

Parturients Health Education: It's Effect on Post Cesarean Section Complications

Thesis

**Submitted in partial Fulfillment of the doctorate
In Nursing Science
Community Health Nursing**

By

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List of Contents

<i>Subject</i>	<i>page no</i>
Introduction	1
Aim of the Study	6
Chapter I: An Overview of Cesarean Section	7
Chapter II: Complication of Cesarean Section	27
Chapter III: Health Promotion and Prevention for Cesarean Section Complication.	44
Chapter IV: The Community Health Nursing Role	53
Subjects and Methods	77
Results.....	95
Discussion	132
Conclusion and Recommendation	161
Summary	163
References	171
Appendices	216
Arabic Summary	

List of Tables

Table No.	Title	Page No.
(1):	Distribution of socio demographic Characteristics of parturient (N =144).	97
(2):	Distribution of parturient According to Their obstetric history as parturient reported (N =144).	98
(3):	Distribution of parturient according to their body mass index assessment (N =144).	99
(4):	Distribution of parturient according to their medical history as parturient reported (N =144).	100
(5):	Distribution of parturient according to their satisfactory general knowledge about CS of pre& post educational program (N =144).	102
(6):	Distribution of parturient according to their knowledge about nutrition after cesarean section of (pre & post educational program). (N =144).	103
(7):	Distribution of parturient according to their Satisfactory knowledge about rest and exercise after cesarean section (pre & post educational program) (N =144).	104
(8):	Distribution of parturient according to their satisfactory knowledge about family planning (FP) after cesarean section of pre & post educational program (N =144).	105
(9):	Distribution of parturient according to their satisfactory knowledge about breast care, perineal care and wound care after cesarean section of (pre & post educational program) (N =144).	106
(10):	Distribution of parturient According to their knowledge about post cesarean section complications of pre & post educational program (N =144).	107

List of Tables (Cont.)

Table No.	Title	Page No.
(11):	Distribution of parturient according to their practice, of breast care pre & post educational program (N =144).....	110
(12):	Distribution of parturient according to their practice, of perineal care pre & post educational program as parturient reported (N =144).	111
(13):	Distribution of parturient according to their practice, of wound care pre & post educational program (N =144).....	112
(14):	Distribution of parturient According to Their health problem after (previous cesarean section) as parturient reported (N=144).....	114
(15):	Distribution of parturient according to their depression score in (ante natal period) pre educational program (N=144).....	115
(16):	Distribution of cesarean section Parturient post educational program According to Their compliance to health educational instruction in follow up after one week as parturient reported (N =144).....	117
(17):	Distribution of cesarean section Parturient post educational program According to Their health compliance to educational instruction in follow up (after one month) as parturient reported (N=144).....	118
(18):	Distribution of cesarean section parturient according to their health problem after cesarean section as parturient reported post program. (N =144).	119
(19):	Distribution of parturient According to their depression score in (post natal period) post educational program (N=144).....	120

List of Tables *(Cont..)*

Table No.	Title	Page No.
(20):	Correlation between of Total knowledge score level of parturient & Total Practice score level pre-post educational program	122
(21):	Relation between Socio Demographic Characteristic of parturient & Total knowledge score Level pre-post educational program(N =144).	123
(22):	Relation between Socio Demographic Characteristic of parturient & Total Practice score Level pre-post educational program (N =144).	125
(23):	Relation between Socio Demographic Characteristic of parturient & health problem after cesarean section post educational program (N =144).....	127
(24):	Relation between BMI of parturient & health problem after cesarean section post educational program (N =144).....	128
(25):	Correlation between degree of health compliance of parturient and level of total knowledge after educational program (N =144).	129
(26):	Correlation between degree of health compliance of parturient & level of total practice after educational program (N =144).	130
(27):	Relation between health problems of parturient after cesarean section and their degree of health compliance to educational instruction in follow up as parturient reported (N =144).....	131

List of Figures

Figure No.	Title	Page No.
<u>Review of literature Figures:</u>		
(1):	cesarean section side infection	32
(2):	Nipple cracks from breastfeeding Cesarean section side effects.....	33
(3):	Lactation Mastitis.....	34
(4):	Postpartum Venous Thromboembolism.....	36
(5):	Post cesarean section depression.....	38
(6):	Cesareans' raise risk of postnatal depression.....	39
(7):	Football Position, Side Lying Position.....	59
(8):	a Guide to Daily Food Choic	64
(9):	Deep breathing exercise	248
(10):	Ankle exercises.	249
(11):	Getting out of bed after cesarean section.....	250
(12):	Coughing, showing position.	251
(13):	Post Ceasarean Section Exercise.....	253

List of Figures

Figure No.	Title	Page No.
<u>Results Figures:</u>		
(1):	Distribution of parturient according to their life style as parturient reported about their life style (N =144).	101
(2):	Parturient total knowledge about CS pre & post educational program.....	109
(3):	Distribution of parturient according to their total practice pre & post educational program (N =144).....	113
(4):	Distribution of parturient According to their depression score in antenatal period & (post natal period) post educational program	121

List of Abbreviations

Abbreviation	Full Term
BMI	Body Mass Index
CDC	The Centers for Disease Control and Prevention
CDMR	Cesarean Delivery on Maternal Request
CI	Crowding Index
CPD	Cephalopelvic Disproportion
CS	Cesarean Section
DVT	Deep Vein Thrombo-Embolism
EPCS	Elective Primary Cesarean Section
EPDS	Edinburgh Postnatal Depression Scale
PE	Pulmonary Embolism
RCOG	Royal College of Obstetricians and Gynaecologists
REEDA	Redness, Edema, Ecchymosis, Discharge
UTI	Urinary Tract Infections
VBAC	Vaginal Birth after Cesarean
WHO	World Health Organization
CDMR	Cesarean Delivery on Maternal Request
ANC	Ante Natal Care
USA	United States of America

Abstract

Parturients Health Education: It's Effect on Post Cesarean Section Complications

Cesarean section is a major surgical procedure that increases the likelihood of many types of harm for parturient and babies. **Aim of the study:** to evaluate the effect of parturient health educational program on post cesarean section complications. **The study design:** A quasi experimental study design **Sample:** purposive included 144 parturient undergoing cesarean section. **The study setting:** The outpatient clinic at Ain shams university, Maternity Hospital. **Tools:** four tools used for data collection, **the first tool** parturient interviewing questioner; **second tool** parturient practice checklist; **third tool** parturient follow up sheet and **fourth tool;** post cesarean depression assessment tool. **Results:** The finding of this study proved the effect of the health educational program on post cesarean complication through; highly statistical significant relation between total knowledge score level of parturient and total Practice score level pre / post educational program. Highly statistically significant difference between health problem of parturient after cesarean section and their level of health compliance to educational instruction in follow up. **Conclusion:** Health educational program had a positive efficient on improving parturient knowledge and practice regarding of cesarean section and minimizing post cesarean section complication. **Recommendations:** Based on the results of the study, parturient health educational program must be instituted in all communities with a view to bring about public awareness. Detailed health education programs can be conducted in the hospital set up.

Key words: parturient, cesarean section, complication