# Significance of Hepatocyte Growth Factor (HGF) Concentrations in Serum of Patients with Liver Cirrhosis and Patients with Hepatocellular Carcinoma

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### ABSTRACT

Background: HGF is a heterodimer composed of an alpha-chain subunit (69 kDa) and a beta-chain subunit (34 kDa), which are linked by a disulfide bond. Although HGF was initially identified as a potent mitogen for hepatocytes, considerable evidence indicates that intracellular signaling pathways driven by HGF-c-Met receptor coupling leads to multiple biological responses in a variety of cells, including mitogenic, motogenic, morphogenic, and antiapoptotic activities.

Aim of the work: This study tries to evaluate the role of serum HGF as a non invasive biomarker in diagnosis of liver cirrhosis and hepatocellular carcinoma.

Subjects and Methods: AFP and HGF were measured in 20 healthy control, 30 cirrhotic patients on top of HCV infection, 30 HCC patients on top of HCV infection and cirrhosis. Serum AFP was assayed by electro-chemiluminescence technique and serum HGF was assayed by the quantitative sandwich ELISA technique.

Results: HGF were highly significantly elevated in the HCC and cirrhotic groups (median=3709(2574.5-5128.75) pg/ml), (median=2843.5(2119-3721) pg/ml) respectively than that of the control group (median =913(770.7-1166.5) pg/ml) with (p=0.000) for both, and was elevated in the HCC group when compared to the cirrhotic group without reaching a statistically significant level. AFP levels were highly significantly elevated in the HCC group [median=128.5(81.75-239.5) ng/ml] than that of both the group [median=4.9(3.65-8.55)]ng/ml)] and [median=3.15(1.97-4.55) ng/ml)] (p=0.000) for both. The AFP levels of the cirrhotic group were higher than that of the control group but this difference did not reach a statistically significant level. We found a positive significant correlation between HGF and AFP for all studied subjects (r=0.561, p=0.000). The sensitivity and specificity of HGF for the HCC group over the non-HCC group were 93.3% and 46%, respectively, at a cut-off value of 1451 pg/mL and AUC was 0.787, and that of AFP were 100% and 92%, respectively, at a cut-off value of 10 ng/mL and AUC was 0.999. The sensitivity and specificity of both parameters together were 100% and 66%, respectively, at the same cut-off values. The Odds ratio of HGF was 11.926 and 95% CI (2.56 - 55.55).

Conclusion: Serum HGF has the potential to be a novel complementary biomarker for assessment of the risk of the HCC development in the cirrhotic patients.

**Key words:** Hepatocyte growth factor, alpha fetoprotein, liver cirrhosis and hepatocellular carcinoma.

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#### List of abbreviation:

95%CI: Confidence interval

AAR(AST/ALT): Aspartate aminotransaminase/ Alanine

aminotransaminase ratio AF: Advanced fibrosis

AFP: Alpha (α) fetoprotein ALP: Alkaline phosphatase

ALT: Alanine aminotransaminase ANA: Anti-neutrophil antibody APRI: AST to platelet ratio index

ASMA: Anti-smooth muscle antibody

AST: Aspartate aminotransaminase

AUC: Area under the curve

AUROC: The area under the receiver operating characteristic curve

CDS: Cirrhosis discriminant score

CLD: Chronic liver disease CT: Computed tomography

CTHA: CT during hepatic arteriography

CTAP: CT arterial portography

D.Bil.: Direct bilirubin

DCP: Desgamma-carboxy prothrombin

ECD: Extracytoplasmic Domain

ECM: Extracellular matrix

EF: Early fibrosis

ELF: Enhanced liver fibrosis

ELISA: Enzyme linked immunosorbent Assay technique

GGT: Gamma-glutamyl transferase

HA: Hyaluronic acid Hb: Haemoglobin

HbeAg: Hepatitis B e antigen

HbsAg: Hepatitis B surface antigen HCC: Hepatocellular carcinoma HGF: Hepatocyte growth factor

