

**Estimate of the pattern and prevalence of
alterations of glucose metabolism in diabetic
and non-diabetic HCV cirrhotic patients**

Thesis

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fulfillment of master degree
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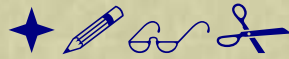
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



سورة

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List of Figures

Figure No.	Title	Page No.
<u>D.M.:</u>		
Figure (1):	Dual feedback connection between plasma glucose and insulin concentrations in vivo: (+), Stimulation; (-), inhibition.	64
Figure (2):	Causes of hyperglycemia and sites of action of oral antidiabetic agents.	72
<u>HCV & T2DM:</u>		
Figure (1):	Molecules which are likely to be involved in mediating insulin resistance (IR) in HCV infection.	91
<u>Results</u>		
Figure (1):	Comparison of sex among studied groups	99
Figure (2):	Comparison of BMI among studied groups	100
Figure (3):	Comparison of WBCs among studied groups	101
Figure (4):	Comparison of Albumin among studied groups	102
Figure (5):	Comparison of Urea among studied groups	103
Figure (6):	Comparison of Fasting Blood Glucose among studied groups	104
Figure (7):	Comparison of 2 Hours Post Prandial Blood Sugar among studied groups	105
Figure (8):	Comparison of HbA1C Before treatment (%) among studied groups	106
Figure	Comparison of qualitative SVR after treatment	108

List of Tables

Table No.	Title	Page No.
	<u>HCV:</u>	
Table (1):	Modified Child-Pugh Score	11
Table (2):	Contraindications to Treatment of HCV Infection with IPnterferon and Ribavirin.	23
Table (3):	Side effects for Pegylated interferon.	24
	<u>D. M.:</u>	
Table (1):	Comparison between monogenic and polygenic (complex) forms of T2DM.	50
Table (2):	Criteria for the Diagnosis of Diabetes Mellitus and Impaired Glucose Homeostasis.	66
Table (3):	Dose-Response of Oral Agents for Type 2 Diabetes Mellitus.	71
Table (4):	Goals of Therapy for Patients with Diabetes Mellitus.	71
	<u>HCV & T2DM:</u>	
Table (1):	Clinical evidence for a steatogenic effect for genotype 3.	77
	<u>Tables of the Results:</u>	
Table (1):	Comparison of age (years) between studied groups.....	98
Table (2):	Comparison of gendre between studied groups.	99
Table (3):	Comparison of BMI (kg/m ²) between studied groups.....	99
Table (4):	Comparison of Blood picture between studied groups.....	101
Table (5):	Comparison of liver function tests between studied groups.....	102

Table No.	Title	Page No.
Table (6):	Comparison of urea (mg/dL) between studied groups.....	103
Table (7):	Comparison of creatinine (mg/dL) between studied groups.....	103
Table (8):	Comparison of fasting blood glucose (mg/dL) between studied groups	104
Table (9):	Comparison of 2 hours post prandial blood sugar (mg/dL) between studied groups.....	104
Table (10):	Comparison of HbA1c (%)between studied groups.....	106
Table (11):	Comparison of insuline between studied groups	107
Table (12):	Comparison of HOMA-IR between studied groups.....	107
Table (13):	Comparison of C-peptide (ng/dL) between studied groups.....	107
Table (14):	3hours OGTT between non diabetic group.....	107
Table (15):	Comparison of PCR (x 10 ³ copy /mL) between studied groups.....	108

List of Contents

Title	Page No.
Introduction	1
Aim of the work	4
Review of Literature	
• Hepatitis C virus	5
• Diabetes Mellitus	44
• Hepatitis C virus and Diabetes Mellitus	74
Patients and Methods	94
Results	98
Discussion	109
Summary and Conclusion	119
Recommendation	123
References	124
Arabic Summary	1

