



# **ROLE OF ADVANCED MRI TECHNIQUES IN EVALUATING THE RESPONSE OF BREAST CANCER TO NEOADJUVANT CHEMOTHERAPY**

*Essay*

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*Radiodiagnosis*

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# **دور تقنيات تصوير الرنين المغناطيسي الحديثة في تقييم استجابة سرطان الثدي للعلاج الكيميائي الإستباقي**

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# LIST OF ABBREVIATIONS

<b>2D</b>	Two –dimensional
<b>3D</b>	Three-dimensional
<b>ACR</b>	American College of Radiology
<b>ADC</b>	Apparent diffusion coefficient
<b>AIF</b>	Arterial Input Function
<b>BI-RADS</b>	Breast Imaging Reporting and Data System
<b>CAD</b>	Computer Aided Detection
<b>DCE-MRI</b>	Dynamic Contrast Enhanced- MRI
<b>DCIS</b>	Ductal carcinoma in situ
<b>DTPA</b>	Diethylene-triamine-penta acetic acid
<b>DW-MRI</b>	Diffusion Weighted- MRI
<b>ERT</b>	Estrogen replacement therapy
<b>FID</b>	Free induction decay
<b>FOV</b>	Field of vision
<b>GRE</b>	Gradient
<b>IDC</b>	Invasive Ductal Carcinoma
<b>ILC</b>	Invasive Lobular Carcinoma
<b>LCIS</b>	Lobular carcinoma in situ
<b>MD</b>	Mean diffusivity
<b>MIP</b>	Maximum intensity projection
<b>MRI</b>	Magnetic resonance imaging
<b>MRS</b>	Magnetic resonance spectroscopy
<b>MRS</b>	MR spectroscopy
<b>MVD</b>	Microvessel density
<b>NAC</b>	Neoadjuvant chemotherapy
<b>NCI</b>	National Cancer Institute
<b>pCR</b>	Pathological complete response

<b>PR</b>	Partial response
<b>PRESS</b>	Point-resolved spatially localized spectroscopy
<b>PVR</b>	Percentage of tumour volume reduction
<b>Ratio-in</b>	Inflow slope ratio
<b>Ratio-out</b>	Washout slope ratio
<b>RECIST</b>	Response Evaluation Criteria in Solid Tumors
<b>ROI</b>	Region of interest
<b>SI-Time</b>	Signal intensity- time curve
<b>Slope C</b>	Inflow slope at the cold spot
<b>Slope H</b>	Inflow slope at the hot spot
<b>Slope in</b>	Inflow slope
<b>SNR</b>	Signal to noise ratio
<b>STEAM</b>	Stimulated echo acquisition mode
<b>STIR</b>	Short TI Inversion Recovery
<b>SVS</b>	Single voxel spectroscopy
<b>TDLU</b>	Terminal duct lobular unit
<b>TE</b>	Time of echo
<b>TNM</b>	Tumour, nodes, metastases
<b>TR</b>	Time of recovery
<b>Washout C</b>	Washout slope at the cold spot
<b>Washout H</b>	Washout slope at the hot spot

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# INTRODUCTION

Breast cancer constituted 22% of all cancers in women (*Kharboush et al., 2011*). In Egypt, breast cancer is the most frequently occurring cancer among women which represents 18.9% of the total cancer cases among female (*Salem et al., 2010*).

Diagnostic imaging has proven to be a beneficial tool in the screening, diagnosis and prognosis of breast cancer. Most cancers are found early with breast screening methods such as mammography (*Berg et al., 2012*). Although mammography is considered the most effective screening and diagnostic tool for early detection of breast cancer but many cases could be missed because the dense tissue interferes with identification of tumors (*Pisano et al., 2005*).

In the past decade breast cancer screening programs have helped to reduce mortality of breast cancer patient by 20 percent but still determined to find new technologies that have potential to even further improve breast cancer statistics (*Saslow et al., 2007*).

Magnetic resonance imaging (MRI) is highly sensitive for cancer staging, problem-solving, post treatment surveillance and other indications. Continued improvements in technology and studies to assess outcomes will help to better define MRI's role in breast cancer. This is especially important in locally advanced

breast cancer which remains a challenging clinical problem. (*Whitman and Strom, 2009*).

Neoadjuvant chemotherapy (NAC) followed by surgery was introduced about 2 decades ago to treat patients with locally advanced breast cancer as it represents approximately 20% of all women who receive a diagnosis of breast cancer (*Delille et al., 2003*).

Following NAC, accurate assessment of early tumor response or size of post therapy residual tumor burden and location is necessary for planning the future medical or surgical roadmap of the patient (*Loo et al., 2011*).

Advanced MRI imaging techniques have shown to be of great importance in monitoring patient's response to chemotherapy and in differentiating responders from non-responders early during therapy (*Rosen et al., 2006*).

## **AIM OF THE WORK**

*Is to highlight the role of advanced MRI imaging techniques in evaluating the response of neoadjuvant chemotherapy in breast cancer.*