# Assessment of Small Airway Disease By Impulse Oscillometry In Relation to Asthma Control and Bronchial Hyperresponsiveness In Children

Thesis

Submitted for Partial Fulfillment of Master

Degree in Pediatrics

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2016



My greatest gratitude is to ALLAH whose guidance and support were the main motive behind accomplishing this work.

I would like to express my profound gratitude and sincere appreciation to **Prof. Dr. Eman Ahmed Zaki,** Professor of Pediatrics, Faculty of Medicine, Ain Shams University, for her great help and support and gentle guidance and insistence. Without her help, this work would never been accomplished.

I would also like to express my appreciation to **Prof.Dr.**Eman Mahmond Fonda, Pediatrics, Faculty of Medicine, Ain

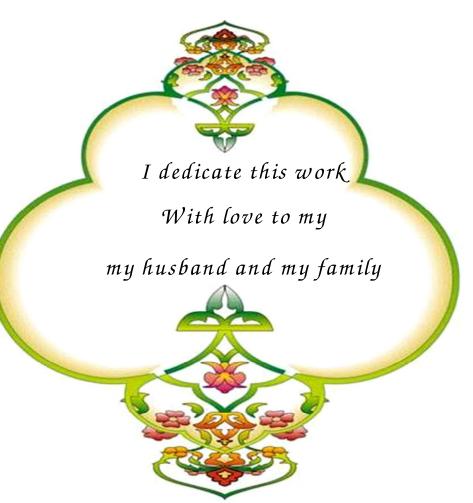
Shams University, Professor of for her continuous help, guidance and encouragement.

I would like to express my deep appreciation and gratitude to Assistant. Prof. Dr. Terez Boshra Kamel, Assistant Professor of Pediatrics, Faculty of Medicine, Ain Shams University for her generous infinite help, supervision and continuous guidance throughout the whole work. I will never forget her meticulous efforts and precise criticism.

Finally, I am so grateful and I am deeply indebted to soul of my husband, my Great Mother and to my Dearest Father for their kindness, trust, unfailing support and much needed encouragement throughout this work.

Yasmin Swelam farhan





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#### List of abbreviation

Abbrev. Full term

**AAP:** Asthma action plan

**ACQ**: Asthma control questionnaire

**ACSS**: Asthma control scoring system

**ACT**: Asthma control test

**AHR:** Airway hyperresponsivness

**ATAQ**: Asthma therapy assessment questionnaire

**AX:**Reaction area

**BMI**:Body mass index

**COPD**: Chronic obustructive pulmonary diseases

**CVA**: Cough variant asthma

**EIA**: Exercise included asthma

**ETS:** Environmental Tobacco smoking

**FENO**: Fractional exhaled nitric oxide

**FEV<sub>1</sub>:** Forced expiratory volumein first second

**FVC**: Forced volume capacity

Abbrev. Full term

**GINA:** Global Initative National institution of Asthma

**HRCT:** High resolution computed tomography

**HRQOL:** Health – related quality of life

**HRV:** Human rhinovirus

**ICS**: Inhaled corticosteroids

**IGE**:Immunoglobulin E

IL<sub>17</sub>:Interleukin <sub>17</sub>

**IOS**: Impulse oscillometry

LASS: Lara asthma symptom scale

MAQLQ: Mini asthma quality of life questionnaire

**MEF** 25-75: Mid expiratory flow 25-75

**NSAI**: Non small airway impairement

**PEF**: Peak expiratory flow

 $\mathbf{R}_{20}$ : Resistance at 20Hz

 $\mathbf{R}_{5-20}$ : Difference between  $\mathbf{R}_{5}$  and  $\mathbf{R}_{20}$ .

**R5:** Resistance at 5Hz

**SAI:** Small airway impairement

**SHS**: Second hand smoke

#### Abbrev. Full term

**SPT:** Skin prick test

**SR:** Steroid resistant

**SS:** Steroid sensitive

**TH CELLS :**T- helper cells

**TNF:** Tumar necrosis factor



#### Introduction

Asthma is a common chronic disorder of the airways that is characterized by the complex interaction of airway obstruction, bronchial hyperresponsiveness (BHR), and airway inflammation which leads to recurrent episodes of wheezing, breathlessness, chest tightness, and coughing (*Manuyakorn et al.*, 2013).

However, assessing asthma control in children is particularly challenging for many reasons including a discrepancy in perceived symptoms between the child and parents, and the poor correlation between symptoms and traditional objective tests such as spirometry. Therefore, the development of new, reliable, and non-invasive methods to assess of asthma control in children remains a priority and is essential for the effective treatment of asthma (*Carroll et al.*, 2011).

Recent studies have suggested that abnormalities in the small airways can contribute to the clinical expression of asthma. The small airways can be affected by inflammation, remodeling, and changes in the surrounding tissues, all contributing to small-airways dysfunction. Many systematic reviews to investigate the association between small-airways dysfunction on one hand and



clinical signs and symptoms of asthma on the other hand were done (Wiel et al., 2013).

Impulse oscillometry (IOS) has been increasingly used as a non invasive method to assess airway resistance and reactance in children. IOS requires minimal patient cooperation, it is effort-independent, and separately quantifies the degree of obstruction in central and peripheral airways. IOS has been shown to be useful in the diagnosis of small airway impairment in children(*Shi et al.*, 2012).

## **Aim of study**

The current cross sectional study aimed at assessing small airways' function in asthmatic children and correlating such function with the level of disease control, bronchodilator response comparing pre and post bronchodilator status.