



# **Super-Oxide Dismutase (SOD) Response in Very Low Birth Weight (VLBW) Preterm with Late-Onset Neonatal Septicemia**

Thesis

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# التغيرات في أنزيم السوبر أوكسيد ديسميوتيز في الخدج حديثي الولادة المصابين بالتسمم الدموي المتأخر

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## **LIST OF ABBREVIATIONS**

<b>ALS</b>	Amyotrophic Lateral Sclerosis
<b>ARDS</b>	Adult respiratory distress syndrome
<b>BSIs</b>	bloodstream infections
<b>CAT</b>	Catalase
<b>CDC</b>	Centers for Disease Control and Prevention
<b>CFUs</b>	Colony forming units
<b>CLABSIs</b>	Central line–associated bloodstream infections
<b>CNS</b>	Central nervous system
<b>CoNS</b>	Coagulase-negative staphylococci
<b>CRP</b>	C-reactive protein
<b>CSF</b>	Cerebrospinal fluid
<b>EC-SOD</b>	Extracellular superoxide dismutase
<b>EOS</b>	Early-onset sepsis
<b>GBS</b>	Group B Streptococcal
<b>GPX</b>	Glutathione peroxidase
<b>GR</b>	Glutathione reductase
<b>GSH</b>	Glutathione
<b>HSV</b>	Herpes simplex virus
<b>IAP</b>	Intrapartum antibiotic prophylaxis
<b>IVIG</b>	Intravenous immunoglobulin
<b>I/T RATIO</b>	Ratio of immature to total neutrophilic leucocytes
<b>IgG</b>	Immunoglobulin G
<b>LDL</b>	Low density lipoproteins
<b>LOS</b>	Late-onset sepsis
<b>LP</b>	Lumbar puncture
<b>Mn-SOD</b>	Mitochondrial superoxide dismutase

<b>MRSA</b>	Methicillin-resistant Staphylococcus aureus
<b>NI</b>	Nosocomial infection
<b>NICHD</b>	National Institute of Child Health and Human Development
<b>NICU</b>	Neonatal intensive care unit
<b>NS</b>	<b>Neonatal sepsis</b>
<b>NRN</b>	Neonatal Research Network
<b>PCT</b>	Procalcitonin
<b>PNR</b>	Patient-nurse ratio
<b>ROS</b>	Reactive oxygen species
<b>SOD</b>	<b>Superoxide Dismutase</b>
<b>TNF</b>	Tumor necrosis factor
<b>VLBW</b>	Very low birth weight
<b>WHO</b>	World Health Organization

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## INTRODUCTION

Neonatal sepsis is one of the leading causes of morbidity and mortality among the newborns. As many as 2% of fetuses are infected in utero and up to 10% of infants are infected during delivery or the first month of life (*Gonzalez et al., 2004*).

Among infected newborns, clinical manifestations develop very early after delivery and most infants will have signs of respiratory distress and cardiovascular instability. Infants with early-onset sepsis are at increased risk for meningitis. Rapid deterioration of the clinical status is expected unless prompt antibiotic management is started. Risk factors for neonatal sepsis include maternal factors, neonatal host factors, and virulence of infecting organism (*Camacho-Gonzalez et al., 2013*).

**Superoxide Dismutase (SOD)** has recently gained notoriety for its connection with amyotrophic lateral sclerosis, more commonly known as Lou Gehrig's disease. This disease is a degenerative disorder that leads to selective death of neurons in the brain and spinal cord, leading to gradually increasing paralysis over a few years (*Pasinelli and Brown, 2006*



## **AIM OF THE STUDY**

(1) To examine neutrophil counts and indices in preterm very low birth weight (VLBW) newborn infants with culture-proven late-onset sepsis to determine whether the neutrophil responses could predict late-onset sepsis

(2) To evaluate super oxide dismutase (SOD) status as an enzymatic antioxidant in preterm (VLBW) newborn infants with late-onset sepsis.

# NEONATAL SEPSIS

## ❖ Introduction

Sepsis is defined as a systemic inflammatory response syndrome associated with infection on the basis of either microbiologic cultures or strong clinical evidence of the presence of an infection. Severe sepsis is defined as sepsis plus evidence of organ dysfunction defined around pediatric parameters (*Wynn et al., 2010*).

Septicemia is a generalized bacterial infection in the bloodstream. Neonatal infections, which may be caused by bacteria, viruses, or fungi, occur as early or late infections and their timing gives care providers' clues for determining causative agents. Transplacental/ intrapartum infections occur in utero and manifest within the first 3 days (72 hours) of life. These early-onset infections (EOI) are associated with high morbidity and mortality. Late-onset infections (LOI) may occur as early as 3 days of age, but more commonly occur after the first week of life (*Venkatesh et al., 2006*).