List of Abbreviations

Abbrev.	Meaning
AVH	Acute viral hepatitis
ALT.....	ALanine amino-Transferase
AST.....	ASpartate amino-transferase
AFP.....	Alpha Feto Protein.
ASB.....	Asymptomatic Bacteriuria
Akt.....	The serine/threonine kinase Akt or protein kinase B (PKB) is a downstream effector of phosphatidylinositol 3 (PI 3)-kinase. It was shown to be the mediator of growth factor-dependent cell survival in a variety of cell types.
BMI.....	Body Mass Index
BP.....	Blood Pressure
CMV.....	Cytomegalovirus.
CTL.....	Cytotoxic T Lymphocyte.
DIE.....	Diabetes In Egypt
DM	Diabetes Mellitus
EIAs.....	Enzyme Immunoassays
ESRD.....	End Stage Renal Disease
EVR.....	Early Viral Response
GADA.....	Glutamic Acid Decarboxylase Antibodies
GGT.....	Gamma-Glutamyl-Transpeptidase
GLP.....	Glucagons-Like Peptide
GM-CSF.....	Granulocyte/Monocyte Colony Stimulating Factor
HBc.....	Hepatitis B core.
HbsAg.....	Hepatitis B surface Antigen.
HBV.....	Hepatitis B Virus
HCC.....	Hepatocellular Carcinoma.
HCV	Hepatitis C Virus
HDL.....	High Denisty Lipoprotein

Abbrev.	Meaning
HIV.....	Human Immunodeficiency Virus
HNF-4 α	Hepatic Nuclear Factor-4 α .
HRQOL.....	Health-Related Quality Of Life.
HOMA IR.....	Homeostasis Model Assessment for Insulin Resistance
ICA.....	Islet Cell Antibody
IDDM.....	Insulin-Dependent Diabetes Mellitus
IFG.....	Impaired Fasting Glucose
IFN.....	Interferon
IGFBP-1.....	Insulin-Like Growth Factor-Binding Protein-
IGT.....	Impaired Glucose Tolerance
IL.....	Interleukin
IPF-1.....	Insulin Promoter Factor-1
IR.....	Insulin Receptor.
IRES.....	Internal Ribosome Entry Site
IRS.....	Insulin Receptor Substrate
IRS-1.....	Insulin Receptor Substrate-1
IRS-2.....	Insulin Receptor Substrate-2.
Ire.....	Insulin Resistance
JNC.....	Joint National Committee
LADA.....	Latent Autoimmune Diabetes of the Adult
LADY.....	Latent Autoimmune Diabetes in Youth
LFA.....	Lymphocyte Function-associated Antigen
MODY.....	Maturity-Onset Diabetes in Youth.
MPG.....	Membrano-Proliferative Glomerulonephritis
NAC.....	N-Acetyl Cysteine
NASH.....	Non-Alcoholic Steatohepatitis
NAT.....	Nucleic Acid Amplification Technology
NCR.....	Non-Coding Gene
NHANES III.....	The Third National Health and Nutrition Examination Survey.
NHL.....	Non Hodgkin's Lymphoma
NIDDM.....	Non Insulin-Dependent Diabetes Mellitus

Abbrev.	Meaning
NK.....	Natural Killer
NSAIDs.....	Non Steroidal Anti-Inflammatory Drugs
OGTT.....	Oral Glucose Tolerance Test
PAT.....	Parenteral Antischistosomal Therapy
PCR.....	Polymerase Chain Reaction
PEG-IFN=PegIFN.....	Pegylated Interferon
PEPCK.....	Phosphoenolpyruvate Carboxykinase
PI.....	Pro-Insulin
PI3K.....	Phosphatidylinositol 3-kinase.
2hrPPG.....	Two-hour Postprandial Plasma Glucose
PTDM.....	Posttransplantation Diabetes Mellitus.
RBV.....	Ribavirin
ROM.....	Reactive Oxygen Metabolites
ROS.....	Reactive Oxygen Species
RT-PCR.....	Reverse Transcriptase Polymerase Chain Reaction
SBP.....	Systolic Blood Pressure
SCD4.....	stearoyl coenzyme A desaturase 4
SREBP-1.....	Sterol Regulatory Element Binding Protein-1c
STAT-3.....	Signal Transducer and Activator of Transcription 3
SOC.....	Suppressor of Cytokine signaling
SST.....	Sho-Saiko-To.
SVR.....	Sustained Virological Response
T1DM.....	Type 1 Diabetes Mellitus=IDDM
T2DM.....	Type 2 Diabetes Mellitus= NIDDM
TGF- β	Transforming Growth Factor-beta
TIW.....	Three Times per Week
TT.....	Triple Therapy.
WHO.....	World Health Organization
UDCA.....	UrsoDeoxyCholicAcid.

