### LVEDP as a Predictor of Successful Revascularization in Patients with Acute Coronary Syndromes Undergoing Early Invasive Strategy

#### **Thesis**

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## Summary

Coronary artery disease (CAD) is the leading cause of death all over the world. Acute coronary syndromes describe a spectrum of clinical syndromes ranging from unstable angina to NSTEMI and STEMI. Patients presenting with ACS are divided into those with ST elevation or new left bundle branch block, and those with NSTEACS which includes transient ST elevation (lasting <20 minutes), unstable angina, and NSTEMI (*Aroney et al.*, 2001).

More than half of all myocardial infarction in unitated states of America each year are classified as non Qwave myocardial infarction are rising. Nevertheless, the clinical course and prognosis of this type myocardial infraction and best approach to management remain controversial. Since patients with Q wave infarction reportedly have higher rates of early and late ischemic complications, presumably because of presence of viable but jeopardized myocardium within the perfusion zone of infracted related artery, their treatment has become more aggressive (William et al., 1998).

Management of high risk acute coronary syndromes by early invasive strategy improve long term survival and reduces late myocardial infarction and rehosptializatio for unstable angina (*Anthony et al.*, 2006).

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### **List of Abbreviations**

ACC	. American college of cardiology
ACE	. Angiotensin converting enzyme
ACS	. acute coronary syndrome
ADA	. American diabetes association
ADP	. Adenosine diphosphate
АНА	. American heart association
APS	. Angiographic perfusion score
CABG	. Coronary arteries bypass grafting
CAPTURE	. Randomized placebo – controlled trial of Abciximab before and during coronary intervention in refractory unstable angina.
СК	. Creatine kinase
CMRI	. Cardiac magnetic resonance imaging
CTFC	. Corrected TIMI frame count
CTnI	. Cardiac specific troponin I
<b>CTnT</b>	. Cardiac specific troponin T
EDPVR	. End–diastolic pressure–volume relation- ship
ESC	. European society of cardiology
EUROPA	European trial on reduction of cardiac events with perindoprol in stable coronary artery disease
FRISC	. FRagmin and Fast Revascularisation during Instability in Coronary artery disease
<b>GP</b>	. Glycoprotein
GRACE	. Global registry of acute coronary events

### List of Abbreviations (Cont.)

норе	Heart outcome prevention evaluation.
ISIS	International study of infarct survival.
LDL	Low-density lipoprotein.
LMW	Low molecular weight.
LMWH	Low molecular weight heparin.
LVEDP	Left ventricular end-diastolic pressure
MBG	Myocardial blush grade
MI	Myocardial infarction.
NCEP-ATP	National cholesterol education program, adult treatment panel
NSTE-ACS	Non S-T segment elevation acute coronary syndrome
NSTEMI	Non ST elevation myocardial infarction.
NYHA	New York Heart association
Oasis	Organization to Assess Strategies for Ischemic Syndromes.
OPUS	Oral glycoprotein IIb/IIIa inhibition with orbofiban in patients with unstable coronary syndromes
PCI	Percutaneous coronary intervention
<b>PET</b>	Positron emission tomography
PTCA	percutaneous transluminal coronary angioplasty
PURSUIT	Platelet IIb/IIIa underpinning the receptor for suppression of unstable angina trial

### List of Abbreviations (Cont.)

**VANQUISH** ...... Veterans affairs non-Q wave infarction strategies in hospital.

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### Introduction

Coronary artery disease (CAD) is a major cause of mortality and morbidity in developed countries and Egypt (Brorsson et al., 2001). Before developing the technique of PCI, coronary artery bypass graft (CABG) had been the standard and the only revascularization procedure (Woods et al., 2005). Besides, CABG is proved to be effective in improving angina symptoms for at least 1 year after the operation (Edéll-Gustaffsson, 2002). Fortunately, there is an alternative treatment for CAD, the PCI, which is an effective, safe, less disabling and less expensive revascularization procedure compared with CABG (Woods et al., 2005).

The PCI had become a more frequently used treatment than CABG for CAD in most western countries as well as in Egypt. Although the survival rate and functional status are commonly used as the outcome measures for evaluating treatments of CAD. According to *Hlatky* (2000), therefore, in considering the effectiveness of a treatment, it is not enough to assess the mortality rate alone; the effect of a therapy on patients' quality of life should also be taken into account. In recent years, other than biochemical endpoints, health-related quality of life (HRQoL) is considered as an important indicator of health outcome in chronic diseases such as CAD (*Benzer et al.*, 2003).

So earlier trials have shown that a routine invasive strategy improves outcomes in patients with acute coronary syndromes without ST-segment elevation. However, the optimal timing of such intervention remains uncertain (*Cannon et al.*, 2001).

A routine invasive strategy is beneficial in high-risk patients with acute coronary syndromes (*Anderson et al.*, 2008). In high risk patients with third heart sound, pulmonary edema and severely ongoing ischemia, he has elevated left ventricular end diastolic pressure (LVEDP) (*Gregorg et al.*, 2005).

The strongest predictors of mortality in ischemic heart diseases were advanced age, left ventricular end diastolic pressure (LVEDP), L.V ejection friction, systemic blood pressure and renal insufficiency (Yun You Li et al., 2009).

Early intervention may be preventing ischemic events that could occur while the patient is awaiting a delayed procedure (*Neumann et al.*, 2003). Alternatively, by treating a patient with intensive antithrombotic therapy and delayed intervention for several days, procedure related complications may be avoided with intervention on a more stable plaque (*De Winter et al.*, 2005).

The question is left ventricular end diastolic pressure (LVEDP) will be decrease after PCI in patients with acute coronary syndrome and will be a predictor of outcome?

# $A_{\text{im of the }}W_{\text{ork}}$

To study using left ventricular end diastolic pressure (LVEDP) after revascularization in high risk patients with acute coronary syndrome without ST segment elevation myocardial infarction undergoing early invasive strategy as predictor of successful reperfusion.

## Hemodynamics and Diastolic Function

#### A. Introduction:

Hemodynamics is concerned with the mechanical and physiologic properties controlling blood pressure and flow through the body.

The hemodynamic component of the cardiac catheterization procedure focuses on pressure measurements, the measurement of flow (e.g., cardiac output, shunt flows, flow across a stenotic orifice, regurgitant flows, and coronary blood flow), and the determination of vascular resistances.

Yet, nowadays with the current improvement of non-invasive modalities of diagnostic procedures (e.g., echocardiography, CT and CMRI), less concern is directed towards intra-cardiac pressure tracing. Recently, FFR has established its role in assessment of functional significance in coronary lesions.

To demonstrate the importance of assessment of left ventricular end-diastolic pressure (LVEDP) in patients presenting with acute coronary syndrome, we will try to focus on the diastolic side of the hemodynamics of the heart.