# BIOCHEMICAL STUDIES ON PEPPERS AS SPEICIFIC FOODSTUFFS

By

# SHAIMAA GAMAL SAYED ABDEL SALAM B.Sc. Agric, Sci. (Biochemistry), Fac. Agric., Cairo Univ., 2010

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#### APPROVAL SHEET

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#### SUPERVISION SHEET

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#### **ABSTRACT**

In the current study, two cultivars of pepper fruits (sweet fruits of Capsicum annuum and hot chilli fruits of Capsicum frutescens) at two maturity stages (green and red) were used to determine the antioxidant, antibacterial and anticancer activities of their ethanolic and aqueous extracts in both fresh and heat-treated forms (dried and boiled). Proximate analyses of the tested samples were determined, and the resulted data showed that ash, crude protein, crude fat and total carbohydrate increased after drying treatment but they were declined as a result of boiling treatment except crude fat and total carbohydrate. Total phenolic content, total flavonoid and antioxidant activities were also evaluated in fresh pepper. These parameters increased under the effect of both heat processes and the ethanolic extracts had high contents compared to aqueous extracts. Twenty six phenolic and aromatic compounds, twelve flavonoid compounds and eleven organic acids were detected by using of HPLC fractionation. Vitamin C, β-carotene, vitamin E and capsaicin were also estimated by HPLC and the obtained data showed that all of those components were lowered by both heat treatments. The antibacterial activity of all extracts (ethanolic and aqueous) and capsaicin standard was also tested against both Gram-positive and Gram-negative pathogenic bacteria. Only, ethanolic extracts partially inhibited all of the tested organisms except, Bacillus cereus which was completely inhibited by both ethanolic and aqueous extracts. Finally, the potential anticancer activity of aqueous extracts of dried pepper samples and capsaicin was tested against prostate (PC-3) and breast (MCF-7) carcinoma cell lines in-vitro. The results showed that sweet peppers had a higher anticancer activity against PC-3, in contrast, hot peppers had a higher cytotoxicity against MCF-7.

**Key words:** Hot pepper, Sweet pepper, *Capsicum*, Capsaicin, Oven-drying, Boiling, Bioactive compounds, Antioxidant activities, Antibacterial activity Anticancer activity.

# **DEDICATION**

I dedicate this work to whom my heart felt thanks; to my mother, my father and my husband Amgad for all the support they lovely offered along the period of my post graduation.

Lastly, I dedicate this work to whom my heart felt thanks; to my sister Nourhan and my friend Mai Mahmoud.

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### LIST OF ABBREVIATIONS

**AA** Ascorbic acid

**ABTS** 2,2-azinobis-3-ethylbenzothiazoline-6-sulfonic acid

**ADP** Adenosine diphosphate

**AOAC** Association of official analysis chemists

**AP-1** Activator protein 1

**ATCC** American type culture collection

B-cell lymphoma protein

BHI Brain-heart infusion
BHT Butylated hydroxytoluene

CAP Capsaicin

**CFU** Colony Forming Unit

**CGRP** Calcitonin gene-related peptide

**COX-2** Cyclooxygenase-2

**CPG** Creasing pepper (green)

**CSSN** Capsaicin-sensitive sensory nerves

**DMSO** Dimethyl sulfoxide

**DPPH** 2,2-diphenyl-1-pricrylhydrozyl

**DSM** Diagnostic and statistical manual of mental

disorders

**DW** Dry weight

EDTA Ethylenediamine tetraacetic acid
EGFR Epidermal growth factor receptor
ERK Extracellular signal-regulated kinases

FCR Fructus capsici (red)

FDA Food and Drug Administration
FRAP Ferric reducing antioxidant power

**FW** Fresh weight

GAS Gastric acid secretion

**HER2** Human epidermal growth factor receptor 2

IKK IKB kinase (Inhibitor of kappa B)

IRS Intermediate ripening stages
JNK c-Jun N-terminal kinases

## **LIST OF ABBREVIATIONS (Continued)**

LDLLow density lipoproteinLPGLongline pepper (green)LPPRLong-point pepper (red)

MAPK Mitogen-activated protein kinasesMCF-7 Michigan cancer foundation-7MIC Minimal inhibitory concentration

ND Not detected

**NF-kB** Nuclear factor kappa-light-chain-enhancer of

activated B cells

**p53** Tumor suppressor protein

**PARP** Poly (ADP-ribose) polymerase

PKB Protein kinase BPPR Point-pepper (red)

PSA Prostate specific antigen
RAE Retinol activity equivalent

**RDA** Recommended daily administration

ROS Reactive oxygen species
RSA Radical-scavenging activity

RTX Resiniferatoxin
SHU Scoville heat unit
SRB Sulfo-Rhodamine B

**STAT3** Signal transducer and activator of transcription 3

**TA** Titritable acidity

TCC Total carotenoid content

**TE** Trolox equivalents

**TEAC** Trolox equivalent antioxidant capacity

TNF Tumor necrosis factor TPC Total phenolic content

**TRPV-1** Transient receptor potential vanilloid subfamily-1

**TSS** Total soluble solids

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