







شبكة المعلومـــات الجامعية التوثيق الالكتروني والميكروفيا.



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The Relation between Heart Rate Variability Parameters and Left Ventricular Systolic Function in Prediction of Prognosis after Acute Myocardial Infarction

Bllcc.

A Thesis Submitted for Partial Fulfillment of Master Degree in Cardiology

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ACKNOWLEDGMENT

Praise is due to **ALLAH** the beneficient, the merciful, lord of the universe.

I wish to express my sincere gratitude to Prof. Dr. Fathi Maklady, Professor of Cardiology, Faculty of Medicine, Suez Canal University for his moral support, meticulous supervision and valuable advice aiming at the perfection of this work.

I am greatly indebted to Prof. Dr. Ahmed El-Hawary, Professor of Cardiology, Faculty of Medicine, Suez Canal University for his continuous guidance, sincere advice and thorough concern throughout the various stages of this thesis.

Lastly, I would like to offer my warm thanks to all those who helped me to prepare this work.

LIST OF ABBREVIATIONS

AMI Acute myocardial infarction AMP Adenosine monophosphate

AV Atrioventricular BMI Body mass index

CFM Colour flow mapping CPL Creatine phosphokinase

ECG Electrocardiogram

EDV End diastolic volume

EF Ejection fraction

ESV End systolic volume

HF High frequency

HRV Heart rate variability
LDH Lactic dehydrogenase

LF Low frequency LV Left ventricle

LVEF Left ventricular ejection fraction

MI Myocardial infarction

RMSSD The square root of the mean squared differences

of successive NN intervals

SDANN Standard deviation of the average NN interval SDNN Standard deviation of all normal R-R interval

SDNNI Mean of standard deviation of NN interval for 5

min segments

ULF Ultra low frequency VLF Very low frequency

Convenus

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Introduction Sim of The Work Introduction

INTRODUCTION

The last two decades have witnessed the recognition of significant relationship between the autonomic nervous system and cardiovascular mortality including sudden death. Experimental evidence for the association between a propensity for lethal arrhythmias and signs of either increased sympathetic or reduced vagal activity has encouraged the development of quantitative markers of autonomic activity. Heart rate variability (HRV) represents one of the most promising markers (*Levy et al.*, 1994).

A reduced heart rate variability has been shown to be a powerful predictor of subsequent mortality in patients surviving an acute myocardial infarction (*Zaunetti et al.*, 1996).

The mechanism by which HRV is transiently reduced after MI and by which a depressed HRV is predictive of neural response to acute MI is not yet defined, but it is likely to involve dearrangement in the neural activity of cardiac origin. One hypothesis involves cardio-cardiac, sympatho-sympathetic and sympath-vagal reflexes (*Schwartz et al.*, 1988), which suggest that the change in the geometry of a beating heart due to

necrotic and non-contracting segments may abnormally increase the firing of sympathetic afferent fibers by mechanical distortion of sensory ending (*Brown and Malliani*, 1971). This sympathetic excitation attentuates the activity of vagal fibers directed to the sinus node.

Another explanation applicable to marked reduction of HRV is the reduced responsiveness of sinus nodal cells to neural modulation (*Malliani et al.*, 1994).

Most studies of HRV have used 24-hour electrocardiograph recording (Holter recording) are often not feasible for wide-scaled epidemiological studies and may be unnecessary. In men after acute MI, the HRV measures calculated from 2-15 minutes segments were remarkably similar to those calculated over 24 hours, and provided predictive information similar in strength to the entire record (*Bigger et al.*, 1993).

Traditionally, HRV used for risk stratification after MI has been assessed from 24-hour recordings. HRV measured from short-term electrocardiogram recordings also provides prognostic information for risk stratification following MI but whether it is as powerful as that from 24-h recordings is uncertain. But HRV

measured from short-term recordings is depressed in patients at high risk (*Bigger et al.*, 1993).

Also it was noted that the mildest disturbance of ventricular focal consists of disease heart ischemic in performance abnormalities of contraction and relaxation present only when ischemia is induced by a stress such as exercise, but with maintenance of global ventricular function, the latter is reflected in normal end diastolic volume, end systolic volume, stroke volume and EF, as already noted. This discrepancy between regional wall motion and ventricular function may result from compensatory hyperfunction of normal segment of the ventricle. As ischemic heart disease progress particularly if myocardial infarction occurs, wall motion abnormalities at rest develop. A more severe disturbance is characterized by a normal EF at rest which fails to rise during exercise, as the fraction of the ventricle which is ischemic increase further, EF decline filling pressure rises, at first only during stress and even at rest (Sheehan et al., 1982).

Also it was shown that cardiac enlargement with or without heart failure is associated with marked disturbances of parasympathetic as well as sympathetic function. The

parasympathetic effect on sinoatrial node automaticity is markedly reduced in patients with heart disease who also exhibit less heart rate slowing for any given elevation of systemic arterial blood pressure than do normal subjects (*Higgins et al.*, 1972).

The ratio of systolic volume to end diastolic volume i.e. the EF is a global index of the extent of ventricular fiber shortening. Based on a number of empirical studies, EF is sought to provide a useful measure of overall left ventricular pump function (*Marving et al.*, 1985).