

**MEASUREMENT OF AORTIC FLOW IN RESPONSE TO  
FLUID USING ESOPHAGEAL DOPPLER AND MONOCYTE  
CD 86 EXPRESSION AS PROGNOSTIC MARKERS OF  
POST-INFLAMMATORY IMMUNODEFICIENCY IN  
CRITICALLY ILL PATIENTS**

Thesis

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In Critical Care Medicine*

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2010

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَأَنْزَلَ اللَّهُ  
عَلَيْكَ الْكِتَابَ  
وَالْحِكْمَةَ  
وَعَلَّمَكَ مَا لَمْ  
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وَكَانَ فَضْلُ  
اللَّهِ عَلَيْكَ  
عَظِيمًا

صدق الله العظيم  
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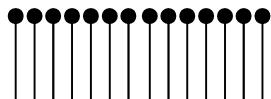
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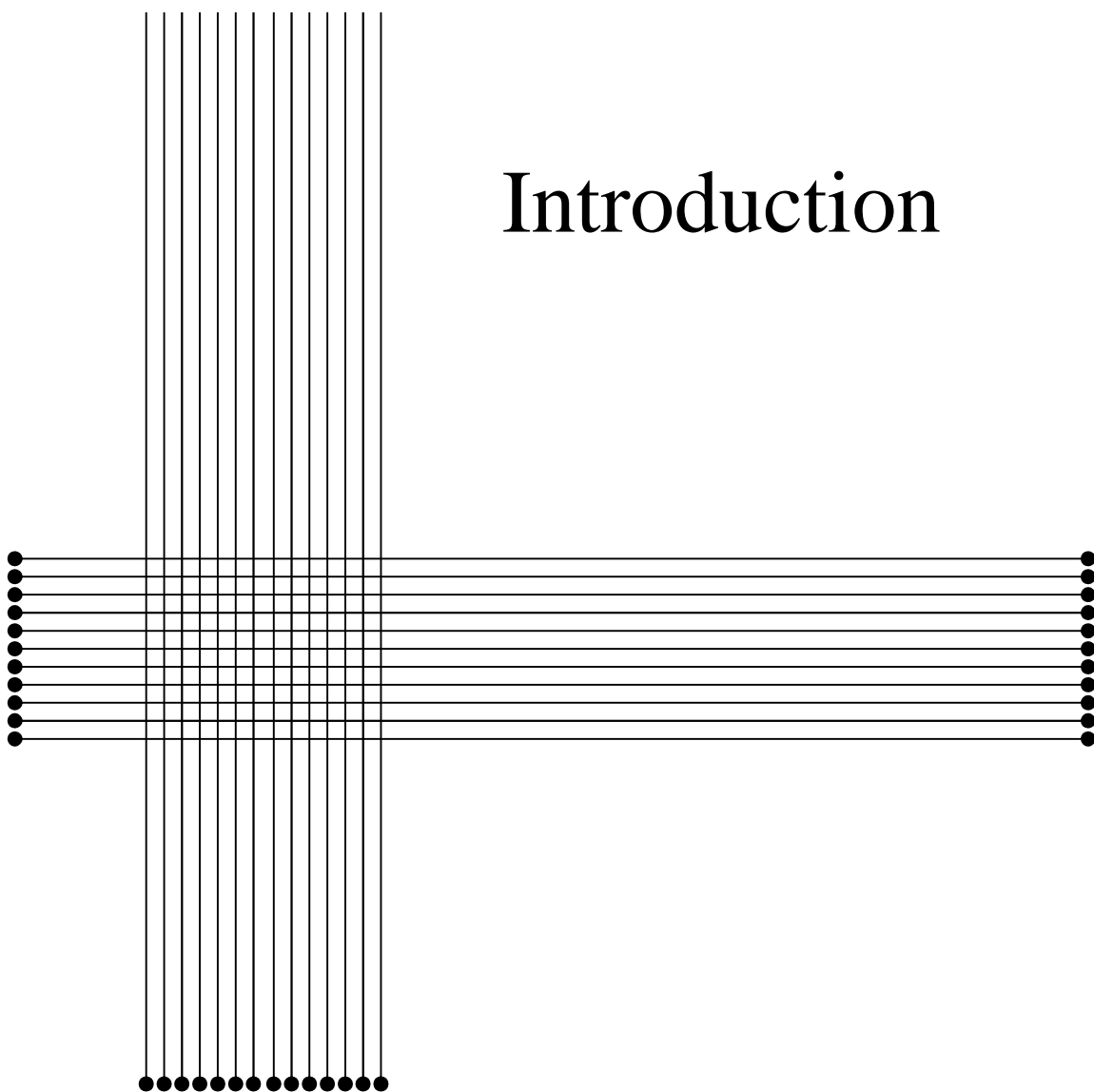
# LIST OF ABBREVIATIONS

