#### METABOLIC STUDY ON SOME AGENTS AFFECTING OBESITY INDUCED IN EXPERIMENTAL RATS

#### **Thesis**

**Submitted for fulfilment of Master Degree in Pharmaceutical Sciences (Biochemistry)** 

By Maha Abdo Ali Ahmad

B.Sc. of Pharmacy (2001)

**Supervisors** 

Prof. Dr. Mohamed M. El Seweidy

Professor of Biochemistry Department Faculty of Pharmacy Zagazig University

Dr. Fatmah Rizk Abdullah

Professor of Biochemistry Faculty of Pharmacy Zagazig University

Faculty of Pharmacy Zagazig University 2008

# 

صدق الله العظيم (سورة البقرة – الآية 32) Dedicated to all whom have

Supported me

And Contributed

To the birth of this

Work

My Husband, Children, Mother, Sisters,

And

Memory of my Father

Nevertheless My Mentor Professor

#### LIST OF ABBREVIATION

## According to order in the text

WHO	World Health Organization
$TNF - \alpha$	Tumour necrosis factor – alpha
LPL	Lipo protein lipase
GLUT	Glucose transporter expression
IGF – 1	Insulin like growth factor - one
ob	Obese gene
EIn	Energy intake
EOUT	Energy expenditure
BMD	Bone mineral density
DEXA	Dual Energy X-ray Absorptiometry
BMI	Body mass index
BED	Binge eating disorder
GH	Growth hormone
ECG	Electro cardiogram
KDa	Kilo Dalton
ICAM-1	Intercellular cell adhesion molecules - one
VCAM-1	Vascular cell adhesion molecule – one
E- selectin	Endothelial – selectin type of cell adhesion molecule
ALT	Alanine aminotransferase
β-AR	Beta adrenergic receptor
T2D	Type two diabetes
P450	Cytochrom P450 (liver enzyme)
LV	Left ventricle
aMSH	Alpha melanocyte-stimulating hormone
UCP1	Uncoupling Protein one
ACC1	Acetyl-CoA Carboxylase one

POMC	PrOpioMelanoCortin				
ACP1	Acid Phosphatase one				
MC4Rs	MelanoCortin four Receptor				
AGRP	AGouti-Related Protein				
cAMP	Cyclic adenosine monophosphate				
K cal	Kilo calorie				
TG	Triacylglycerol				
GABA	Gamma amino butyric acid				
NPY	Neuropeptide Y (a potent feeding stimulant				
	secreted by cells in the gut and in the				
	hypothalamus)				
IL – 6	Interleukin- six				
IL - 1	Interleukin-one				
IGFBP-3	Insulin- binding protein three				
IGFBP	Insulin- binding protein from one to six				
ADMA	Asymmetric dimethylarginine				
AMPK	AMP-activated protein kinase				
eNOS	Endothelial nitric oxide synthase				
PKB	Protein kinase beta				
NO	Nitric oxide				
LDL	Low-density lipoprotein				
NAFLD	Non-alcoholic fatty liver disease				
NASH	Non-alcoholic steato hepatitis				
ORAC	Oxygen radical absorbance capacity				
TE	Trolox equivalents				
LEP	Leptin gene symbol				
$NF - \alpha \beta$	Nuclear factor alpha & beta				
ROS	Reactive oxygen species				
CRP	C – reactive protein				
mRNAs	Messenger Ribonucleic acids				

SCD – 1	Stearoyl - CoA desaturase -one					
WAT	White adipose tissue					
IPAT	Inter peritoneal adipose tissue					
NEFA	Non- esterified fatty acid					
LDL	Low density lipoprotein					
HDL	Height density lipoprotein					
Apo A	Apolipoprotein A					
Apo B	Apolipoprotein B					
PGF	Pomegranate flower extract					
PJ	Pomegranate Juice					
NF- KB	Nuclear factor kappa B					
HAE	Hydro alcoholic extract					
TC	Total cholesterol					
HDL – C	High density lipoprotein cholesterol					
ASCVD	Atherosclerotic cardiovascular disease					
LDL – C	Low density lipoprotein cholesterol					
VHM	Ventromedial hypothalamus					
CNS	Central nervous system					
GLUT- 4	Glucose transporter four					
EGCG	Epigallocatechingallate					
SREBP-1	Sterol-regulated element binding protein one					
HUVECs	Human umbilical vein endothelial cells					
AUC	Area under curve					
EGC	Epigallocatechin					
EC	Epi catechin					
NA-cAMP	Nicotinamide Adenine cyclic adenosine					
	monophosphate					
IL – 8	Interleukin-eight					
LPS	Lipopolysaccharide					
mTOR	Mediated signaling pathways in the tumor					

