دور جراحات التجميل في الجراحات التحفظية لاورام الثدي

رســالة

للحصول على درجة الماجستير في الجراحة العامة

مقدمة مين

الطبيبة/ اماني الجوهري ابراهيم زين الدين

بكالوريوس الطب والجراحة

تحت إشراف

أد/محمد عبد المنعم ابراهيم

أستاذ الجراحة العامة

كلية الطب

جامعة عين شمس

إد/حناحبيبحنا

أستاذ مساعد الجراحة العامة

كلية الطب

جامعة عين شمس

د/ محمد سعد النجار

مدرس الجراحة العامة

كلية الطب

جامعة عين شمس

كلية الطب

جامعة عين شمس

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The role of plastic surgery in conservative breast surgery

Essay

Submitted on partial fulfillment of master degree in General Surgery

$\mathcal{B}y$ Amany El-Gohary Ibrahim Zien El-Din

 $\mathcal{M}.\mathcal{B}.\mathcal{B}.\mathcal{CH}$

Under Supervision of

Prof. Dr. Mohammed Abd El-Monem Ibrahim

Professor of General Surgery Faculty of Medicine Ain Shams University

Dr. Hanna Habib Hanna

Assistant Professor of General Surgery Faculty of Medicine Ain Shams University

Dr. Mohammed Saad Al-Nagaar

Lecturer of General Surgery Faculty of Medicine Ain Shams University

Faculty of Medicine Ain Shams University 2014



First of all, I thank Allah for blessing this work until it has reached its end, as a part of his generous helping throughout my life.

I would like to express my deep gratitude and appreciation to **Prof. Dr. Mohammed Abd El-Monem**Thrahim, Professor of General Surgery, Faculty of Medicine, Ain Shams University for his continuous support and supervision.

I would also like to express my gratitude to **Dr. Hanna Habib Hanna**, Assistant Professor of General Surgery,
Faculty of Medicine, Ain Shams University, for his continuous support and supervision.

I would also like to express my gratitude to **Dr.**Mohammed Saad Al-Nagaar, Tecturer of General Surgery,

Faculty of Medicine, Ain Shams University, for his continuous support and supervision.

I sincerely appreciate the supervision of Dr. Shrief Moraad, Ain Shams University for his valuable advice and suggestions.

Also, I would like to thank my dear colleague **Dr. Mai Kamal**, for her support throughout my work.

Finally, I dedicate this effort to My Precious Mother and Father for his continuous support and supervision and who helped me in every moment of my life also I dedicate this effort to My lovely Brother, Sisters and My Friends.

Amany El-Gohary



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List of Abbreviations

Ac-In	Acromion To Inferior Point
Ac-LPB	Acromion To LPB Height
Ac-Ni	Acromion To Nipple Height
Ac-Ol	Acromion To Olecranon
A-H	Areolar Height
AJCC	The American Joint Committee On Cancer
APBI	Accelerated Partial Breast Irradiation
Ar-lpb	Areola To Lowest Point Of The Breast
A-W	Areolar Width
BCT	Breast Conservation Techniques
CC	Cranio-Caudal
CT	Computed Tomography
DCIS	Ductal Carcinoma In Situ
DIEP	The Deep Inferior Epigastric Artery Perforator
ELIOT	Electron Intra Operative Therapy)
FDG	Flouro Deoxy Glucose
FES,	(Flouro Oestradiol)
FNA	Fine Needle Aspiration
Н	Height
H/P	Height Over Projection
H/W	Height Over Width
ICAP	Intercostal Artery Perforator
ICAP	Intercostal Artery Perforator Flap
IDC	Invasive Duct Carcinoma
ILC	Invasive Lobular Carcinoma
Inf; Ar-In	Areola To Infra-Mammary
LCIS	Lobular Carcinoma In Situ
LD	Latissimusdorsi
Lt	Left
M	Manubrium
M	Distant Metastasis
M-Ac	Manubrium To Point Of Maximum Lateral Prominence Of
	Acromion

List of Abbreviations

M-In	Infra-Mammary Crease	
MLO	·	
_	The Medio-Lateral Oblique Manubrium To The Lowest Point On Broost	
M-LPB	Manubrium To The Lowest Point On Breast	
M-N	Manubrium To Center Of Nipple	
M-Pub	Manubrium To Pubis	
MRI	Magnetic Resonance Imaging	
M-Um	Manubrium To Umbilicus	
M-Xy	Manubrium To Xyphoid	
NAC	Nipple-Areola Complex	
N-Ac	Nipple To Acromion	
N-Cl	Nipple To Clavicle	
N-N	Nipple To Nipple	
P	Projection	
PET	Positron Emission Tomography	
PM	Pectoralis Minor Muscle);	
pN	Regional Lymph Nodes—Pathologic	
Rt	Right	
RTH	Radiation Therapy	
SLN	Sentinel Lymph Node	
SSN	Supra-Sternal Notch	
T	The Primary Tumor	
TDAP	Thoracodorsal Artery	
TDAP	Thoracodorsal Artery Perforator Flap	
TNM	Tumor, Nodes, And Metastasis	
TRAM	Pedicled Transverse Rectus Abdominismyocutaneous Flap	
W	Width	

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Introduction

Conservative surgery has become a well-established alternative to mastectomy in the treatment of breast cancer. However, in case of larger lesions or small-size breasts, the removal of adequate volumes of breast tissue to achieve tumor-free margins and reduce the risk of local relapse may compromise the cosmetic outcome, causing unpleasant results. In order to address this issue, new surgical techniques, so-called oncoplastic techniques, have been introduced in recent years to optimize the efficacy of conservative surgery both in terms of local control and cosmetic results (*Masetti et al.*, 2006).

Breast conserving therapy (BCT) refers to breast conserving `eradicate any microscopic residual disease. The goals of BCT are to provide the survival equivalent of mastectomy, a cosmetically acceptable breast, and a low rate of recurrence in the treated breast (*Sable et al.*, 2012).

The problems with the evaluation of aesthetic results in breast-conserving therapy (BCT) is three-fold: The first is defining what should be evaluated (which characteristics or parameters are important to consider in this evaluation); the second is how the evaluation should be undertaken (by direct evaluation or by using patients' pictures and if so what kind of photographs are needed and using which conditions; what will be the timing of this evaluation during treatment and follow-up and additionally what scales are going to be used in the