Although most neonatal infections are of maternal or community origin, an increasing proportion are acquired in the nursery. Advances in newborn intensive care have permitted the survival of low-birth-weight and sick infants and have simultaneously created risks for neonatal infections, which are themselves a significant cause of mortality in these infants (*Zafar et al., 2001*).

Reported infection rates in the neonatal intensive care unit (NICU) vary from 3.2 to 30 per 100 admissions or discharges, illustrating the wide variability among centers. NICUs that admit surgery patients may have higher rates (*Moore, 2004*).

Nosocomial bloodstream infections (BSIs) are increasing in prevalence and result in significant morbidity, mortality, and economic cost. From 1975 to 1996, the proportion of nosocomial infections accounted for by BSIs increased from 5% to 14% (*Rupp, 2004*).

### ❖ **Development of Immune system**

The development of the immune system entails a number of changes that occur during the first years of life. Neonates, especially preterm infants, are relatively immunocompromised because of immaturity of the immune

system, as well as decreased placental passage of maternal antibodies. Here we highlight some of the components of the neonatal immune system that are immature and contribute to increased susceptibility to serious bacterial, fungal, and viral infections (*Camacho-Gonzalez et al., 2013*).

### **Innate Immune System**

The innate immune system produces an immediate immunologic response and is capable of doing this without previous exposure to a specific pathogen. Recognition of pathogens occurs by identification of conserved biologic regions known as pathogen-associated molecular patterns (PAMPs). Recognition receptors, such as TOLL-like receptors, NOD-like receptors and RIG-like receptors, identify and respond to PAMPs with the production of cytokines and proinflammatory responses that activate the adaptive immune system (*Kumar et al., 2012*).

Studies comparing neonatal and adult innate immune functions show that neonatal cells have a decreased ability to produce inflammatory cytokines, especially tumor necrosis factor (TNF) and interleukin (IL)-6 (*Kollmann et al., 2009*). In addition, they induce IL-10 production, which in itself is

capable of inhibiting synthesis of proinflammatory cytokines (*Belderbos et al., 2012*).

Neutrophil and dendritic cell functions are also reduced; neutrophils show a decreased expression of adhesion molecules, as well as a decreased response to chemotactic factors, and dendritic cells have a decreased capacity of producing IL-12 and interferon (IFN) gamma. The overall reduction in cytokine production in neonates also results in decreased activation of natural killer cells (*Guilmot et al., 2011*). Impairment of the innate immune system leads to an increased susceptibility to bacterial and viral infection in this population (*Kumar et al., 2012*).

### **Adaptive Immune System**

The adaptive branch of the immune system is designed to eliminate specific pathogens. In newborns, the adaptive immune system slowly increases its function toward an adult like response, minimizing the otherwise overwhelming inflammatory response that would occur when infants transition from a sterile to a colonized environment (*Schelonka et al., 2011*).

Decreased cytotoxic function (strong T-helper 2 polarization with decreased IFNgamma production), lack of

isotype switching, and overall immaturity and decreased memory (because of limited pathogen exposure at time of birth), reduce the neonate's ability to respond effectively to infections. For example, the reduction of cell mediated immunity increases the risks of infections caused by intracellular pathogens, such as *Listeria*, *Salmonella*, herpes simplex virus (HSV), cytomegalovirus, and enteroviruses (*Tolar et al., 2009*).

Transplacental passage of maternal immunoglobulin G (IgG) is inversely related to gestational age and limits the functional ability of the neonate to respond to certain pathogens (*Palmeira et al., 2012*).

Minimal IgG is transported to the fetus in the first trimester, whereas fetal IgG rises in the second trimester from approximately 10% at 17 to 22 weeks' gestation to 50% at 28 to 32 weeks' gestation. Thus, preterm infants lack adequate humoral protection against a number of infant pathogens, whereas term infants will often be protected against most vaccine-preventable neonatal infections through transplacental passage from the mother's serum (*Malek, 2003*).

Histologic studies have also demonstrated that the marginal zone of the spleen is not fully developed until 2 years

of age, increasing the infant's susceptibility to encapsulated bacterial infections (*Streptococcus pneumoniae*, *Haemophilus influenzae*, *Neisseria meningitidis*) (***Zandvoort & Timens, 2002***).

Finally, transfer of IgA, IgG, cytokines, and antibacterial peptides present in human milk may be compromised, especially in premature babies. The lack of secretory IgA decreases the ability of the neonate to respond to environmental pathogens (***Brandtzaeg, 2010***).

### **Complement**

Complement levels increase with increasing gestational age, but are only about 50% of adult levels at term. Reduced complement levels are associated with deficient opsonization and impaired bacterial killing. Although both pathways seem to be capable of being activated, there may be variations in their activation level. In addition, profound C9 deficiency has been observed in neonates, reducing the ability to form bacteriolytic C5b-9 (m), which will increase the risk of acquiring severe invasive bacterial infections (***Hogasen, 2000***).