INTRODUCTION

Hepatitis C virus (HCV) is considered the most common etiology of chronic liver disease (CLD) in Egypt, where prevalence of antibodies to HCV (anti-HCV) is approximately 10-fold greater than in the United States and Europe (*Strickland, et al., 2002*). Egypt has the highest worldwide prevalence of HCV (10-20%) (*Ray et al., 2000 and Kamal & Nasser, 2008*).

The majority of infected individuals (60-80%) develop chronic hepatitis C (CHC), which is associated with progressive liver fibrosis and a 3-9% risk of cirrhosis after 20 years (*Freeman et al., 2001*). CHC is also associated with significant morbidity and mortality, accounting for 50-76% of all liver cancer cases worldwide, and two thirds of liver transplants in the developed world (*WHO, 2008*).

Strickland in (2006) reported that, in Egypt, schistosomiasis was traditionally the most important public health problem and infection with *Schistosoma mansoni* is the major cause of liver disease.

It is now widely recognized that CHC is associated with insulin resistance (IR) and type 2 diabetes (T2DM), so can be considered a metabolic disease. Apart from the well-described complications of diabetes, IR in CHC predicts faster progression to fibrosis and cirrhosis that may end in liver failure and hepatocellular carcinoma (HCC). More recently, it has been recognized that IR in CHC predicts a poor response to antiviral therapy (*Douglas and George, 2009*).

A previous study of cirrhotic patients confirmed that T2DM was present in 21% of patients with cirrhosis due to CHC. Significantly, subsequent case control studies have confirmed that T2DM is associated with CHC even in the absence of cirrhosis (*Knobler et al., 2000 and Antonelli et al., 2005*).

Of relevance, it has been previously reported that there was no association between CHC and type 1 diabetes, and no association of hepatitis B virus infection with T2DM, suggesting a virus-specific association of HCV with T2DM (*Douglas and George, 2009*). It was also noted that HCV-associated T2DM mainly occurred in patients with other risk factors for diabetes, such as older age and a high body mass index (*Mehta et al., 2003*).

Insulin resistance is present in > 90% of individuals before the onset of frank T2DM. The homeostasis model of insulin resistance (HOMA-IR) was used to diagnose IR, calculated by the following equation: **HOMA-IR = fasting glucose (mg/dL) × fasting insulin (μU/mL)/405** (*Matthews et al., 1985*). Typically, a HOMA-IR value > 2 is used as a significant indicator of IR (*Douglas and George, 2009*).

Hui et al. (2003) first reported that IR is increased in patients infected with HCV, particularly genotype 1. Subsequent studies have confirmed this association for genotype 4 (*Moucari et al., 2008*) and possibly also genotype 2a (*Negro, 2006*).

The mechanisms of HCV-induced IR occur through increased levels of interleukin (IL)-1, tumor necrosis factor (TNF)- , IL-6 and leptin, and reduced levels of adiponectin (*Bugianesi et al., 2005*).

Aim of the study

The aim of the present study is to estimate the pattern and prevalence of glucose intolerance and alterations of glucose metabolism in diabetic and non-diabetic HCV cirrhotic patients