HHT: Hereditary hemorrhagic telangiectasia

HSC: Hepatic stellate cells IEF: Iso-electric focusing IL-10: Interleukin-10

#### LIST OF ABBREVIATION

INR: International Normalised Ratio

LB: Liver biopsy

LCA: Lectin lens culinaris agglutin

mab: Monoclonal antibody

MF: Myofibroblast

MMPs: Matrix metalloproteinases MRI: Magnetic resonance imaging

NAFLD: Nonalcoholic fatty liver disease

NO: Nitric oxide

NPV: Negative predictive value

NSGCT: non-seminomatous germ cell tumours

PC: Prothrombin concentration PCR: Polymerase chain reaction

PDGF: Platelet derived growth factor

PICP: Procollagen type I carboxy terminal peptide

PIIINP: Procollagen III amino peptide

PIVKA-II: Protein induced by vitamin K absence/antagonist-II

PSC: Primary sclerosing cholangitis

PT: Prothrombin time

PVN: Predective value of negative PVP: Predictive value of positive

RBCs: Red blood cells RIA: Radioimmunoassay

ROC: Receiver operating characteristics

RTPCR: Reverse-transcription polymerase chain reaction

T.Bil: Total Bilirubin

TBRI: Theodor Bilharz Research Institute

TGF- $\beta$ : Transforming growth factor  $\beta$ 

TIMP: Tissue inhibitors of metalloproteinase

TNF- $\alpha$ : Tumour necrozing factor- $\alpha$ 

WBCs: White blood cells

# **Liver Cirrhosis**

## **Definition:**

Cirrhosis represents the final stage of several chronic hepatic diseases ( **Brandao et al., 2006**). It is a diffuse process of architectural disorganization characterized by fibrosis and the formation of structurally abnormal parenchymal nodules (**Anthony et al., 1978**). This results in portal hypertension, portosystemic shunting, and a diminution of the effective parenchymal mass (**Groszmann and Atterbury 1982**).

Furthermore, the accumulation of connective tissue within the space of Disse can impede the normal metabolic traffic between blood and hepatocytes, impairing the clearance of circulating macromolecules, disturbing the intercellular interactions, and resulting in liver cell dysfunction (Orrego et al., 1987).

#### Fibrosis was staged by the METAVIR system as

F0: no fibrosis,

F1: portal fibrosis without septa,

F2: few septa,

F3: numerous septa without cirrhosis,

F4: cirrhosis.

The grading of activity ( The METAVIR Cooperative Group).

## **Etiology:**

#### 1. Hepatitis C virus

HCV is a small, single-stranded RNA virus, remains a major cause of hepatic cirrhosis and hepatocellular carcinoma worldwide (Alter 1999). In which its prevalence varies throughout the world, with the highest number of infections reported in Egypt (Frank et al., 2000, Friedman and Schiano 2004, Crawford 2005). It has been estimated that 75% to 85% of individuals infected with HCV progress to chronic infection, persisting for at least 6 months after onset, with the rate of chronic infection varying by age, sex, race, and immune system status (Hoofnagle JH,2002, Tsoulfas et al.,2009). Long-term infection has been associated with serious clinical sequelae, including development of hepatic fibrosis, cirrhosis of the liver, portal hypertension and HCC. (Strader et al.,2004, Tsoulfas et al.,2009).

- 2. Chronic hepatitis B
- 3. Alcohol
- 4. Biliary obstruction
- 5. Biliary atresia/neonatal hepatitis
- 6. Congenital biliary cysts
- 7. Cystic fibrosis
- 8. Primary and secondary biliary cirrhosis
- 9. Primary sclerosing cholangitis (PSC)
- 10. Haemochromatosis

#### 11. nonalcoholic fatty liver disease(NAFLD)

#### 12. Autoimmune chronic hepatitis

#### 13. Drugs and toxins as

Alpha-methyldopa, Isoniazid, Methotrexate.

#### 14. Genetic metabolic disease as:

α1-antitrypsin deficiency.

Glycogen storage diseases.

Wilson's disease.

#### 15. Idiopathic/miscellaneous as:

Granulomatous liver disease (e.g. sarcoidosis), Idiopathic portal fibrosis ,Polycystic liver disease.

#### 16. Infection as:

Brucellosis, Congenital or tertiary syphilis, Echinococcosis, Schistosomiasis.

#### 17. Vascular abnormalities as:

Chronic passive hepatic congestion caused by right-sided heart failure, pericarditis, Hereditary hemorrhagic telangiectasia (Osler-Weber- Rendu disease).

#### 18. Veno-occlusive disease

(Heidelbaugh and Bruderly, 2006).

## Pathophysiology:

Cirrhosis is a dynamic situation where two extreme processes occur, fibrogenesis and fibrolysis (Rocky and Bissell, 2006). This entails an accumulation of collagen, as well as other proteins in the extracellular matrix, in the tissue. Progressive deposition of these substances eventually results in disrupted liver morphology, parenchymal function impairment, and ultimately portal hypertension and its related sequels (Martin Gabriel et al., 2009).

The fibrosis, during the process of hepatic cirrhosis, is represented by connective tissue that separates the liver into multiple regeneration nodules. The fibrous septa vary considerably from delicate to extensive, and they may contain inflammatory cells and arterial, venous and biliary structures in varying numbers. In case of well established cirrhosis, the fibrosis surrounds the nodules completely. However, there are cases of incomplete septal cirrhosis, with partial involvement of the nodules (Barnett et al., 1992).

The regenerative hyperplasia of hepatocytes is usually viewed as an attempt to restore parenchymal integrity, but it also contributes to the nodularity and overall architectural disorganization of cirrhosis (**Fausto and Mead 1989**).

The normal regulation of hepatocyte growth appears to be controlled by various circulating growth factors. Following hepatocyte necrosis, the growth factors are secreted and trigger hepatocyte proliferation. Because of