Fragile X Mental Retardation 1 Gene and Metabolic Biomarkers in Autism and Fragile X Syndrome

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ABSTRACT

Fragile X is the most common single gene cause of autism, responsible for 2% to 6% of all cases of autism, Approximately 30% of males with FXS have full autism. Genes known to be causes of ASD interact with the translational pathway defective in FXS, and it has been hypothesized that there will be substantial overlap in molecular pathways and mechanisms of synaptic dysfunction between FXS and ASD. The present study aimed at detection of molecular and neurobiological similarities between FXS and ASD. Also it aimed at detection of certain metabolic biomarkers that could be specific to autism, Fragile X. The present study included 4 groups of subjects, 2 diseased groups (20 males patients with Autism and 20 males Fragile X syndrome) and 2 control groups (20 Normal healthy males controls and 20 Down Syndrome males patients). The present study concluded that low serotonin levels was exclusively and unique to autistic patients and it can be consider as a metabolic marker for autism. Also we found that autism and FXS share neurobiological similarities as GABA was significantly high in both disorders than normal control children, meanwhile it was specific to Autism and Fragile X Syndrome as GABA level was not high in D.S. On the contrary Down Syndrome showed lower (non significant) GABA levels than normal healthy children. Regarding Glutamate, it was high in the 3 disorders but with the highest levels in Autism followed by Fragile X and Down Syndrome, respectively. The present study didn't find a significant difference between autism and controls regarding CGG repeats numbers.

Key words:

Autism

Fragile X

GABA –Serotonin- Glutamate

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List of Abbreviations

| ABC | Autism Behavior Checklist |
|---------|--|
| ABA | Applied Behavior Analysis |
| ACC | Anterior Cingulate Cortex |
| ACh | Acetylcholine |
| Ach E | Acetylcholine Esterase |
| AGC1 | Aspartate/Glutamate carrier |
| AMPA | α-amino-3-hydroxy-5-methyl-4- |
| | isoxazolepropionic acid |
| ADHD | Attention Deficit Hyperactive Disorder |
| ADI-R | Autism Diagnostic Interview, Revised |
| ADOS | Autism Diagnostic Observation Schedule |
| APA | American Psychiatric Association |
| AD | Autistic Disorder |
| ASDs | Autism Spectrum Disorders |
| AS P | Aspargine |
| СО | Carbon Monoxide |
| СНАТ | Checklist for Autism in Toddlers |
| CARS | Childhood Autism Rating Scale |
| CDD | Childhood Disintegrative Disorder |
| CSN | Children with Special Needs |
| CY-BOCS | Children's Yale-Brown Obsessive Compulsive |

| | Scale |
|---------|---|
| CAM | Complementary and Alternative Medical |
| CGH | Comparative Genomic Hybridization |
| CNTNAP2 | Contactin-Associated protein-like 2 |
| CNV | Copy Number Variation |
| CYFIP1 | Cytoplasmic FMR1 Interacting Protein |
| DAN | Defeat Autism Now |
| DHCR7 | Dehydrocholesterol Reductase |
| DSM-IV | Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition |
| DA | Dopamine |
| D.S | Down Syndrome |
| ESI | Electro Spray Ionization |
| ECD | Electrochemical Detection |
| EN2 | Engrailed 2 Gene |
| ELISA | Enzyme-linked Immunosorbent Assay |
| EDTA | Ethylenediaminetetraacetic Acid |
| ERPs | Event Related Potentials |
| EAAT 1 | Excitatory Amino Acid Transporter 1 |
| FISH | Fluorescent In-situ Hybridization |

| FMR | Fragile X Mental Retardation |
|------------|---|
| FMRP | Fragile X mental Retardation Protein |
| FX DNA | Fragile X DNA |
| FXS | Fragile X syndrome |
| FXTAS | Fragile X-Associated Tremor Ataxia Syndrome |
| GABA | Gama Aminobutyric acid |
| GABA-T | GABA-Transaminase |
| GC/MS | Gas Chromatography/ Mass Spectrometry |
| GIS | Gastrointestinal Symptoms |
| GWA | Genome wide Association |
| GLN | Glutamine |
| GLU | Glutamic |
| GluR6 | Glutamate Receptor 6 |
| GAD | Glutamic Acid Decarboxylase |
| GF/CF diet | Gluten- and Casein-free |
| HPLC | High Performance Liquid Chromatography |
| HFA | High-Functioning Autism |
| HIAA | Hydroxyindoleacetic Acid |
| 5-HTP | 5-Hydroxytryptophan |

| ID | Intellectual Disability |
|----------|---|
| IQ | Intelligence Quotient |
| ICD-10 | International Classification of Diseases, Tenth |
| KO mouse | knockout Mouse |
| LTD | Long Term Depression |
| LTP | Long-Term Potentiation |
| MECP | Methyl –CPG-binding protein 2 |
| MEG | Magnetoencephalography |
| m TOR | Mammalian Target of Rapamycin |
| MS/MS | Mass Spectrometry/ Mass Spectrometry |
| MMR | Measle, Mumps, Rubella Vaccine |
| MR | Mental Retardation |
| mGluR5 | Metabotropic Glutamate Receptor 5 Pathway |
| M-CHAT | Modified Checklist for Autism in Toddlers |
| MAO | Monoamine Oxidase |
| MPEP | 2-methyl-6-(phenylethynyl)-pyridine |
| MBP | Myelin Basic Protein |
| NA | Noradrenaline |
| NF1 | Neurofibromatosis Type 1 |
| NO | Nitric Oxide |
| NMDA | N methyl D Aspartate |

| OAS | Overt Aggression Scale |
|------------|---|
| ОТ | Occupational Therapy |
| OXTR | Oxytocin receptor gene |
| PI3 Kinase | Phosphatidyl Inositol Kinase |
| PPARg | Peroxisome Proliferator-Activated Receptors Gamma |
| PDD-NOS | Pervasive Developmental Disorder Not Otherwise Specified |
| PDDST | Pervasive Developmental Disorder Screening Test |
| PDDs | Pervasive Developmental Disorders |
| PKU | Phenylketonuria |
| PTEN | Phosphatase and Tensin Gene |
| PSL | Platelet Serotonin Levels |
| PPP | Platelet-Poor Plasma |
| PCR | Polymerase Chain Reaction |
| PWP | Prader-Willi Phenotype |
| PPI | Prepulse Inhibition |
| PCPs | Primary Care Practitioners |
| POI | Primary Ovarian Insufficiency |
| PLP | Pyridoxal Phosphate |
| RELN | Reelin Gene |

| R S | Rett Syndrome |
|----------|--|
| SAD | Seasonal Affective Disorder |
| SIDS | Sudden Infant Death Syndrome |
| SSA | Succinic Semialdehyde |
| SSRIs | Selective Serotonin Reuptake Inhibitors |
| SE, 5-HT | Serotonin |
| SERT | Serotonin Transporter |
| SNP | Single Nucleotide Polymorphism |
| SPECT | Single Photon Emission Computed Tomography |
| SLO | Smith-Lemli-Opitz Syndrome |
| SCQ | Social Communication Questionnaire |
| SCID | Structured Clinical Interview for the DSM-IV |
| TBE | Tris/Borate/EDTA |
| TEACCH | Treatment and Education of Autistic and |
| | Related Communication Handicapped Children |
| TCA | Trichloroacetic Acid |
| TSC | Tuberous Sclerosis |
| UPD | Uniparental Disomy |
| UTR | Untranslated Region |