#### Self-Harm among a Sample of Adolescents in Abbassia Mental Hospital

#### **Thesis**

Submitted for Partial Fulfillment of Master Degree in Neuropsychiatry

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### بسم لله الرحمن الرحيم

# ﴿ قَالُوا سُبُكَانَكَ لَا عِلْمَ لَنَا إِلَا مَا عَلَمُ لَنَا إِلَا مَا عَلَمُ الْكَمِكِيمُ ﴾ عَلَمْتَنَا إِنَّهُ أَنْتَ الْعَلِيمُ الْكَمِكِيمُ ﴾

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#### List of Abbreviations

Abb.	Full term
ADHD	Attention deficient/hyperactivity disorder
BASC-2	Behavioral assessment system second edition
CDC	Center for Disease Control and Prevention
DBT	Dialectical behavioral therapy
DS	Dual system
DSH	Deliberate self-harm
GAD	Generalized anxiety disorder
HIV/AIDS	Human immunodeficiency virus infection and acquired immune deficiency syndrome
MFMER	Mayo Foundation for Medical Education and Research
MHF	Mental health foundation
NSSI	Non suicidal self-injury
OCD	Obsessive compulsive disorder
PTSD	Post-traumatic stress disorder
SCIE	Social Care Institute for Excellence
WHO	World Health Organization

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# Introduction





## Aims of the Work





# Chapter (1) **Adolescent Development**





# Chapter (2) **Self-Harm**





# Chapter (3) Risk Factors for Self-Harm





# Chapter (4) **Self-Harm Management in Adolescents**





### Subjects and Methods





### Results

