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SIGNIFICANCE OF STRESS-HYPERGLYCAEMIA IN NONDIABETIC PATIENTS WITH FIRST ACUTEMYOCARDIAL INFARCTION

THESIS

Submitted in partial fulfillment of Master degree in Cardiology

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BYOOK



ACKNOWLEDGEMENT

I would like to offer my deep thanks to prof.DR. MOHAMED **4WAD TAHER**, professor of cardiology, Ain-Shams university. It is really an honor to work under his supervision. his continuous support and expert advice helped me greatly in completion of this work.

I am also so grateful to ass. Prof. HOSSAM EL-GHETANY, assisstant professor of cardiology, Ain-Shams university, for his generous help and valuable advises throughout this work.

This work could not have been completed without the continuous help of ass. Prof. KHALED EL-MENIAWY, assisstant professor of cardiology, Ain-Shams university, I owe him a great dept for his guidance and his patience with me.



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ntroduction

INTRODUCTION

Hyperglycaemia is common in patients admitted to the hospital with suspected acute-Ml (Soler ng, Frank s.1981). Such hyperglycaemia occuring at admission in patients with acute-Ml is generally held to represent stress-hyperglycaemia which is a transient recognized finding during the acute phase and is considered to be related to stress(Oswald g, Corcoran s, Yudkin js.1984).

Such stress-Hyperglycaemia is a real phenomenon in non-diabetic patients with acute-MI and it has been assumed that this applies equally to hyperglycaemia occurring without exogenous glucose load and that is produced by stress (Husband DJ,Alberti KG,Julian D.1983).

The prevalence of hyperglycaemia defined as whole blood glucose more than 10mmol\L or 180 mg/dl is common in patients admitted to the hospital with acute-MI (Soler NG,Frank S.1981). Such transient glucose intolerance frequently occurs during acute episode of MI and may be confused with diabetes (Chin HP, Hanashiro PK,et.al.,1971).

On clinical signs alone hyperglycaemia induced by stress can not be differentiated from undiagnosed diabetes (PeelAAF, Semple T, Wang I,1962). But estimation of glycosylated haemoglobin HBA_{Ic} can be used to distinguish between stress-hyperglycaemia and hyperglycaemia caused by diabetes as HBA_{Ic} levels at admission will also be measured as a mean of separating pre-existing but undiagnosed diabetes from acute stress hyperglycaemia and diabetes precipitated by the event (Husband DJ,Alberti KG,Juliandg,1983).

Multiple studies confirm that mortality among diabetics with acute-MI is high (Malmberg K, Ryden L.1988). Many factors such as severe coronary artery disease, diabetic cardio-myopathy, disturbed autonomic balance, and decreased fibrinolytic activity may contribute to the unfavorable outcome in diabetic patients (Jacoby R, Nesto R. 1992).

Hyperglycaemia alone might possibly contribute to the poor outcome in patients with acute-MI and with or without known diabetes in whom other factors peculiar to hyperglycemia which may contribute to the outcome