	cells				
EA	Ellagic acid				
CAS	Carotid artery stenosis				
IMT	Intimal-Medial Thickness				
COX-2	Cycloxygenase - two				
PW	Pomegranate wine				
RW	Red wine				
NAC	N-acetyl cysteine				
M-1	Mixture one				
M-2	Mixture two				

### LIST OF TABLES

		Page
Table 1:	Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum TClevel (mg / dl) of obese rats after 3 and 5 weeks.	4-2
Table2:	Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum TG level (mg / dl) of obese rats after 3 and 5 weeks.	4-5
Table 3:	Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum HDLc	4-8

level (mg / dl) of obese rats after 3 and 5 weeks.

- Table 4: Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum TC / HDLc ratio of obese rats after 3 and 5 weeks.
- Table 5: Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg/ total body weight) daily either individually or in combination forms on serum TNF α level (ng / ml) of obese rats after 3 and 5 weeks.
- Table 6: Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum leptin level (ng / ml) of obese rats after 3 and 5 weeks.

- **Table 7:** Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum IGF I level (ng / ml) of obese rats after 3 and 5 weeks.
- Table 8: Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on triacylglycerol content adipose tissue extract ( mg /dl ) of obese rats after 3 and 5 weeks.
- Table 9: Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on body weight in rats after 3 and 5 weeks.
- Table 10: Effect of oral administration of total green tea extract (10 mg/ kg / day), curcuminoids (500 mg / kg for alcoholic extract / day), pomegranate juice (500 mg / kg / day), chitosan powder (3000 mg / to total body weight / day) either

	individually or in combined forms on waist circumference in rats for 3 and 5 weeks.	
Table 11:	Correlations coefficients between studied parameters after 3 weeks.	4-32
Table 12:	Correlations coefficient between studied parameters after 5 weeks.	4-34
Table 13:	Correlations coefficient between TNF - $\alpha$ , IGF – I, Leptin, body weight and waist after 3 weeks.	4-36
Table 14:	Correlations coefficient between TNF - $\alpha$ , IGF - I, Leptin, triacylglycerol in adipose tissue body weight and waist after 5 weeks.	4-38

#### LIST OF FIGURES

Page

Fig(1- a):	Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum TC level (mg / dl) of obese rats after 3 and 5 weeks.	4-3
Fig (2- a):	Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum TG level (mg / dl) of obese rats after 3 and 5 weeks.	4-6
Fig (3- a):	Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum HDLc	4-9

level (mg/	dl) of	obese	rats	after	3	and	5
weeks							

- Fig (4- a): Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum TC / HDLc ratio of obese rats after 3 and 5 weeks.
- Fig (5- a): Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg/ total body weight) daily either individually or in combination forms on serum TNF α level (ng / ml) of obese rats after 3 and 5 weeks.
- Fig(6- a): Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum leptin level (ng / ml) of obese rats after 3 and 5 weeks.
- **Fig (7- a):** Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg /

- kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on serum IGF I level (ng / ml) of obese rats after 3 and 5 weeks.
- Fig (8- a): Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on triacylglycerol content adipose tissue extract ( mg /dl ) of obese rats after 3 and 5 weeks.
- Fig (9- a): Effect of oral administration of green tea extract (10 mg / kg), curcuminoids (500 mg / kg), pomegranate juice (500 mg / kg), chitosan powder (3000 mg / total body weight) daily either individually or in combination forms on body weight in rats after 3 and 5 weeks.
- Fig (10-a): Effect of oral administration of green tea extract (10 mg/ kg / day), curcuminoids (500 mg / kg for alcoholic extract / day), pomegranate juice (500 mg / kg / day), chitosan powder (3000 mg / to total body weight / day) either individually or in combined forms on waist circumference in rats for 3 and 5 weeks.