



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



شبكة المعلومات الجامعية التوثيق الالكتروني والميكرو فيلم



شبكة المعلومات الجامعية

جامعة عين شمس

التوثيق الالكتروني والميكرو فيلم

قسم

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**EVALUATION OF TARGET ORGAN LESIONS
IN PATIENTS WITH WHITE COAT HYPERTENSION**

Thesis
Submitted For The Partial Fulfillment of
M.Sc. Cardiology

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فَأَمَّا الزَّبَدُ فَيَذْهَبُ جُفَاءً وَأَمَّا مَا يَنْفَعُ النَّاسَ
فَيَمْكُثُ فِي الْأَرْضِ كَذَلِكَ يَضْرِبُ اللَّهُ الْأَمْثَالَ

صَدَقَ اللَّهُ الْعَظِيمُ

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List of Abbreviations

ABPM	:	Ambulatory Blood Pressure Monitoring
ACE	:	Angotensin Converting Enzyme
ADA	:	American Diabetes Association
AF	:	Atrial Fibrillation
Anti.HBP Rx	:	Anti High Blood Pressure Medication
BMI	:	Body Mass Index
BP	:	Blood Pressure
BPM	:	Blood Pressure Measurement
BSA	:	Body Surface Area
C.Pneumoniae	:	Chlamydia Pneumonia
C.V.Stroke	:	Cerebro Vascular Stroke
CAD	:	Coronary Artery Disease
CCD	:	Clinical Cardiovascular Disease
CFR	:	Coronary Flow Reserve
CHF	:	Congestive Heart Failure
DBP	:	Diastolic Blood Pressure
DM	:	Diabetes Mellitus
ECG	:	Electro Cardiogram
EDD	:	Endothelium Dependent Vasodilatation
EDD	:	End Diastolic Dimension
EDV	:	End Diastolic Volume
EF	:	Ejection Fraction
ESCH	:	European Society of Cardiology
ESD	:	End Systolic Dimension
ESH	:	European Society of Hypertension
ESRD	:	End Stage Renal Disease

ESV	: End Systolic Volume
H	: Hour
HBP	: Home Blood Pressure
HDL	: High Density Lipoprotein
HF	: Heart Failure
HP	: Hewlett Packard
HR	: Heart Rate
IMT	: Intima Media Thickness
IOH	: Isolated Office Hypertension
ISH	: International Society of Hypertension
IVSd	: Inter ventricular Septal Wall Thickness in Diastole
IVSs	: Inter ventricular Septal Wall Thickness in Systole
LVH	: Left Ventricular Hypertrophy
LVIDd	: Left Ventricular Internal Dimensions in Diastole
LVIDs	: Left Ventricular Internal Dimensions in Systole
LVM	: Left Ventricular Mass
LVMI	: Left Ventricular Mass Index
MI	: Myocardial Infarction
NHP	: National Hypertension Project
No	: Numbur
PVD	: Peripheral Vascular Disease
PWTd	: Posterior Wall Thickness in Diastole
PWTs	: Posterior Wall Thickness in Systole
RF	: Risk Factor

SBP	:	Systolic Blood Pressure
SCI	:	Silent Cerebral Infarct
SD	:	Standard Deviation
SH	:	Sustained Hypertension
SWT	:	Septal Wall Thickness
Syst-Eur	:	Systolic Hypertension in Europe
TIA	:	Transient Ischemic Attack
TOD	:	Target Organ Damage
UAE	:	Urinary Albumin Excretion
WCE	:	White Coat Effect
WCH	:	White Coat Hypertension
WHO	:	World Health Organization
Y	:	Year

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Introduction

and

Aim of the Work