuclear factor erythroid related factor   |
| PAF           | Platelet activating factor  |
| PAI           | Percutaneous Acetic Acid Injection  |
| PAT           | Parenteral anti Schistosomal therapy  |
| PBC           | Primary biliary cirrhosis   |
| PDGF          | Platelet derived growth factor  |
| PEI           | Percutaneous Ethanol Injection  |
| PENT pathway  | Pentose phosphate pathway   |
| PGA           | Gamma-glutamyl transpeptidase activity, and serum apolipoprotein A1 concentration index |

| PI3K        | . Phosphoinositide 3-kinase   |
|-------------|---|
| PIVKA II    | . Prothrombin induced by Vitamin K<br>Absence II                      |
| PLGF        | .Placental growth factor  |
| PSC         | Primary sclerosing cholangitis  |
| PT          | . Prothrombin time  |
| PUO         | .Pyrexia of unknown origin  |
| <b>PVT</b>  | . Portal vein thrombosis  |
| PZQ         | . Praziquantel  |
| RAF-1       | .Rapidly Accelerated Fibrosarcoma                                     |
| RCC         | .Renal cell cancer  |
| RFA         | .Radiofrequency abalation.  |
| ROS         | .Called reactive oxygen species                                       |
| ROS         | .Reactive oxygen species  |
| SCCA        | . Squamous cell carcinoma antigen                                     |
| SCCA-IgM IC | . Squamous cell carcinoma antigen-<br>immunoglobulin M immune complex |
| TAC         | .Trans arterial chemotherapy  |
| TACE        | .Transarterial chemoembolization                                      |
| TAE         | trans arterial embolization   |
| TAG-72      | .Tumor associated glycoprotein  |
| TE          | .Transient elastography   |
| TGF         | .Transforming growth factor   |
| TIMPs       | . Tissue inhibitors of metalloproteinases                             |
| TKI         | .Tyrosine kinase inhibitor  |
|             |   |

#### INTRODUCTION

Chronic infection with hepatitis C virus (HCV) is considered one of the major causes of end-stage liver disease including cirrhosis and hepatocellular carcinoma. HCV infects more than 170 million people worldwide (*Nelson et al.*, *2011*).

Hepatocellular carcinoma (HCC) is the third leading cause of cancer-related deaths worldwide and is associated with the second lowest 5-year survival rate of all tumor types. Despite some advances in early diagnosis and therapeutic strategies, HCC prognosis remains poor. Therefore, the identification of a novel marker correlating with the clinic pathological features and prognosis is highly desirable (*Jemal et al.*, *2010*).

Long as HCC most commonly appears in a patient with chronic viral hepatitis (hepatitis B or hepatitis C, 20%) or/and with cirrhosis (about 80%). These patients commonly undergo surveillance with ultrasound due to the cost-effectiveness. In patients with a higher suspicion of HCC (such as rising alphafetoprotein and des-gamma carboxyprothrombin levels), the best method of diagnosis involves a Triphasic CT scan of the abdomen using intravenous contrast agent and three-phase scanning (before contrast administration, immediately after contrast administration, and again after a delay) with the key characteristics on CT which are hypervascularity in the arterial

phase scans, washout or de-enhancement in the portal and delayed phase studies. A biopsy is not needed to confirm the diagnosis of HCC if certain imaging criteria are met (*Kaido et al.*, 2011).

An alternative to a CT imaging study would be the MRI. MRI's are more expensive and not as available because fewer facilities have MRI machines. More important MRI are just beginning to be used in tumor detection and fewer radiologists are skilled at finding tumors with MRI studies when it is used as a screening device. Mostly the radiologists are using MRIs to do a secondary study to look at an area where a tumor has already been detected. MRI's also use contrast agents. One of the best for showing details of liver tumors is very new: iron oxide nano-particles appears to give better results. The latter are absorbed by normal liver tissue, but not tumors or scar tissue (*Tanaka et al.*, 2012).

Several studies have also suggested a relationship between the progression of chronic liver disease and hepatocarcinogenesis. Chronic inflammation in the cirrhotic liver induces architectural and functional changes that result in hypoxia, one of the most potent stimuli for angiogenesis. Angiogenesis is essential for carcinogenesis and is induced directly by vascular endothelial growth factor (VEGF), leading to tumor growth and metastasis (*Wu*, 2006).

VEGF is a primary driving force for both physiological and pathological angiogenesis. VEGF expression is correlated with tumor vascularity (*Semela and Dufour*, 2005).

The vascular endothelial growth factor gene family, which encodes five polypeptide growth factors, VEGF-A, -B, -C, -D, and placenta like growth factor (PLGF), is particularly important because of its angiogenic and lymphangiogenic properties that promote the growth and metastasis of neoplasms. VEGF-C is regarded as the most efficient factor in regulating lymph angiogenesis (*Li et al.*, *2011*).