Abbrev.	Meaning
<b>ABF</b>	Arterial blood flow.
<b>ACTH</b>	Adreno-Corticotropin hormone.
<b>ADC</b>	Analog to digital converter.
<b>ALI</b>	Acute lung injury.
<b>APACHE</b>	Acute physiology and chronic health education.
<b>ARDS</b>	Acute respiratory Distress syndrome.
<b>CO</b>	Cardiac output.
<b>CRH</b>	Corticotropin-releasing hormone.
<b>CRP</b>	C-reactive protein.
<b>CVP.</b>	Central venous pressure
<b>DO<sub>2</sub></b>	Oxygen delivery.
<b>EDM</b>	Esophageal Doppler monitoring.
<b>FTC</b>	Flow time corrected for heart rate.
<b>ICU</b>	Intensive care unit
<b>IL-1</b>	Interleukin-1
<b>LPs</b>	Lipo-poly-saccharine.
<b>MAP</b>	Mean arterial pressure.
<b>MDF</b>	Myocardial depressant factor
<b>MHC-II</b>	Major Histo-compatibility complex Class II.
<b>MODS</b>	Multi-organ dysfunction syndrome.
<b>No</b>	Nitric oxide.
<b>PACs</b>	Pulmonary artery Catheters.
<b>PCT</b>	Procalcitonin
<b>PEEP</b>	Positive end-expiratory pressure.
<b>PMT</b>	Photomultiplier tube.
<b>rAPC</b>	Recombinant activated protein C.
<b>SCVO<sub>2</sub></b>	Central venous oxyhemoglobin saturation
<b>SIRS</b>	Systemic inflammatory response syndrome.
<b>SNP</b>	Single nucleotide polymorphism.
<b>SOFA Score</b>	Sequential organ failure assessment score.
<b>SV</b>	Stroke volume.
<b>TCR</b>	T-cell receptor
<b>TNF</b>	Tumor necrosis factor.
<b>VO<sub>2</sub></b>	Oxygen consumption.



# 1

## Introduction



## INTRODUCTION

Major surgery, poly trauma, burns, stroke and pancreatitis are often accompanied by a massive activation of the immune system called systemic inflammatory response syndrome (*Hotchkiss et al., 2003*).

Due to counter regulatory mechanisms such as endocrine, paracrine or autocrine actions along with intracellular alterations this hyper-inflammation is followed by a temporary immunodeficiency called compensatory anti-inflammatory response syndrome. In its most severe form it is also referred to as immune paralysis state (*Kerstin et al., 2007*).

Post-inflammatory immunodeficiency frequently becomes life threatening since patients are predisposed to contract nosocomial infection. However, these infections are difficult to identify since they are scarcely associated with any clinical signs. Moreover, these infections can not be fought by the enfeebled immune system of such patients and may evolve into sepsis. It is therefore not surprising that sepsis and resultant multiple organs failure are the most common causes of death in intensive care units (*ICUs*) (*Kerstin et al., 2007*). In fact, in the United States alone more than 200,000 patients die of sepsis each year (*Angus et al., 2001*).

The mechanisms responsible for post-inflammatory immunodeficiency are not clear, which is the reason why no causal therapy has been established to date (*Docke et al., 1997*). Most probably, monocytic cells play a key role in the development and maintenance of this state. These monocytic cells seem to be impaired in their antigen presentation and inflammatory capacity. In fact, blood monocytes show a strongly

reduced expression of major histocompatibility complex class II (MHC-II) and produce only minor amounts of pre-inflammatory cytokines in response to bacterial lipo-polysaccharides (LPs) (*Docke et al., 1997*). The magnitude of MHC-II reduction correlates with increased susceptibility to infection and subsequent mortality and is used for diagnosis of post-inflammatory immunodeficiency (*Kerstin et al., 2007*).

MHC-II molecules are essential for the activation of CD4<sup>+</sup> cells and therefore for the initiation of any adaptive immune response and enhancement of the innate immunity (*Hershman et al., 1990*).

In fact, the engagement of the T-cell receptor (TCR) with MHC-II complexed with antigenic peptides delivers a stimulatory signal to CD4<sup>+</sup> cells (*Volk et al., 1991*).

However, naïve CD4<sup>+</sup> cells in particular need to receive a second signal set from Co-stimulatory molecules for activation. One of the most important Co-stimulatory molecule is blood antigen presenting cells from ICU patients is CD86 (*Kerstin et al., 2007*).

Esophageal Doppler monitoring (EDM) is a minimally invasive method for continuous measuring of blood flow in the descending thoracic aorta (*Dark et al., 2004*).

Since a relatively fixed proportion of total flow travels down the thoracic aorta, descending aortic blood flow (ABF) is considered a reliable estimate of cardiac output and its change (*Dark et al., 2004*).

Esophageal Doppler monitoring allows monitoring of the hemodynamic effects of inotropic drugs (*Carious et al., 1998*) and volume replacement (*Roeck et al., 2003*).

Furthermore, it was recently demonstrated that Esophageal Doppler monitoring enables one to predict fluid responsiveness, either by assessing the hemodynamic effects of passive leg raising (*Monnet et al., 2006*) or by measuring the respiratory variation of aortic blood flow (*Monnet et al., 2005*).

Thus hypotensive patients with acute circulatory failure, restoration of an adequate mean arterial pressure may be associated with changes in aortic diameter that could significantly influence the circulation of aortic blood flow. If aortic diameter and flow increase with fluid loading with increasing arterial pressure then the estimated increase in aortic blood flow assuming a constant aortic diameter would be less than the true increase in aortic blood flow (*Signer et al., 1989*).